

## **Part 2- New Earth**

### **Section 1**

#### **15. Best Way to Open to The New Energies**

**Beloved Malachi, Katherine Bell Ph.D.D. and "Marrianna"**

What is the Best Way to Be Open to The New Energies that are Coming to The Planet Earth at This Time?

**Again FEEL Yourself as a Conduit Receiving. Be Sure Beautiful One, to Keep Your Body Clear By Drinking Much of Your Waters, Eating the Foods that Sustain Light for Your Cells. Allow Again Curiosity of The Mind Capacity to Be Free From Self Judgment, to Be Free From Knowing and Become Arrogant and Allow The Emotional Self to Relax, Be Nurtured By The In Flow of The Energy of The Divine Consciousness. Let The Ego Relax, There is Nothing to Do, Even Though The Ego FEELS it Must Be Active.**

Thank You Very Much Beloved Malachi.\_\_\_\_