

Part 2 - New Earth

Section 1

Beloved Malachi Through Katherine Bell Ph.D.D. and "Marrianna's Sacred Process and Messages

3. Process To Activate Your Kundalini Energy 2-12-19

Beloved Malachi, Katherine Bell Ph.D.D. and "Marrianna"

Can You Assist Me in Experiencing My Root Chakra By My Tail Bone Being Activated Consciously and Move Up My Spine So I Can Understand Nature of God In The Now and That is Activating The Kundalini Energy, Right?

Process

It is Indeed, So What Will You Do? Beautiful One, Close your Eyes, Use Your Inner Eye, The Third Eye as You Call it. Use it Seeing Inward, Indeed Using First Your Own Imagining. You See Your Brain, You See The Back of Your Head, You See The Beautiful Spinal Column Filled With Life Force Flowing Through it! Continue To See Downward and See Downward Until You Come To Your Root Chakra, The Tail Bone!

Now The Very Moment You Give an Acknowledgement to This Sacred Space of Your Being You are Causing it To Be More Responsive. It is Always Activated. Now You are Consciously Causing it To Be More To The Alertness of Your Consciousness! So Again You are Going To Look Inside, Look Down The Spinal Column, You are Going To Come To Your Beautiful Root Chakra, Your Tail Bone. You're Going To Allow Yourself To FEEL The Sensation of Your Tail Bone.

Then Beautiful One, You Will Come Again, Up To The Lower Belly, You Call it Your Second Chakra and You Sit There and Allow Yourself To Experience Vibrations of Light There. Simply Allow it in Every One of Your Chakras.

Visualize and Create It. You Are Simply Making an Acknowledgement That You Know That Vibration is Activated! .

Then You Come To The Solar Plexus Your Third Chakra and You Do The Very Same Thing Giving Recognition To The Frequency That is Already Active. Then You Give Recognition That it is Not To Be Quiet Within You, It Can Be Actively Revealing To Your Senses and You Can FEEL Your Vibratory Energy!

Because I Made The Connection With it, is That Right?

Indeed, it is The Connection That Allows it To Be More Active To Your Consciousness. Know You Can Do This With All Your Chakras!

Thank You Very Much, My Beloved Malachi!

I AM Your Beloved "Marrianna!"