

## **Part 2 -New Earth**

### **Section 1**

#### **Beloved Malachi's Sacred Processes and Messages**

### **9. Process To Clear Forgive and Heal Your Anger That Creates Pain 7-4-18**

**Beloved Malachi, Katherine Bell Ph.D.D. and "Marrianna"**

Can You Assist Me In Releasing All My Anger and Forgive and Clear All My Attachments To The People and Events That Created All My Pain?

**I Can Simply Tell You To Do It Beautiful One! You Do Not Need Help, You Need To Just Do It!**

I Can Understand That, I Have a Process To Do That, But I Wanted To Know If There Was More I Needed To Know How To Clear and Heal Me and Everyone Else?

#### **Process**

**Beloved One, When You Make Your Acknowledgement, "I Clear and I Forgive, I Clear My Angers and I Forgive." It Is Not Simply a Statement, It Is Fully and Completely FEELING That As Your Truth!**

Would It Help If I Was Remembering The Traumas, Some I Can Not Remember?

**It Is Not Necessary To Any Longer Remember The Trauma, It Is Necessary To Say Unto Yourself, "I Do Indeed Release The Anger, I Do Indeed Forgive, I Do Indeed Understand These Were Part of The Life Experiences That I Have Carried From One Life To Another Throughout This Particular Life and I No Longer Have To Do That, For I Live It In The Light of Love and I Live It In The Light of Truth and All Has Carried That Purpose To Live That Love and Live In That Light!**

Thank You Very Much For Sharing That, My Beloved Malachi!