

## 7. Process To Heal on All Levels

**Beloved Malachi, Katherine Bell P.H.D.D. and "Marrianna"**

Can You Assist Me in Healing All Levels of My Physical, Mental, Emotional, Spiritual, Astral, Etheric, Karmic and My Deep Soul Levels?

The Following:

- The Restructuring, Reordering and Reorganizing Them From a Sub-Atomic Particle level to The Vastness of The Cosmos in All Times, Spaces and Dimensions so I can Align Within The Galactic Center Energies?
- Then can You Assist Me in Experiencing, Reconnecting, Consciously and Unconsciously on All Levels? So I can Experience My Total Enlightenment and Being Source while on Planet Earth and so I can Anchor and Share this Sacred Wisdom with The Multitudes? Can You Help Me in Any Way?

**We will Say We can Give Explanation, We Can Give You Suggestions, Yet it is Always You That Must Do it. Restructure Your Sub-Atomic Space of Self. How do You Restructure the Levels of Your S.E.M.P.E.S., Your Astral, Your Etherial, Your Soul Level, How Do You Restructure Them? First Love Them as They are. For as Long as There is a Challenge in Excepting a Part of You There is a Inability to Truly Restructure.**

**So First You Must Love What is. Then Your Restructuring Happens Automatically. So You Experience The Beauty of The Sub-Atomic Levels of Yourself and Now Know that They can Evolve to Another State. In The Time Space Dimension, You will have Much More of a Sensation Because You Know that Awareness, That You are in All Levels, All the Time. How Might You do this Again? With Your Personal Self, what You are doing, Look Strong to Your Spirit, Constant Balance and Rebalance Your Emotional, Your Mental, Your Physical. Continue to Impress The Ego Center With The Light of Delight, of Exploring and Experiencing Right Here**

on Earth, Your Own Identity. Continue to Remind Yourself I AM Walking The Path of My Soul. The Soul is a Simple State of My Consciousness, The State that does Indeed Evolve with Me, Through Every Incarnation of Matter and Every Incarnation Through Non-Matter. Acknowledging it so, That You can FEEL The Strength and The Healing of Separation.

Now The Astral Planes of consciousness, What are They? Well We will Talk about One and Two. We Say in the One, that which Allows Yourselves to Be Creative in The Human World but it is Also a Place in which The Polarities Swing Very Much Stronger than They Even do Here on Earth. They can Bring Shadow and Light in a Split Nano Second. It can Bring Shadow or Light Beautiful One, in the Passages of Non-Belief.

Here Let Us Say, You are a Human Being who has Chosen to have a lot of Smoking. Because You Believe that it Has Kept You Content, and Peaceful, and it Has Kept You in Your Happiness. If You are Lost in That Belief and You Pass From The Body You Live in Astral One Trying to Find a Way to Smoke a Cigarette and Find a Way to Attach to an Energy of a Smoker, to Attach to The Smoke. So You Stay in that of The First Astral Plane, that is of The Greater Challenges.

Yet Appreciate Your Life as it is with its Sorrows, Pain, as well as its Joyfulness and its Creative Delights and You Balance. Then The Atomic Restructuring is Going on, Balancing The Etheric Level of Yourself. Is that which is Called Your Spirit Center Remembering, Remembering You are Spirit Embodied. The Same would be True of The Soul Vibrational State of Consciousness, it is the Part of the Wholeness of You. How do You Blend and Become One with that Soul Level? You Continue to do what You're Doing, Continue to Walk on the Path of Your Life that Helps You Constantly Be in Your Evolution, to Make Changes of Realizing Not Just of The Earth but also of The Heaven. I AM Not Just Struggling Through the Challenges of Separation, Like Distortions of Family, Friends and Life in the Human Endeavor, I AM Experiencing The Heavens and Earth That Include the Challenges Faced By Every Stored Independent Reality. How do You Align

**in The Galactic Center? You Remind Yourself what The Two Galactic Centers Simply Means, I AM One with Source, I AM Re-Connected on All Levels. Any Day that You FEEL Your Separation, is when You FEEL You are Less Than. When You are Waiting For Something Magical, You will Say to Your Self, "I AM Waiting and In Waiting I AM Separating!" If I do Nothing I Allow it to Be! That what You Call The Atomic Structure, Sub-Atomic Structure and All of The Structures, as it Were They All Reach The Still Point. Does That Help You?**

That Was Wonderful. I will have to Read it and Re-Read it. Thank You it will Help Everybody! I Appreciate it!

**Indeed**

**Thank You Malachi!**