

2. Directive to Meditate

Malachi through Katherine Bell, Ph.D.D.

Malachi: You have Quite a Curious Mind?

Zim: Yes.

Malachi: You Want to Know Quite a Lot, do You not?

Zim: I sure do.

Malachi: Well, One, we're going to Tell You, if You Will Sit Each Day, in this Beautiful Pyramid, for at Least Twenty Minutes of Your Time, do You Know you'll Gather That Information?

Zim: Yes.

Malachi: And We'll Give You another Giggle. Bring your Slate Board with You. For You like to Write About It, do You not?

Zim: Yes, I like to Write.

Malachi: You Bring Your Slate Board, Little One, for You can Write Down What You Sens , What you Feel, What you Experience and indeed What you See.

[Previous](#) [Next](#)