

## **15. Process To Prevent Any Auric Bleeding Effect or Short Circuitry In Your Auric Field**

**Beloved Malachi, Katherine Bell Ph.D.D. and "Marrianna"**

How Do I Prevent Any Auric Bleeding-Effect or Short Circuitry That Creates Varying Levels of Downward Spiral?

**Alright, Here Again it is What We Have Taught You Before, Being Anchored in The Earth While Your Working Within the Ethers, Allowing Your Self to Remember This, What We Taught You Before. Pay Attention to Where Your Auric Field Expands Out To Far! For it Then Interchanges With Every Other Persons Thought Forms and Emotional Forms!**

Oh My Goodness! I Don't Even Know Where My Auric Field Ends. Can You Help Me?

**Let Us Help You, Let Us Teach You This: There is That Thought Process Within Yourself That Realize That You Want to Expand and Expand in Universal Knowledge and in Your Wholeness. What Your Doing is Sending Your Auric Field Way Out Because That is a Belief That, That is What is Going to Help You Receive More Knowledge, But That is Not Correct! The More Knowledge You Receive is to Keep Your Beautiful Aura Here About Approximately One Foot All Around You!**

Oh Malachi I AM Way off on That! So Can I Ask to Just Have That Drawn Up Close to Me?

**Indeed and When You Do Beautiful One as it Comes Here in Your Field Much Closer, Then We're Going to Ask You to Feel Your Feet in The Iron Core Crystal in The Earth, to Feel Yourself Anchored Within The Iron Core Crystal. Then Allow Yourself to Bring That Earth Mother Energy Light Up Through Your Entire Body and Feel it! Then**

**From The Heavens Above, You Will Feel That Beautiful Essence of Pure Spirit Passing Through Your Head All the Way Down Into Your Feet as Well. So, Up From the Feet to the Top of The Head Then Back Down Into The Feet. As You Continual Breathing Forces You Will Eventually Feel The Heaven and The Earth as One Within You!**

Do I Ask it to Snuggle Up Close to Me and Hug Me?

**You Can Do That, Then You are Contained and You Have Unified Heaven and Earth Together. When You're Doing That, This Healing Energy Can Pass Through You With Much More Clarity and Can Be Anchored and Not Take You Into Overwhelming Energy Fields. You Will Not Lose Any Capacity to Know More of the Expanded Knowledge of The Universe, For You Will Gain More in Your Capacity.**

In This Gaining of Knowledge Will I Be Able to Help Heal People? I Mean So Spirit Can Come Through Me and Heal People, Not Me Doing The Healing?

**Indeed, For Then You are Contained and The Beautiful Heavenly Healing Energies Can Pass Through You.**

Oh! How Powerful, That's What I Want, is For My Body to Be Able to Send Healing Light to People!

**Indeed, Once You Feel You Have Connected to The Healing Energy You Know to Send it From Your Heart and Your Hands and Radiate it! Now Think of This Beautiful One, When You Bring Your Aura Closer and You Have Anchored Heaven and Earth Together, it is Though You Have Now Just Put Your Plug Into The Universal Socket!**

Oh! What a Wonderful Way To Say it!

**Then You Can Re-Lay The Sacred Healing Energy of The Higher Dimensions!**

Can I Ask That Light to Go to People I Know are Sick and Who Have Told Me I Could Do That? Do I Need to Focus on Anything?

**You Do Not Have to Focus on Anything!**

Oh, I Just Ask Spirit to Do it! Thank You Very Much Malachi!