

## **9. Sacred Healing Process**

**Beloved Malachi, Katherine Bell Ph.D.D. and "Marrianna"**

**If You are Experiencing Pain Within Your Body, it is Important That You Acknowledge That You Have Pain in Your Body! Then Accept that The Sacred Healing Blessings of Spirit Will Ease Your Pain!**

### **Process**

#### **Take The 7 Breaths of Healing Light:**

**Breath In to the Count of 7**

**Hold Breath to the Count of 7**

**Exhale to the Count of 7**

#### **Repeat 7 Times**

- **Take Another Breath... Enter Into Your Heart**
- **Breathe In The Breath of Lord Jesus The Christ**
- **FEEL Jesus' Divine Presence Within You and... Become It!**
- **Breathe Your Breath Into Lord Jesus The Christ!**
- **Merge Your Vibration With Jesus The Christ... As Your Vibrations Merge...Now, Visualize a Cap of Sacred Healing Light Being Placed Over Your Head.**
- **See the Beauty of The Spirits White Sacred Healing Light!**
- **Then See The Yellow-Green Sacred Healing Vibrations Pouring Forth From The Cap of Sacred Healing Light!**

- Then See the Beautiful Soft Blue Color of Balance and Peace Vibrations. FEEL the Waves of Healing Light Pass Right Through You! Maintain the Sacred Attitude of Such Sacred Oneness and the Beautiful Power of the Healing Unconditional Love! Then From That Intention of Your Consciousness and the Beauty of Your Inner FEELINGS...
- Let the Rays of Sacred Light "Glow Your Body"... Pass Through Your Arms and the Palms of Your Hands.
- FEEL the Heat in Your Hands.
- Place Your Hands Over or On the Body Part That Needs Healing!
- FEEL The Radiance Pass Through and Anchor Into You and Be Utilized By The Part of Your Body You are Touching...
- Then Allow Yourself to Merge With The Lord Jesus, The Christ and the Beauty of the Glow of Radiant Sacred Healing Light and Let the Wave Move Right Through You and Into Your Painful Area!

**Repeat Out loud:**

**The Christ Within Me Raises to The Great Power of Sacred Healing of That of The Divine I AM Presence: Heal! Heal! Heal!**

As You FEEL The Radiance Moving Through You and Around Your Painful Area Be Also Aware of How it is Merging Within Your Entire Human Body. **The Cells of All of Your Body, Not Simply That of Your Painful Area.**

**Repeat Out loud:**

**I AM The Illumination of Divine Abundance of Health, Vitality, Love, Peace and Harmony in a World of Density! I Accept My Sacred Healing, I AM Healed! I AM That I AM! I AM Invoking The Beloved Lord Jesus, The Christ to Please Walk With Me On My Journey Back to Perfect Health and Sacred Light!**

**So It Is! So Be It!**

**I Thank The Beloved Lord Jesus, The Christ and Beloved Malachi for Your Presence in My Life!**

**I AM Your "Marrianna"**