

## **7. Metatronic Light and The Living of The Holy Spirit**

**Beloved Malachi, Katherine Bell, Ph.D.,D.,D.  
And Barbara “Marrianna” Zimmermann**

Have I cleared myself enough to tap into the Reservoirs of Metatronic Full Spectrum Light?

**“Alright Beautiful One the Metatronic Light is again that Reality that you are One as Source, Source as One and Source as the Many. It is a Powerful Knowing and the Greater Power is the Living It! So Keep Reminding Yourself. This all MUST Be Lived!”**

May I ask a question?

“Indeed”

I have been Doing My Best to Bring in the Adamantine Particles of Creator Light and I Run Them Through my Being Down and Anchoring them into the Iron Core Crystal Grid. Then Bring them Back Up Through my Body Over My Head to the Creator and Back Down Through My Soul Heart in my Second Chakra and out unto the World. It is like I am just Light going Wherever Spirit Deems Appropriate. I want to be an Instrument of Light. Am I on the Right Track?

“Indeed and you say to yourself . . . .’As I have allowed Myself Such Thoughts and Feelings, I Am.’”

Ok then, I’ll just keep doing it! Because it feels so good and it is for the Highest Good For all no matter what it is they are doing.

“Indeed. It is the Living of The Holy Spirit.”

Great, that is what I want!

**“So you will say to yourself, ‘As I Feel It, I Am the Holy Spirit. Therefore, I Am recognizing it Through My Human Personality I am That, The Holy Spirit.”**

Alright! Thank you so much Malachi.