

65. Process To Reconnect With The Serenity Within Your Sacred Heart

**Beloved Malachi, Katherine Bell, Ph.D.,D.,D.
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Malachi how do I reconnect with the Serenity within my Sacred Heart?

“Alright Beautiful One, take another deep Breath, and Remember our Lesson on Stillness so your Consciousness can be in that Center of your Nervous System.

Then let your consciousness drop into the vibration of your Heart Chakra. Then merge into the vibration to the left of it, that we call your Higher Heart, Your Sacred Spot of Sacred Vibration, the Sacred Spot of your Sacred Heart. In the vibration Feel nothing but the Unconditional Love. The vibration of the Universal Energy that Merges with you and Radiates throughout your whole Being and Indeed Radiates such Light Into the World.

“When you Feel as though you are out of Balance, call on the vibration of Jesus the Christ, who came Fully Embracing the Sacred Heart, Fully Embracing the Higher Knowledge, Fully Embracing Unconditional Love, within Himself and to Others.

Feel yourself as the Christed One. Feel as you Merge with that Christed Consciousness the Shift in your own Being What do you Recognize?”

Peace!

“Indeed, Peace creates the Harmony, Harmony Releases the Love.”

Oh how wonderful Thank you Malachi!

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