

43. Toxic Thoughts and Fibromyalgia

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What toxic thoughts, beliefs do I have that are creating my Fibromyalgia and Back and Knee pain?

"Alright, Beautiful One, Fibromyalgia is a Vibrational Energy that is taken on by the Unconscious Mind that Believes you cannot fulfill your purpose."

Well look at that! Do you realize how many females have that?

"Indeed."

What can we do?

"Well you will return yourselves to yourselves, which does mean you will not extend yourselves in such a way that you are comparing yourselves to others, that you are believing that you cannot perform the Passions of your Heart. The desires of your souls, do you understand?"

Yes I do.

"You must allow yourselves to Indeed to do just that not to be defeated by others or the male dominance."

We've been programmed!

"You have Indeed."

So our best way to correct that?

"To live your powerful Truth."

No matter what!

"No matter what, Indeed! Indeed! Here sometimes you are called to do it, to be eccentric, then be eccentric!"

We don't have to have permission!

"You do Not! The only permission you have is to give it to yourselves! You have to Live your passion. To Know who you are is an important factor. When you are doing that Beautiful One I will tell you, you will be at a Neutral point. A Neutral point is not the point in which you are Feeling Bad about yourself. It is that you are

Not affected by Everyone else's Thoughts, Emotions, Attitudes or Words. You are in the Center of Your Heart. You are in the center point."

How can we remove the Feelings of being Responsible for Everybody and Everything other than Ourselves?

"Well you remind yourselves repeatedly until you are clear that your unconscious cellular memory takes on the Truth that you are not Responsible. To be Responsible for another in such a way, you are taking away from their life."

We are not seeing them as Masters!

You are Not! Indeed."

So we do damage.

"You do damage, here you walk a very fine line in what is called caring and compassion or damage, teaching others that they have no power."

Then we have none!

"Indeed!"

So we are claiming back our power that we have given away!

"Indeed."

Alright we can do that!

"Then again you will be much Healthier! You will not be giving your energy away. You are Replenishing your Energies and they're Replenishing their Energies."

Perfect, just support them and tell them 'you can do it'.

"Indeed."

Then tell yourself 'I can do it!'

"Indeed."

Thank you so much! That is not just for me, it is for most of the women I know!

Thank you Malachi

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