

4. Process To Release All Blocked Kundaline Energy and Reject, Dispose Of and Heal Diseases, Germs and Disorders in Your Body, Emotions, Ego, Soul and Spirit

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My Kundaline Energy's still blocked and very painful. Could you Assist me in Clearing and Healing it?

"Beautiful One, let us Remind you that when we Entered your Vibration we Found your Energy Above Your Shoulders did we not?"

Yes.

"So this is One of the Symptoms for Blocking the Kundaline Vibrations. So let us have you once again Drop your Mind right into your Root Chakra, at your Tail Bone and as you do, allow yourself to Feel Comfortable, Secure and Blessed, to be a particle of the Earth, Blessed to be Experiencing Earth Life, Blessed to be Experiencing the Earth Body. These are the 'Thought Forms' we desire for you to Feel in the Blessed Being of who you are! Can you Feel a Shift?"

No, not yet.

"Well we are noticing it."

Oh, good then it is happening! I am probably too nervous right now!

"Indeed, Indeed we will ask you to Relax None-the-less, into this Vibration. For there are parts of your Unconscious that are Hearing us and Positively Responding.

"Now let your Feelings come up into your Lower Belly, your 2nd Chakra and yes, you may utilize the Image of the Kundaline Coils. Now Beautiful One, Kundaline is a Fire is it not?"

Yes.

"So Remind yourself what we say This Fire needs to be Enhanced and it is enhanced by Breath of Oxygen. So Breathe and as you do Breathe, Feel your Breath

come right into your Lower Belly, with the intention to stir the Fire to Ignite the Flame! Realize again in your Human Body you are safe, you are whole and indeed you are! By Releasing the Kundalini Flame you Release the Body to its Healthfulness. To be Healthy is what you desire, is it not?"

Oh, yes?

"To be Healthy with the Body, to be Healthy with the Emotions, the Mind, the Ego, the Soul and the Spirit. You are calling for such Healthiness here in the 2nd Chakra which is the Throne of Your Soul where you call forth that Spirit Fire called the Kundalini. Release it through your Breath, Ignite it through Your Breath, Feel it Release through your Body. As you do, you are also going to think of another Reality with Fire. It Purifies so Feel and Even create a Visualization of this Spirit Fire Purifying the cells of your Body. Purifying the Muscles of your Body. Purifying all the Essences of your Body. You see Beautiful One as you are doing that you are Releasing Energy of Memory Banks! The Memory Banks are Reporting what has always been the challenges whether or not you are Worthy, whether or not you are Capable, whether or not you are a Viable Important Individual. These have been held long term in the cells of your Memory. So you continue to let the Flame of this Fire Purify that for in so doing you will Purify what is called the Energies of Pain—Physical Pain, Emotional Pain to the Soul of its Karmic Resolutions. You will say unto yourself 'My Highest Nature has asked that All Karma be Released! That I Am Pure and Innocent in the State of my Being Now and I accept that?' "

"Now come right on up with that Flame and Breathe it into your Solar Plexus, your Stomach area. Feel the Blaze of Spirit Light Merging with the Personal You Expressing in the Dynamic of your daily living—Joyful to Reveal who you are! Delighted to Reveal your Knowledge! Delighted to create the playground of Living! Delighted to Feel your Inter-connection with all others! For you are Safe, Healthy and Whole! Breathe that Fire through that Solar Plexus to the Head. You see in your Heart you can Feel much of your Passion to Love with Passion to Express the Dynamics of Spirit. Your Passion to send Forth the Dynamics of Harmony to all that you know

and those you do not know. We ask you to Love All in the Beauty of Unconditional Love. To be Felt back unto you There is No Blockage so that you are Free to be Healthy, Free to Feel No Pain, Free to Be!”

“Now come up again with your Breath of Kundaline Fire. Bring it through your Throat Chakra here of that purist Expression. Let the Purification clean any Thought Form and Emotional Forms and Attitudes of Self Expressing to allow you, Beautiful One, to be an open communicator in the True Sense of you the True Peace of you, the True Health of you!”

“Now let that Blaze come up into your Brow. . . .and as you do, Feel your Brain waves Ignited with your Divine. Divine thoughts, Divine Experiences, Divine Sight, Indeed All of it!”

“Then once again Breathe from that very Root from the Beauty of the Coiled Energy of the Second Chakra that Fiery Flame of Spirit. Then right through your 7th Chakra and see that Sacred Flame above your Head! The Eternal Flame of Light. It is you. Nothing Less. It is you! It is the Light! Indeed, Beautiful One, and it Guides Every Energy of your Transpersonal Chakras and the Great Spirit back to you. Through you into the Dimensions of what we’ll call the Lower 7 Chakras. Through you. You are the Director! You are saying ‘here is the Light, Here is the Way, Find Me, Here I Am!’ That will all Flow back through you and here we’ll say . . . Let Flow through you the Joy, Happiness and Health and indeed the place of Being who you are”

“As you Feel that Flow back, Remember, Feel it Fully through the trunk of your Body even unto the Legs and the Feet. So that you know that you are allowing this Energy to Move Right through this Beautiful Realm of Matter.”

Thank you so very much, I will practice, practice until I am on Fire! (*Laughter*)

“Indeed, Indeed.”

Thank you Malachi

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