

36. Process to Expand and Unfold Your Abilities To Experience Different Horizontal and Vertical Frequencies

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How do I expand and unfold my abilities to experience different frequencies of Existence, like Horizontal instead of Vertical?

“Alright, Beautiful One, take a deep breath. This time we will ask you to come into your Heart. Now Feel a Vibration from your Heart, circle all about you and let that circumference of the circle widen. As though Beautiful One on your Earth you have what is called records, have you not? They have had grooves in them, have they not? Well now follow the grooves as that Horizontal Vibration expands. As you follow them allow yourself to Feel the Presence of the Divine the other Vibrations of qualities of the Divine. You are expanding the Consciousness when you are doing that.”

“Now you can do the same from the Center Point of your Heart and follow a vertical vibration as you move Up or Down you will Feel Dimensionalities. As you allow yourself to be in this medative, contemplative, Feeling Vibration of It. You are Automatically Releasing its Wisdom Through You!”

Oh that was great it is the Intent Again! Thank you for sharing that Visual with me! It was fun. I just floated around the record.

“Indeed, very good, very good.”

Thank you Malachi.

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