

## **10. Process To Release Your Sacred Wisdom and How To Fill Your Body To Overflowing With Adamantine Particles**

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Can you assist me in Tapping into All my Light Packets of Wisdom Stored within my Higher Brain Structure and my Sacred Mind and Show me how to Retrieve the Wisdom for the Highest Good?

**“Alright Beautiful One we will Invite you to Breathe Into your Inner Being. We’re going to tell you that you do Know these spots of Consciousness within your Brain. First we’re going to say to you, as you Let Your Consciousness Enter into the Feeling of the Brain we want you to Feel its movement, the Wave itself. . . .as you Feel the Wave Follow it with the Consciousness for it is waving to the Right and Left Hemispheres. As you allow what is called a Conscious Acknowledgement of this you Enhance that Balancing of both Right and Left Brains which is very Necessary. Then we’re going to ask you to have an Inner Vision. Right in the Center of your Brain is your Pineal Gland. Again place a focus here with this Intention of your Consciousness. . . ‘I allow the Vibration of this Gland to be that which is the Key opening to this Higher Quality I seek!’ Notice when you do that that there is what we would call ‘Tingles’ that move through you. That is because you are Unlocking that Frequency. . . .Feel yourself from the Pineal Gland a Range of Energy All the Way to the Back of your Skull the Medulla Oblongata.”**

Is it like a wave that goes back there?

**“Indeed, in this Vibration, what you are doing here, when you Pay Attention to the Medulla Oblongata you are moving into the Most Ancient of your Ancient Memories, the Source Consciousness. You will Pass through what is simply called the Reptile Brain as your Humanity Calls it and you Enter the Vibration of the Higher Mind.**

As you do that you are Releasing your Most Sacred Wisdom and you are Decoding vibrations of Higher Intentions. It is moving Through the waves of your own Brain so that in your Human Experience your Brain is working with your Higher Mind/Source Mind. Now as you will allow yourself to feel that Brain Vibration you will also perhaps Feel what we are watching. Your 7<sup>th</sup> Chakra is Buzzing Stronger."

Great it is like I am Floating on the water, is that alright?

"Indeed, Indeed. For when you have come through the Beautiful Back Portion of your Head you have moved yourself into what is Termed the Ocean of Consciousness, the Grand Consciousness of the World!"

"Now you have had the sensation so Know you have already unlocked the Empowerment!"

So to Visit I just go and Float up there and ask to Receive whatever it is to then be Downloaded to me to be used for the Highest Good.

"Indeed, Indeed."

## How To Fill Your Body To Overflowing With Adamantine Particles

Can you assist me so I can Fill my Body to overflowing with Adamantine Particles so I can gradually Transform and Transmute any Distortions in My Inner and Outer Worlds allowing me New Higher Frequency Levels of Ever Expanding and Evolving Reality?

"The Exercise we have just done with you Beautiful One Opens that channel."

Oh how wonderful! Now as you have acknowledged I will match them with the Higher Consciousness and I will Draw the Energy Down Through me.

"Yes, Draw the Energy Down Through You! Then you are Vivifying the Adamantine Particles."

Ok, so as I float my Little Boat right down my little Central River within, Down to the Iron Core Crystal Grid and Right back up again grounding it for One and All?

**“Indeed.”**

**Thank you very much Malachi.**

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