

# **1. Gateway Opens To New Wave of Consciousness**

## **And A Process To Unblock Kundaline Energy**

**Beloved Malachi, Katherine Bell, Ph.D.,D.,D.  
And Barbara “Marrianna” Zimmermann**

**“Alright Beautiful One we have Entered this state of Your Consciousness and Greetings unto You!”**

**Greetings, I love you so much! Welcome! I am so Excited about the New Energy of 2013.**

**“Indeed, much has occurred with the Wave of The New Consciousness, has it not?”**

**Blessings and more Blessings!**

**“Indeed and more and more for we are Asking All of you who have had the Recognition of Your Changes to Realize you’ve Entered the New Earth Two. You are Observing the People of the Earth One’s Reality State of Consciousness. For Each of you who Recognize the Earth Two Consciousness, Simply Indeed Radiate Light to those who are still Maintaining Their Earth One Reality.”**

**Is my Back Pain I’ve had for 6 weeks now Related to the Activation of my Kundaline Energy?**

**“It is Beautiful One and you’ll Recognize that when you are Feeling the Pain there is some Resistance to Accepting the Waves of the Energy. So let’s take you Through a Bit of a Process.”**

### **Process To Unblock Kundaline Energy**

**“Now indeed as you Breathe Vibrations of Awareness Let that Vibration come Through Your Spinal Column. As it does Beautiful One Let Your Mind Rest in Your Root Chakra. Now as it Rests in your Root Chakra pay Attention to Thought Forms, Emotional Thoughts that Begin to Move. For you See there is Some Trepidations and the Trepidations to your Root Chakra is . . . . . ‘Will I Fully Activate This Energy?’ “**

“Let us Honor this, you will take From Your Human Personal Consciousness the Statement, *I am That I am a Christed Being, I allow this Energy to Flow with Ease and Grace and Delightful Excitement to Observe Its Manifestation.*”

Thank You Malachi

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