

RECEIVING THE SACRED SEED OF THE “CHRIST VIBRATION OF PURITY” THE SACRED GEOMETRY OF HEALTH AND PHYSICAL MASTERY!

Malachi Through Katherine Torres, Ph.D., For

Barbara “Marrianna” Zimmermann

How many Initiations have I experienced at this time? How do I achieve Mastery of My Spiritual Body and My Physical Body?

Very Good, Very Good, Indeed. You see, Beautiful One, Initiations are States of Consciousness in which you walk through a new doorway. Is it not?”

Yes.

“Initiations are vibrations on which you take on a new frequency within your cellular Consciousness and you say how many? Well, very many, very many, is there a count? There is not a count that is viable to your Human Consciousness. So, let us talk about this life, for when you’re asking, we’re watching the beautiful vitality of your soul that has been through millions of initiations.”

Oh My!

“You understand? Now, in this life time, Beautiful One, You’ve come again through many Initiations, Transforming Yourself not only from a child to what you call the adult, but in your adult stream, you did choose to walk pathways that opened up more of your knowledge spiritually. Did you not?”

Yes.

“Every time you have what you call another inkling, inkling of Knowledge that is in you, that helps you shift yourself again upwards to the Spiral of your Evolution that is always an Initiation. So, Beautiful One, what is the main Initiation that you are attempting to get to the doorway? Is it not the doorway where you would evolve the most Spiritually?”

Yes, thank you! That is what I am seeking. That is the most important, is it not?

“Yes, it is. Now, we’re going to combine it, for there is the one that is called **You knowing more of your Center Self, the god Point within You, ‘The Goddess Place Within You.’** Do you understand?”

Yes.

“You are walking into that doorway and you are indeed continuing to learn to Master it. But we have one mastery in the doorway here of Initiation that is the **‘Mastery of Your Physical Body.’**”

Oh, Hallelujah! Oh, My Goodness!

“So, you may say you are at the doorway and you, Beautiful One, will Maintain what is called Determination to Feel, to Know the Vitality within your body.”

Absolutely!

“Your soul, as we are Speaking, is beginning to ‘Rev an Energy,’ so let us talk about that so that you can Feel it.”

Process for Mastery of Your Physical Body and Receiving the Sacred Seed of The Christ Vibration of Purity.

“I am going to ask you to let your Mind drop right down into your butt. What you would call close to the very root chakra at the base of the spine. Feel it Reving Energy for it is Initiating a Spiral that will vibrate up your beautiful spine. As always, this is your Life Source Center, Your Spinal column. Now, what it is doing is acknowledging that you have had the need for what is termed the Physical Vitality Energy. That is what you call the Focus that encourages you to Feel the Strength of your Energy Vitality.”

“Now, Beautiful One, let’s put you to the task. Let’s put you to work here. You are aware that **Energy follows Focus, are you not? And Focus Calls for you to have an Intention. Without an Intention there is Not a Focus. Without a Focus there is no Energy.** Now in your Mind we want you to visualize a sensation of what is called a **Sacred Seed of a New Intention.** Even though you have been working on this Intention of Health for Quite a while, you are going to call it a New Sacred Seed. You’re going to let yourself Sense or Feel that you have this Sacred Seed in your Heart/Hands. **This Sacred Seed is Carrying the Greatest Vitality of Health Ever Known to the Human Body! It is The Christ Vibration of Purity. Pure, Physical Vitality! Carried within this Sacred Seed is what is Called the All Healing Matrixes, the Sacred Geometry of Health.** So in your Heart/Mind Visualization and Feelings, allow yourself to Visualize and Feel your self Carrying this Very Sacred Seed to the Very Core of your Root Chakra at the base of your spine and there you are planting that Sacred Seed. As you bring it to this

point of your Consciousness, Feel your root Chakra Vibration at the base of your spine begin to move. Can you Feel the Energy Move? Now, while it is in this vibratory place, you will create your Garden of Health. It is in that Sacred Seed, in the Root Chakra of yourself.”

“Now we will repeat. **Energy Follows Focus – Focus Follows Intent, therefore, you must have the Intention so that the Focus can be maintained and the Energy can Burst Forth.** While you are here maintaining the energy in the root chakra, you are maintaining the vibration of your Sacred Intent. You are pouring forth a Love which is always a Blessing. That Blessing is that this Sacred Seed will begin it’s sprouting through you and it will sprout like a very stout tree. Know that in this Human Reality that Means Stout, Healthy Vitality. **It means your cells will Begin to Ring True from their Christ Center, Your Purest and Highest Vibration.** Know that these Beautiful Sprouts of energy Sprout within your unconsciousness and consciousness Bodies, the elements of that which is only Health. When a pain is within your physical feeling, you will say unto the pain, **‘Our Focused Intent is Vitality. Move with me into the vitality of the Sacred Seed and into the Vitality of its Sprouting.’** Know you are asking the pain to blend into Perfection and Perfect Harmony!”

“When you’re moving through the Surgical Procedure for your Knee Replacement and the Recovery Procedure, you will know and say, **‘All of this is brought into the alignment of this Sacred Seed that is Bursting Forth Within Me! My Focused Intent Is to Know Nothing more than the Vitality of Health. The Christ Health, the Highest Consciousness of Health, Healing Vitality is within me!’** You will allow this energy to be felt as it is growing through your spinal column and branching out to every cell, every muscled, every Organ and through all aspects of your whole body. **You’ll need to Repeat this knowing very frequently (If not, it will not work!) so that as you are allowing this Sacred Seed to Sprout itself into Perfect Healing of Perfect Health, you will keep the Energy, you will keep the Intention, you will keep the Focus. Therefore, the Energy can only be Health!’**”

Thank You, Malachi. I am so Thankful.

Process for Blending and Merging With The Sacred Seed of The Christ Vibration of Purity Within My Body.

Barbara “Marrianna” Zimmermann

I Call on “Is” the Creator of All That Is, Lord Jesus, Master Sananda, all my Guides and Council and My Beloved Moses, to Assist me with Blending and Merging with the **Greatest**

Vitality of Health Ever Known to the Human Body, the Christ Vibration of Purity, Pure Physical Vitality, the All Healing Matrixes, the Sacred Geometry of Health Now!

I ask that all my Pain be Brought into Alignment with the Sacred Healing Seed that is Bursting Forth within me now! My focused Intent is to Know and Experience Nothing more than the Vitality of Health!

Therefore, I say unto all my Pain and Stiffness and Malfunctioning Body Parts, including my inability to Remember, My inability to Articulate, My lack of Vitality, that my Focused Intent is to know Nothing more than this Vitality of Health, the Christ Health, the Highest Consciousness of Health, Healing Vitality that has been Gifted to me through Malachi and the Heavenly Host and is Growing within me now, in my Root Chakra.

I ask that all my Discord and Pain move with me into the Vitality of the Sacred Healing Seed, into the Vitality of its Sprouting, Blending and Merging all my Pain and Discomfort into Perfection and Perfect Harmony Now!

I ask for the Ever Expanding and Unfolding of my Ability to Receive. So I can Experience my Pattern of the Immaculate Embodiment of my Divine Perfection with Ease and Grace. I Visualize and Feel this Blending and Merging Now!

I Accept! I Accept! I Accept!

I Am Grateful! I Am Grateful! I Am Grateful!

I Claim my Divine, Perfect Health Now!

I Thank "Is" The Creator All That Is, Lord Jesus, Master Sananda, My Guides and Council and my Beloved Moses, for All your Gifts and Assistance, Love and Healing!

I Am Thankful! I Am Thankful! I Am Thankful!

And So It Is – So Be It!