

PROCESS FOR OPENING PATHWAYS IN YOUR BRAIN AND UNLOCKING LIGHT PACKETS OF WISDOM IN YOUR SACRED MIND

Malachi Through Katherine Torres, Ph.D. for

Barbara "Marrianna" Zimmermann

Can you assist me in opening two different Pathways in My Brain and Unlocking all the Light Packets of Wisdom and History Stored within My Sacred Mind?

"Alright, again, Beautiful One, let your Consciousness be very aware of your Brain, for your Brain is the System you use to Comprehend the Universal Voices, Universal Messages, Universal Thought Patterns and the Universal Expression. So Within your Brain you begin to **Feel. Allow yourself to Feel and Trace the Energy you Feel in the Brain.** Part of your Brain Feels like it is Stifled. Now begin to Section off where you find the Stifling, Front of the Head, Mid-Brain, Back of the Head, down at the Medulla. What do you find in your Tracking of the Vibrations?"

I Feel it along the Front, in the Front.

"Very Good, Very Good, Very Good, Very Good! Now, Beautiful One, We're going to ask you to remember. We called you to the Stimulation of the Pineal did we not?"

Yes.

"And so we're going to have you bring your Thought Forms way up in the Dimensions of Light and Breathe In and Breathe down from that Point to the Center Point in your Brain. Then you're going to let that Energy move forward to the Frontal part of your Brain and you Bring the Light to the Front part of your Brain. Do you Understand?"

Yes I do.

"The front part of your Brain is used to Assess your Every Moment. This is where many of the Judgments begin to set themselves. So when you are bringing that Light Through, You Bring Nothing but Love Through! When you can do that, you Open the Brain to New Brain Tracking. You understand?"

Yes I do.

"Now, Feel again the Breath of Light from Way Above you, Passing right to the Pineal Gland and as you're Exhaling, let your Exhaling Light Run Right through the Light Part of the Brain. What you'll notice is the Heaviness begins to dissipate and Light now is not only trying to form through the Front of your Brain but through the Back Portion of your Brain as well. Why? Because **this is where the Activation of the Central Nervous System is.**"

Oh, How Wonderful!

“Now, do it again. Breathe in the Light. Exhale it to the Front Part of your Brain..... Now we’ll have you do this again and on the Exhale, you’re going to allow it to Exhale, not only to the Front Part of the Brain as though it is a Splay. It is Splaying through out the Entire Brain. So Breathe in. Draw it to your Pineal, the Center of your Brain. Exhale the Splay throughout all the Brain..... How are you Feeling?”

Wonderful, Wonderful and at Peace.

“Indeed.”

And Warmth in my Head.

“Indeed, Indeed. Now we’re going to do One More. This time we’re going to have you Breathe that Light from the Very Highest Dimension your Consciousness can Reach and as you Draw it through, you’re not only going to Draw it through the Pineal but watch it come all the way down through your Body, Activating your Root Chakra with it. So Breathe in..... Bring it all the Way down to the Root Chakra.... Now again, Breathe in the Light Splay throughout all the Brain and Feel the Light Extend all the way down to the Root Chakra.”

It’s kind of Spiraling down.

“Indeed.”

Like you would Sling Paint.

“Indeed. Very good, Very Good, Very Good. How is the Body Feeling?”

Wonderful, like it has been Lubricated.

“Very Good.”

I have the Golden Light All throughout My Body.

“Indeed, Indeed.”

Thank You So Very Much Malachi.