

ENERGY HEALING PROCESS TO CONNECT TO YOUR KA BODY AND MOVE INTO YOUR MEMORY OF UNITY

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For Barbara "Marrianna" Zimmermann

Can you assist me in connecting my naval center so it is directly connected to my Ka body's naval center?

"Alright, Beautiful One. First we're going to take you to an exercise in Energy Healing. Shall we do that?"

Please.

"Now Beautiful One, when you are interconnected through your human body you are also connected with what is called subtle body. So we're going to say to you: **Let yourself feel your aura, then we are going to ask you to feel striations within your aura. So, you feel a striation that simply radiates approximately an inch off of the body and that is called your physical vibration.** When your body itself is utilizing universal energies to help you stay strong or will reveal and report your illnesses, you understand?"

Yes.

"So you make notice of it so that you can flow with it and you can utilize it to help you take in universal energy shields that keep you in homestatic the Power of Balance.

"Now let us have you move your conscious energy about an inch more in that energy field called your aura and you will find the flow of your emotional body. When you ask of us to recognize your S.E.M.P.E.S. and we talk about the emotional body we are in that vibration of you. **Then you will move another inch and shall find your mental. Then you move another inch and you are going to find your 1st ethereal body. In that ethereal body it is not only a combination of energy moving within you or moving out of you, that is for the physical. It is not only the physical itself but it is your physical expression this is indeed part of the Ka body. For these are energies that are being aligned for you to utilize. But to get to the purest Ka body you continue to move in your striations so you'll move beyond this 1st Ethereal body into another inch of Energy and it is called your Higher Emotional body. It is where indeed there is much creation going on in your inner consciousness your Divine Consciousness. It is where you do blend with what is called the natural rhythm of unconditional love. When you move out another inch you are in your Higher Mental and yes it is the Spark of ideas that**

move through you that are also Divine. Divinely manifesting into the personality called you. Again it is where you receive inspiration, enlightenment and what you can call communication with other Beings. Now move out another inch and in that vibrational state we'll sldo call it the 2nd Ethereal body and it carries what is also noted as Divine Plan that is where the purest point of the Ka body occurs. Do you understand?"

Yes I do.

"Now in there again you will **feel** that only your Highest Self is moving and arranging and **suttlingly** the energies in and through you. **You will also notice there are assisting vibrations, Holy Arch Angels that are helping you to maintain this Body of Light. So to work with it that is all you need to do. If you will move out another inch, what you will find is that pure Spiritual Light Center of your Being. It keeps you whole and Holy.**"

So I could connect with all of those?

"Indeed."

Will that create unity and align me with the resonance of my unlimited abundance and transcend the illusion of duality and then move me into the memory of unity? It has to, huh!

"It most certainly has to or can, why do we say can well because it is always a choice."

Oh my choice is to do that! There is no doubt in my mind!

"Then choose and weave it right back into the personal reality. Do not simply let it stay in the outer region of consciousness. Weave it right through you, accept it and know you are in charge of manifesting it."

So would the visual be to just kind of swim out there and go around it and bring all of that back within me?

"Back in through you and then respond to it."

Alright, what is the best way to respond to it?

"Live it!"

Wonderful! Thank you very much, Malachi!