

PROCESS TO ACTIVATE YOUR NEW CRYSTALLINE CONSCIOUS STATES USING NEW RAINBOW RAYS OF 5TH DIMENSIONAL SHIMMERING COLORS

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For Barbara "Marrianna" Zimmermann

How do I connect, merge, blend and activate my sacred memory crystals within my sacred mind?

"Alright, let us work with you in this fashion. Beautiful One we talked about your soul having cleansed its room, have we not?"

Yes

"So remember in the vibratory essence of your soul is where you have the opportunity to activate these new crystalline conscious states. So let us do an exercise with you Beautiful One. Let us have you **feel** that energy of your whole self in your body. Have you remember it is a container for all aspects of yourself. We have also shared and taught unto yourselves that which is called the iron core crystal grid, have we not? So now we want you to **feel** first the sweeping of your inner-self, cleaned, nothing there, nothing there. It is not clothed with any Light.

"Now dip yourself consciousness through your body to your beautiful feet and into the iron core crystal grid. While you are there Beautiful One we're going to remind you, **The Light Source has been impregnating these crystalline caverns with new vibrations, new rays. The first ray which is the ray of spirit that brings forth the love, the compassion, the beauty of peace, the energy of living is that of ultra-violet, ultra-violet.** So now let that come up through your beautiful body and **feel** it Beautiful One. Now this again is a shimmering light so let it shimmer through your feet, your legs, trunk of your body and your head and realize that you are lifting yourself through the portals of spirit, being the spirit embodied."

It's like a fountain! It feels wonderful!

"Like a fountain very much. **Now Beautiful One this is what you will do every day for awhile. Here let yourself feel stabilized because this is the portal of consciousness that opens to all things.**

"Now let us do two more rays of vibration here with you. The ray that we will ask you to see from the beautiful crystalline corridor is that of a **pastel green** to your eyes shimmering again beyond the human palette of colors and what does it do? Well, Beautiful One, **as you let it rise up through**

your feet into your body temple it is the healer, it is the vibration that allows your RNA and DNA to respond to the higher order. As you allow this to occur the cells in your body begin to respond to this Light vitality, vitality present. With that essence of consciousness let your body **feel** the vitality, **feel** the strength in the bones and the bone marrow, **feel** the strength in the beautiful organs of your body, **feel** that RNA, DNA taking a new place in your physicalness.

“Then, Beautiful One, we’re going to ask you to look at the rainbow vibrations. Well this time with different reality for this again in the rainbow colorations, is the universe in **Oneness Embodied**, it is physical. So you are body, **your body is that part that is waiting for the gold at the end of the rainbow. So we’re going to ask you to see what you call the normal color of the rainbow – red. Then we’re going to ask you to see a vital spiritual vibration of ruby red shimmering through you.**

“Then we’re going to ask you to **see the vibrant color of your natural orange rising up in your body and then we’re going to ask you to see that of the coral shimmering Light. Let it shimmer up through the whole body.**

“Then you are going to take on that of the **yellow of your natural pallet and then the shimmering yellow that is so soft your eyes can almost detect the yellow. Very good!**

“Now **take up your natural green we’re already told you to bring up the shimmering soft pale green, did we not? So bring the natural green to meet the soft pale green.**

“Then once again you’ll **shift in the color of the rainbow and you’ll bring up your natural blue then you’ll allow yourself to rise up from the beautiful corridor of the crystal core electric blue shimmering in the Light of the newness.**

“Then Beautiful One you are going to let the **shimmering vibration of turquoise come up through your body.”**

They are warm!

“They are indeed warm and in these vibrations there is much occurring.

“**From the violet again we have already called it the ultra violet spirit Light, have we not? That which is bringing the compassion, the love of the harmony to your whole body.** All the other colors are bringing in individual compartments of consciousness and you are taking it up.

“So, Beautiful One, let us have you do one more coloration. **Like the horse it is the golden light, bring it up through you. Shimmering gold, Beautiful One, Universal Vibration of Light.**

“So what does all of this do for you? Well the **beauty of the coral vibrations help you ignite a flame within you, that is purity, Spirit intentful and the beautiful gold, another fire light that imbues**

within you the power to live truth, to express truth, to feel the organization of your whole self and your whole consciousness to be self governing, as you'll call it of Spirit.

"In the beautiful rays of the soft yellow you bring the energies of the new ideas passing through this Source consciousness to itself the human consciousness. You'll have the sensation and the realization that the ideas that are flowing through you are out of the higher order.

"Then you're going to take up the ruby red to bring the constant desire forward to speak what you hear, to speak what you see and to speak passionately what is the highest truth.

"Through the beauty of the electric blue we call all of you to recognize the Buddha Christ, a joyful expression of the Light that is new. It is integrating into every cell of your Being, the power of truth, the power of creativity, the power of the Soul exchanging its vibration into the New World.

"You'll take up the shimmering turquoise and you'll have another reality. The turquoise vibration is high healing, high healing for it allows you to see into, whether it is yourself or another, to have the x-ray eyes, if you will. To have that which is called the telepathic knowing. You tell the vibrations, you say 'It is here that the pain is located and in this pain what the physical condition is, what the emotional condition is and what the spiritual condition is!' Then radiate the shimmering turquoise light to help heal it and bring it back into balance.

"Then we'll return to the beauty of that which was called the pastel green. In your world you already know your DNA is the geno of yourselves, that which you call the genetic structure. In those structures the strands of the DNA are expanding themselves and vitalizing two more strands. So that the four strands can be seen, felt and utilized in the physicalness, in the physical body, in the physical world. The RNA, that bio-chemistry of yourselves, you allow it to change into more vitality and living the light rays of consciousness. Again to that earth essence the gateway to the earth consciousness the rainbow emerges in your heart. What is the result? Wellness, wholeness, yes harmony, yes prosperity, yes all that you ask for, all Is!"

Thank you so very much Malachi!