

VISUAL PROCESS FOR INTEGRATING AND ACTIVATING DNA STRANDS

Malachi Through Katherine Torres, Ph.D.D.D.

For Barbara “Marrianna” Zimmermann

Have I received, integrated and activated my four strands of DNA yet?

“Well they are activating that is correct, Beautiful One. Yourself, you the personal body it has not as yet. So please know in the subtle essences of yourself the four strands are active and impressing through the human body. In time they will merge more. A part of that, Beautiful One, is two-fold: one, your own acceptance of the inner power; two, Beautiful One, the collective acceptance. For here on your human base ground the entire collective carries the **Free Will and Choice** is to accept or reject these awarenesses. This is why we call all of you who are **Missionaries of Light** to indeed bring forth such awareness. Yes, within yourselves and the sharing of it with all peoples that are hearing. Why because then you increase the power of consciousness throughout the collective to realize it. When that increase has become 2/3 fold it will have a total ignition throughout your earth and your earth bodies.”

It needs to be all together?

“Indeed.”

Is there anything we can do personally to help activate our own bodies and share?

“Every day you have thought of it, blend with it, **feel** it by sensations of your body, not simply emotional sensations. **Feel it in thought and body.** Can you do that?”

I can but it would make it easier for me if you could assist me with coming up with a visual.

Visual Process

“Alright Beautiful One, let your mind envision your inner self and as you are doing that, envision yourself within each cell is a genetic dynamic. In each cell that genetic dynamic includes the RNA of the DNA structures. So imagine within the cells of your body is the active vibration of your four strands of DNA not just two. **Visualize them active in your cells and visualize and feel the vibration in your whole inner body** letting your cellular body, indeed, respond to the frequencies.”

I got a flash of it swimming through.

“Indeed.”

Would it be through our veins or through like a DNA structure woven or spiraling which would be the best?

“You may utilize the DNA structure spiral and visualize it streaming through your blood stream and penetrating all through your cells and back from your cells into your blood stream.”

Thank you Malachi, that gives me something I am familiar with to work with.

“Indeed, very good.”