

SPLIT CONSCIOUSNESS

Malachi Through Katherine Torres, Ph.D.D.D.

For Barbara "Marrianna" Zimmermann

Do you have a message for me Malachi? You know what I am trying to do?

"Well Beautiful One we shall share again with you, **there is what is called split factor of your consciousness.** What do we mean by that? **Well there is the matter of living in your humanness and a matter of living in your spirit-ness. There is a necessity to mend the split. To do that is to gift unto yourself the constant realization that the matter of your human living is very sacred. The matter of your human living is the Divine expression and the matter of being embodied is a Divine expression.** That is very important to you for many reasons. So there is not the severing of spirit time and human time."

Oh I needed to hear this because it is like I've been wanting the 3rd dimension to get out of the way so I can do my spiritual work!

"Indeed it cannot get out of the way, it is sacred. Beautiful One, remind yourself when we ask you to come to the iron core you must come into matter and there in the iron core is the sacredness of spirit in matter. We ask of you to draw the Light of that to you. It must come up through your feet the place you call your grounding point. So yes, **it is a vibration of your matter self so that you know spirit always, spirit in every act, and every thought in every word, in every feeling and in the ascending of your human body into its vitality of health.**"

Thank you very much, Malachi!