

# PROCESS FOR TRANSFORMING ENERGIES FOR SOUL EVOLUTION AND UNION WITH SOURCE CONSCIOUSNESS

Malachi Through Katherine Torres, Ph.D.D.D.

For Barbara "Marrianna" Zimmermann

"Alright Beautiful One, we want you to take some deep breaths and allow yourself to relax. For we are going to talk to you about transforming energies within you and frequencies of yourself. We have a good giggle for you. For you are currently vibrating in change, Beautiful One. As all on planet earth, you are vibrating in change to shift up the coloration in your own auras. **Now, while that is taking form and shape, you will feel losses. It is losses in your physicalness, losses within your emotionalness, spiritualness and body mind.** While you are **feeling** this we will ask you to constantly move it to your own personal awareness and personal will into the will of source. As you do that you are unifying and when you are unifying you are allowing that which is called greater experience of vibration of Light to take form to what is called a **New Way.**"

Wonderful! Do I need to say "I want to shift into the highest thinking"?

"You may gift that to yourself. What is taking place here presently is there is a shift of your memory bank. It is called your unconsciousness."

I shifted somewhere else! (laughter laughter)

"Indeed, indeed we shall speak of that."

Please!

"In what is called the collective there is a total shift of every memory bank as well. **So you will watch all people around you for they are all forgetting. That is very good! That is the desire of the Source Consciousness to forget what you have known so you will remember the Source.** As you acknowledge that then the sub-consciousness regions of yourself and the unconscious regions of yourself can be more of the Source Consciousness and the automatic mind for the Source Consciousness."

That's wonderful.

“Indeed, you asked your friend Katherine if something is going on in your brain system that is causing memory loss and shall that be termed Alzheimer. Do you have that? No, you do not!”

Oh thank you very much!

“But you are questioning that, are you not?”

Yes, I am.

“You do not have that Beautiful One, you have pressure on the brain at times that helps you to forget. That is coming from the tumors and your consciousness. **In your higher truth, Beautiful One, you are also attempting to forget and that brings you to the soul messages. The attempts to forget you may adjust to forgetting all that does not serve.**”

Oh, I want that!

“Indeed, indeed. And **to those aspects of your consciousness that you desire to recall that you may have clear communication. You may acknowledge unto yourself that for which I need to know, I know, that for which I do not need to know, I release! That will help your inner consciousness as it is making the adjustments to recall the Source Center. All that you need to know in this incarnation this vibration and this shifting states of consciousness.**”

Thank you very much! All of that is important to know.

“Indeed, indeed. Here we are watching what is called a bit of veil coming over your mind for you that is experienced as a loss of memory. That veil Beautiful One yes we want that to be released, not held onto.”

I release it now!

“**Why does that veil occur? It is part of the human mind that attempts to continue its separation from Source. In the Soul evolution of yourself and humanity and the cosmos we are calling you to union. The evolution of union. The gift unto yourself is to remind yourself. 'I do not have to place a veil between me and the Source Consciousness. I do not have to maintain my separation. I am freely able to let the veil drop itself down and bring forth the Source Consciousness within me. To switch and claim I Am Source. My memory is what remembers constantly, that I AM Source'.**”

Oh, that is exactly what I want!

“Indeed, indeed.”

Ok so I just go within and ask for that?

**“Indeed and Beautiful One we shall have you remember. You utilize the statement I AM, I AM I THAT I AM. Remember it must be FELT wholly within your beingness. It must be KNOWN within your personal mind, it must be ALLOWED to Be. It is not simply the statement. It is the BEING OF IT to merge with it.”**

How do I do that Malachi?

**“Beautiful One, you feel your body as though it is a tube. Yes indeed it is a tube containing the Light of the Source. And as you say ‘I AM’ you go up to be inside your tube, recognizing that Light I AM. In that recognition in your own tube of Being the vibration I AM. The Source Consciousness I AM merges forward through you. You allow yourself to move forward you will feel your own body self-activate. Feeling the total force vibration that you are. Then you will allow that to surface to your mind. As it is surfacing to your mind you are feeling tone, your body has already activated with your heart knowing then your mind can know it. It does not have to search beyond it is within.”**

Wonderful! Thank You!

“Indeed, indeed.”

That took me way out!

**“Indeed and why because you aligned with your Source Center and became the wholeness and in the human consciousness it feels outside, does it not?”**

It feels expanded! That is what is right!

**“Indeed and as you are ascending into vibrational energy you will see it is all in this beautiful conduit. Your Holy body which is your Holy Temple. When you activate that Light Source ‘I AM’ you are the dimensions.”**

Can you tell me how that works?

**“Beautiful One the arc is always within you and every time you arc you are exacerbating the vibration of the Light within you. It is not about capturing it somewhere. Each time you are arcing a Light to another individual or component of consciousness what is taking place is there is a union forming. That inner Light of a friend or family or the person on the street, it is igniting from within its own beautiful center. Then everyone of you are rotating the spark of that Light and you feel yourselves blending and we will utilize your body again. We will have you come into that awareness of the trillions of cells in your body we know that they can be seen independently, can they not?”**

Yes.

**“And yes they work interdependently, they are ones that keep the body in motion. Now think about that as Source. Every Being is but a cell in the body of Source. Every time you ignite one Light of a cell it ignites a Light of another cell. Then all of the union that has taken form is then felt, recognized and functioning. That is what you are doing every time you ignite a Light. How does that feel?”**

Wonderful!

“Now let us tell you what it is doing for you. When we entered your frequency vibration and began to speak to you about the changing color vibrations around you. We are watching that of black. Now that you are allowing yourself to ignite your ‘I AM’ Center. That beautiful vibration is extending in through your aura and frequency of Light coloration is taking shape and form. You see, Beautiful One, your darkness around your body was part of your emotionality of **feeling lost.**”

Oh, I have felt lost!

**In your simplicity of lighting your own Light within you, allow radiating frequencies of Light in your auric field and you will not feel lost.”**

Oh how wonderful!

“You are indeed ready to radiate many colors at the present time and that is very good. For it will stimulate different forms and phases of your own consciousness. The purple consciousness activating the Source consciousness unifies and stimulates the creative consciousness within you. You are shape shifting into multi-star frequencies. Not only the 6 pointed star, the 12 pointed star and we are even watching the 24 pointed star.”

Oh, that is exciting. Oh that is really exciting! Thank you!

**“You will giggle with yourself, all it took was a few seconds to feel and recognize the moving Light within you. ‘The I AM Center’.** The energy you are in now is shifting and shaping and creating what is called gyroscope. It looks like a spinning top and it moves according to its spin and its gravity. Like the cosmos. The beauty of the Source moves, tips, stands straight, shifts again constantly in its cosmic energy. Energy fields that are stalking and living Light always. Gravity, yes, space and time and gravity all are needed in order to have this beautiful pull of the cell of the Source into matter. As we watch the gyroscope move within you it is the movement of the Source Center pulling and vibrating to such an extent it is vibrating matter within you. That is helping your own physically make changes, your own mental qualities make

changes, your own mental qualities make changes, your own emotional qualities make changes for you are shifting and you are shifting consciousness. Expanding into the New World.”

Oh how really great, that is wonderful! Thank you so very much Malachi!