

POWER SURGE VIII

Light! Light! Light!

Don't Hide Your Light Under a Bushel

All of the Channelings in This Section Were from Malachi, Through Katherine Torres, Ph.D., During the Latter Months of 2007, Unless Indicated Differently. This was Many Years After I was Giving Workshops and Clearing Akashic Records.

Claiming Your Truth

Now Begin To Embrace the Truth and Claim, I Do Know!! At Times I Must Be in Dialogue In Order to Comprehend It. For Here You Find Yourselves At the Human Level, if You Do Not Talk About It, Then It Simply Remains Inert, Does It Not?

Oh, That's Why I Have Such a Need to Talk to My Friends About Spiritual Matters. It Doesn't Become Real To Me Until I've Talked About It.

That is Correct.

Because It's Sort of Like the Need to Put It In a Box So We Can Call It Something?

That is correct.

Oh, and That's Why It's So Frustrating If You Try To Talk To Someone Who Doesn't Have an Open Mind. You Know That's Very Hard For Me To Try to Talk To Someone Who is Not Open. Well You Can't Talk To Someone Who's Not Open.

Indeed, For They Are Not Ready As of That Moment. They Cannot Comprehend It At That Moment.

Karmic Promise

Now, Beautiful One, We'll Utilize This Phrase for You, Called Karmic Promise For Here, Each Individual Has Lived Through Cycles and Cycles of Lifetimes in Which You Can Say, I Was Working the Debt of My Karma. Now, Beautiful One, You'll Remember Here that There was a Beautiful Time That was Called the Harmonic Concordance on Nov. 4, 2008, Will You Not? When That Took Shape and Form, it Was the Healing of Karma As You Knew It. Do You Understand? From There You Moved into What is Called the Karmic Promise. The Vibrations of Yourself That Said, I Will Come to More Incarnations, Lifetimes and Life Experiences Even Unto This Present Reality in Which From Moment to Moment I'm Working in Karmic Promise. Energies that I Put Forth Upon My Land are Part of the Promise of My Own Growth and Evolution. There Will Be That Which are Appearing as Very Challenging, Harmful or Destructive or Very Warming, Loving and Constructive. Do You Understand?

It's All Part of Your Promise to Live in This Beautiful Earth Plane Consciousness and Live in the Evolutionary Consciousness From One State of Existence to Another, Whether It Be that in the Existence of Matter on the Earth, Matter on Another Planet or Any Ethereal Vibrations of The Universe. It's All a Karmic Promise.

So it Needs to be Brought Into Balance.

Indeed, Indeed, Rather than Believing that the Karma is Something Very Negative That All Must Fight Through, You Bring It to The Beauty of It. It Is a Power of Balance. It's a Power of The Give and Take. It's a Power of The Experiencing Cause and Effect. Both Aspects Must Be Felt in Order to Comprehend Them.

My S.E.M.P.E.S. December, 2007

Alright We'll Say Greetings and Welcome to the Realm of Spirit. As You're Being Welcomed Into the Realm of Spirit, Let Us Acknowledge That the Beautiful Subtle Light is Circling Your Human Body. That is a Balance, Is It Not? Again the Continuance of Balancing Your Human, That is Taking Place, Here and Now, Beautiful One. Let Us Have Another Conversation Here with You on What We're Watching in the Center of Your Being. Now, Beautiful One, You Know that One that is Called the Cobra, Do You Not? We are Watching the Cobra in the Center of Your Being. Now What Does it Mean Unto You? Now Beautiful One, the Cobra as All Snakes, Will Represent the Kundalini, Does It Not? Here The Snake is Going Right Up Through the Center of Yourself, Does Not State That It's Coiled and Not Lifted. It is Rising Up to Your Head, Therefore The Kundalini Fire, The Kundalini Spirit; The Vibration of Highest Essence is Rising Within You.

*It is That Which is Also Transforming the Blue Vibration Here. In Your **Physical Body**, so Do Know That There are Great Changes in the Physical Body That are Taking Form and Shape in the Present Reality. With That Which is Called the Blue, You'll Remember, it is Creating a Balance That is What the Essence of Your Physical Body Shows at Present.*

*In the Essence of What is Called The Light of Your **Spirit Body** Beautiful Being, It Is Indeed in Perfect Harmony. As We are in Vibration with Your Spirit Essence, We Find It Cycling and Circling All About Yourself as Well. That Means To Keep You Wholly and Keep You In Balance. **In The Emotional Body Let Us First Say There is a Vibrational Excitement in The Emotional Body. Indeed, and With It, Beautiful One, as You Allow Yourself Silence Time, You'll Also Hear Your Emotion as Though it Were Singing. There Is a Vibration of Music Moving Through Your Emotional Body. So We'll Ask You, as You Will Grant Yourself Quality Time of Sitting to Listen to The Music of Your Own Emotional Self. It is in Attunement With Your Soul Self. Allowing Your Own Qualities of Awareness to Feel the Essence of Your Soul and to Sense Its Sound, if You Will, As it is Creating a Harmony Through Your Emotional Beingness. You Have Made a Judgment Within Yourself. We'll Call It an Assessment That Says You Are Choosing to No Longer Worry About Others. That has Fortified The Music Is Ready To Sound For You'll Allow Yourself Harmony Then You'll Be Able to Hear The Beautiful Voice, Song of Your Soul.***

*Now, We'll Move Into The **Mental Vibration**. We'll Have You have a Giggle. In The Mental Vibration it is Radiating what is Called a Very Deep Green in its Coloration, Deep*

Green. Now, Beautiful One, What Does it Mean to The Mind? It Means The Mind is Still Working With Creative Forces. Do You Understand? You are Also Finding that You Can Balance Your Thinking a Bit Better Than Before, Can You Not? That is Also the Product of This Green Vibration That Is Being Revealed Through The Mental Quality of Your Present. Yes, Beautiful One, You Are Also Assessing Through Your Mental, That is Meaning Through the Gift of The Emotional That is Telling Us, "I'll Not Worry." The Mental is Saying, "I will Not Think of The Judgments that Will Make Me Worry." That is Very Important, Is it Not?

*Alright, We've Talked to The Physical, Let Us Speak of The **Ego Center** of Yourself. Beautiful One. The Ego Body is Doing Alright. Let Us Have a Good Giggle for You Still Worry About Your Ego, Do You Not? Indeed, We're Going to Ask You to Remember to Give The Ego a Hug and Quit Worrying About How Strong It Is. How Much it Carries The Will Power. It is Product of Yourself That Will Remind You, You are Valuable. So You'll Give It a Hug, You'll Give It a Kiss and You'll Allow It to Be An Open Space. You'll Say Unto It, it's Not About Judging Self or Judging Others, It's About Your Being. **Soul** We've Talked About a Bit Already Have We Not? It is Content, Indeed. You are Utilizing The Creative Essence and That Is Contentment for Your Soul. We're Watching What is Called an Energy Field Through The Soul Levels. It is Inviting You to Look At Your Year Ahead of Yourself and Know That It Is a Year of Celebration. Then Will You Allow Yourself The Celebration?*

Yes, I Will. I'm Ready. That Means the Book Will Be Done?

Indeed.

I Thank You For the Gifts You've Given Me.

And Unto Yourself Be of Gratitude.

Oh, I AM, I'm Thankful. I Feel Like a Little Kid. I'm So Excited. Is That Silly?

It is Not. That is The Joy of The Soul and the Joy of The Emotion.

It's Like a Brand New Life!

Indeed, You Will Feel Yourself Free As You Complete Your Writing. Feel Yourself Free to Present a Wisdom to Your World. That is Soul Satisfying.

Moses' Message, November, 2007

Again Beautiful One, We Would Acknowledge There Is the Change in the Healing Moving Through Your Body. There Is the Beauty of Moses that is Standing Behind You and Has Been Throughout Our Conversation This Day. Why? Because He's An Element of Support For Your Growth. He Is An Inspirer as You Continue Your Evolution of Awareness, Beautiful One. He Reminds You, Know That When You're Feeling as Though You're Alone, You're Not Alone. When You're Feeling as Though You Cannot Quickly Heal, You're Being Healed. It Is a Process of the Evolution of the Illness That Too We Must Give Honor and Credit For, It is a Process of the Evolution. It does Not Matter, Whether It Is in the Muscle Wellness, Whether It Is Understanding or Lack of an Understanding.

I Fear I Won't Get the Book Done But I Will and the Book Is Moving Even Though I Don't Feel Very Good. I Need to Let That One Go!

Indeed, It Will Be Done. You Have a Very Strong Intent For It to Be Done, Do You Not? Remind Yourself, It is Just as Important That Your Intent is There as The Intent of Guardians, as The Intent of God. Your Intent is That It Will Be Complete in This Life Incarnation and So It Will Be.

So a Lot Is Coming Up for Good Old Earth, Isn't It?

Indeed, and We Say to You, Rejoice, for More and More Light Frequencies are Coming Up. More and More The Vibrations are Inherent as a Frequency of The Light Intent of The New State of Consciousness To The Evolution of the Earth.

So We Stay Grounded.

Indeed, That You Will Anchor It Into Solid Matter. Alright, Beautiful Being. Here, We'll Call You Again to Blessings and We Will Call Again to Your Own Body to Receive Unto Yourself The Light of Frequency of Healing, for Here We'll Say Unto Yourself as Though it Were a Medical Prescription, Every Four Hours.

Ok, Wonderful. Thank You So Much. I Love You All.

Unto You Always, Thank You for the Beauty of the Sharing and Caring of Your Mind and Your Heart and Peace Be Unto You.

Thank You Malachi.

Moses' Message, December, 2007

We have Moses Here with You, Beautiful One, and Moses Here Brings What is Called First a Symbol. Beautiful One, Do You Know What it is to Have what is Called Hand Weights? Moses Has Two Hand Weights, One for Each Hand and Says To You, This Has Been Quite a Good Exercise, Has It Not? In it, Beautiful One, He's Acknowledging You Have Flexed the Muscles of Your Inner Consciousness. It is From that Flexing You are Releasing a Great Deal More of Knowledge. He Says to You, Beautiful One, as He Brings Forth what is Called a Rat. You know the Animal Called the Rat. Beautiful One, a Rat is Trained to Live or Exist as a Scientist Would Have Them Live or Exist. Do You Understand? You Have Discovered that You Cannot Live or Exist As Others Tell You You Must. He is Bringing the Rat When It Climbs Up From Your Back for You Have Not Seen It, to the Front of You, Where Now You Will Set it Free. For what is He Telling You? You No Longer Walk Through the Maze of the Human Condition. You're Walking Through the Enlightened Condition of The Earth. The Earth is a Very Glorious Place of The Divine. Everyone, Every Soul, that Has Chosen to Live On the Earth Can Discover Its Beauty and Moses Says, "You're Discovering It. You Still Want to Escape," He Says, "But You're Discovering It."

He Says to You, "The Body Must Perform Its Healthiness." It Performs Through Exercise, Does It Not? It Must Maintain Its Exercise to Continue Its Healthiness. You Will

Remember That You are Going to Continue to Exercise Your Awareness of What You've Learned Through Writing of Your Book. You'll Continue to Build the Muscles of Your Awareness.

As Always, Feel The Love that Surrounds You, for This is The Love of Moses. This is The Love of All of Us That Stand With You. It's The Love of The Masters That are Celebrating That You Are Becoming More and More Aware of, Your Mastery.

We Will Say Unto You as Always, Take Lessons, Peace Be Unto You.

Thank You Malachi.

Taking on The Light Body and Healing Transformation

Process

Now, Beautiful One, Yes, There is Work to be Done on The Body, Is There Not? Work to be Done on The Body, Let Us Do That for Your Spiritual Vibrations, Then You, Beautiful One, Can Work Into the Miracle of Vibrations. We Ask You to Be The Beautiful Cylinder of Light Within That, Allowing Yourself to Feel Contained in the Divine Access of Light. Allow Yourself to Feel Your Feet Stretch Right on Down Into The Core of Earth Mother. Allow the Sensation of Your Body To Be Stretched Right Into The Ethers of The Multi-Dimensions of Higher Consciousness. You Then Become, Indeed, The Axis of The Conduit of The Light of Transformation. Now, Beautiful One, You Have Often Heard Us Say to Watch Your Spiral of Light, Have You Not?

While You're Watching the Spiral Come From The Higher Dimensions Through this Beautiful Conduit Into the Top of Your Head. You're Going to Feel it as Though it is a Screwdriver. Swirling about Itself, Coming Through the Back of Your Neck Into the Center of Your Neck, Scraping and Releasing Energies.

As You Allow that to Remain in That Position for a Little While We're Going to Ask You Feel the Ears, the Nose, the Throat, Particularly, the Back of Your Throat as it Comes Down Further in the Neck, Being Scraped Cleanly. Then Allow this Energy of this Vibration to Continue Through the Esophagus and Through the Beautiful Energies of Your Lungs. Then Allow it to Descend to the Stomach Area Where There is Nervousness, to the Lower Belly Where There is Nervousness, Through that of Beautiful Tailbone, Your Root Chakra, there has Also Been Nervousness as to How You'd Bring This Light Unto The World. You Allow this Screw Vibration to Clear and Cleanse and Scrape Away Energy Fields. Bring it Unto The Core of The Earth, First, at what is Called The Molten Vibration of Purification. Descend Yourself Into the Beautiful Crystal Core of The Earth. Feel This Light Beaming Through Your Feet. Beautiful One, We Desire That You Feel that Strong Vibration of the Crystal Oscillation Source in the Field of the Consciousness of Humanity. Your First Dimension.

Now, Let That Vibration Begin to Ascend Back Up and Through You. As You Pass the Beautiful Vibration of The Molten Energy, You Worry Not. You're Not Capturing It, You're Releasing It so that it Continues It's Clearing. Do You Understand? You're Going to Ascend, Continue to Ascend and As You Do Begin to View What is Called Your World, Your Personal

*World But By-Pass It. You Need to Bless It As You Continue on Past Ascension Processing of the Consciousness. Feel Yourself Ascend Up and Beyond Your Beautiful Shoulders, Through Your Head Vibration. Allow Yourself to Know You're Going to Extend Up Through The Higher Chakras of Yourself and Higher Dimensions of The Universe. We Will Ask You to Move Beyond The Fifth Dimension, Beyond The Sixth Dimension, Beyond The Ninth Dimension, Beyond The Tenth Dimension. We'll Ask You to Ascend and to Simply Allow Yourself, Beautiful One, to Feel the Ascension that Takes You Into That Which is Called The Thirteenth Dimension, a Pure Form of Consciousness. That is Key for Being Utilized by The Human Mind and The Human Body and Human Force Field. That is The Source that Carries its Purity of Intent. Now, These Energy Fields You Will Allow to Descend Again, Coming Back Through this Beautiful Conduit, Down Again, Descending Into Your Crown Chakra. We Will Remind You, See Your Crown as the Opening of Your Own Grail Cup. **You Are The Grail Cup.** Receiving the Flowing Light of The Divine as it Passes Again Through You, Passes Through Your Throat, Passes Through Your Body, and Passes Through Your Beautiful Feet. Again Entering Into the Very Core of the Earth Plane. Again Pass Yourself Right Into The Crystal Core. As You Do, **You're Descending with the Purest Light of The Great Source Into This Core of Energy.** Again Feel and Sense The Crystals Oscillating with The Pure and Divine Light. Let Your Feet Tingle.*

*Receiving This Light. Now, Beautiful One, You Will Ascend a Bit But Now Only Unto the Molten Vibration, the Creative Powers of the Universe Within Your Beautiful Frame of You. The Energies That Pass Through You, Through the Molten Vibration are Stirring The Power of Purification Within Your Body as Well as The Beautiful Power of Creative Energies Within Your Consciousness. Ascend Now Unto What is Called Your World. Here You Have Heard it Called the Middle World, the World of Your Existence, The Third Dimensional Reality. As You Ascend Into the Form of the World in Which You Live, Feel Your Own Body Radiate This Light, Not Only Purifying Your Physical Body But Extending Through Your Auric Field and Tapping the Field of All Living Creatures Upon Your Earth. You May Feel This Light, Beautiful One, Extend Also Into Your Conscious and Unconscious Realization. **Yes, You Have Something to Share But Worry Not, You're Releasing the Voice of The Divine.***

Keep in Mind Your Auric Field and Once Again Bring It Into What You Call an Over-Light Around You. The Container of the Vibration of You. The Beautifulness of This Energy, The Conduit That Is Moving, Ascending and Descending, Ascending and Descending, Constantly In and Through You that This Light as it Ascends and Descends Have a Focus of Its Energies Through Your Throat Chakra, Through Your Heart Chakra and Then Through Your Whole Body. Your Nose, Your Throat, Your Lungs, Your Heart. What Are You Feeling?

I Feel Peace.

So You're to Notice this Vibrational Exchange is Occurring Here. It is One Whom You are Familiar With. It is The Christ, Jesus of Nazareth. You Will Feel The Radiance of His Divine Light Ever Stronger. The Beauty of His Miracles of Light Will Indeed Create Healings of The Body.

Thank You so, so much.

We Have You Such a Good Giggle. It is The Blessing Spirit.

All That's Inside Me, It's Like Jesus Just Slipped Inside of Me.

Indeed, Indeed.

Welcome, Welcome, Welcome.

*Now, Beautiful One, This is The Blessing Unto Your Own Self. **This is The Great Blessing of The Divine Source of You, Your Christed Light Ignited. You Understand?***

Oh, Thank You So Much.

Indeed, Indeed, Indeed. Beautiful One, Now You Know Why You Had to Wear Your Special Crystal, Do You Not?

I AM so Blessed, I AM So Grateful. Thank You So Much!

Now, Beautiful One, You'll Allow Yourself to Repeat This Exercise As Often As You Desire. You Will Know Each Time That I AM Healed. You Will Know That You Have Chosen to Not Only Hear But to Speak. You'll Remind Yourself as I Speak I Will Raise the Voice of The Divine. I'll Worry Not About My Personal Voice. It Has Nothing To Fear. It is The Gift of Sharing and Remember That Is Why You Are Here.

Oh, I'm so Blessed. Thank You So Much.

Now, Beautiful One, You Desire to Sit for a Moment In a Silence? You Place Your Hands on Your Lap.

I Have a Few Questions.

You May Bring Your Questions Forward. We Ask First You Move Into Some Silence That Allows More of The Light to Absorb Into Your System. We'll Not Let You Go Without Your Questions.

It's About, I Think, What's Happening. Is This the Silence of The "G" Vibration That I AM Receiving?

Indeed.

Thank You, I Will Be Quiet. (Please Pause Here and Allow Your Body to Receive The Healing and Integration of The Light Body.)

You Have Always Received Frequencies of Source that Allow You To Heal. You Simply Add That To Your Personal Consciousness and Allow It To Occur. Worry Not. Be In Your Light.

You Will Carry The Intent of Your Health. Above All You Will Carry The Intent of that Which You Are Doing Is Good. Do You Understand? You Will Carry The Intent of That Which You're Doing Is the Choice of Your Soul that Allows the Expression of Your Wisdom To Be Brought Forward In This Incarnation Without the Death of Your Body.

You Also, Beautiful One, Remind Yourself Throughout the Day I Must Find at Least Three Times During My Day To Find The Love. Bring Yourself Great Giggles.

Is This What We Would Call Taking On The Light Body?

Indeed.

I Thought It Was But I Have Wanted It For So Long I Was Afraid To Ask. I'll Now Be Able to Know My Answers To My Questions, Will I Not?

Indeed, You Will Allow Yourself To Be in Such a State. Curious, Yes, to Be Receptive to Your Curiosity for Once You Are Curious You Are Sending Out a Vibrations of Your Human Mind, Thoughts and Questions, Are You Not? And Once You Are Receptive You are Allowing The Divine Energy To Pass Right Through Your Consciousness. Receiving the Answer For Yourself.

Oh, I have so Many Questions That's Stepping Into Higher Development, Right? Indeed, This Beautiful Gift I'm Receiving, What is the Best Way To Use That? I Will Just Know?

You Will Know.

I Just Have To Be? I Seem To Already Have a Burning Desire To Be Able to Help Some People That I Know Personally and The Whole World. Is That Normal Response?

You Have a Good Giggle. It Is Your Normal Response. You May Be Encoding Messages of Your Own Soul For This Incarnation.

So That's What's Right With Me, Not What's Wrong With Me! So I Can Just Spread the Light, It Matters Not, Right?

That is Correct.

And I Can Even Go Into the Hospital and Just Visit and It Would Help?

Indeed.

I will. I Wondered If that Would be Ok. Everything's Ok, Isn't It?

Everything Is Ok. Beautiful One, Here, Let Us Forward This To Your Thought Forms. Enter a Hospital and Allow The Radiance of Light. Allow the Expansion of The Light From Within You To Your Auric Field and Around In Circles of The Hospital. Worry Not Where It Lands and What and How It Will Be Used.

Oh, that Brings Up Another Really, Really Big Thing. So, is That Unlimited so I Could Spread Light to Our Governments and War Zones and All of That, Right?

Indeed.

Oh, I Will Do That Indeed. Yes, I Will. And So the Ones Who Earn Their Third Blessing Through This Book and Then We Meet for The Anointing can Also Receive This Blessing Through Me.

Indeed.

Oh, That's So Wonderful. When They Earn Their Third Blessing, Right and Raise Their Vibrations. Oh, Malachi, Thank You, Thank You. I'm So Excited. I AM So Excited. I Need

To Be Pinched, I Think. Is This Really Happening To Me. I AM So Thankful. and It'll Happen To So Many. We'll All Wake Up, In Time?

Indeed, You're Already Waking Up. That is Your Humanity, Your Eyes May Have a Veil Upon It You See that There Is Those Asleep and Know They Are Not, They're Waking Up, They're Being Challenged, They're Being Empowered in Their Own Light, Beautiful One, Now They Have the Power of Choice that Will Allow Them to Choose the Greater Vibration that is Humbling That is Healing and Unifying.

So if They Came To See Me, Like a Little Meeting, They Would Be Able to Feel Better and Then They Would Have More Belief? Then It Would Just Kind of Spread?

Indeed.

All Right, Then I Will Just Let It Be and Zim and I Will Be Healthy Enough to Do Whatever's Needed.

Shall You choose it. Beautiful One, We Shall Utilize Again the Term, Power of Choice. You and All of Humanity Will Be Gifted Your Awareness, Each One of You are in The Power of Choice. Then You are Choosing Your Positive or Your Negative. You Are Nonetheless The Chooser.

And You'll Get It.

And You'll Get It, Indeed, Indeed, You're Great Manifesters.

Oh, I'm So Thankful. Thank You So, So Much Malachi.

Activation of The Light Body

Process

*Now We Wish to Come to Your Beautiful, Beautiful System Called the Chakra System. Now, Beautiful One, Again We're Going to Ask You to Drop Your Mind to Your Beautiful Tailbone, to The Beautiful **Root Chakra**. Feel its Light Anchored in the Beautiful Deep Core of the Earth. Feel Yourself Receiving Source Light Here. Stimulating Your Root Chakra Which Stimulates Your Physical Body. Stimulating Your Physical Body With The Source of Light. Then You Know the Body Can Live in Health and That Is Your Choice.*

*Let That Energy of Light Ascend Into Your **Second Chakra** and Beautiful One, Feel This Light As It Circles Around the Lower Belly as it Stimulates the Center of Yourself, the Center of Your Will Power, the Seat of Your Soul, the Beauty of Your Passion, the Purposing of Your Life, the Creative Essence of Your Being.*

*Let This Light Ascend Into Your **Third Chakra**. Feel as You Receive the Ascension of Source Light in Your Own Solar Plexus. That You Can Relax of the Personal You, Unified with The Source You. That Your Expression Unto the World is an Expression of Comfort and an Expression of Ease.*

*Bringing This Light Up and Through Your **Heart Chakra**. Let It Circle About You, Let Yourself Feel that Which Is Called Divine Love. Absorb it Within You and Feel That Love Loving You, Extend it From You and Feel That Love Loving All People.*

*Bringing This Light Unto Your **Throat Chakra**. Here Again You'll Remind Yourself, This Light Spinning Through My Own Throat Chakra is The Light of Source Activating Your Dimensionality. Here the Voice of The Divine Speaks Though Me for I AM Empowered.*

*Bringing This Energy Into Your Brow and Feel The Spirit of The Light of The Divine From the Core Vibration, Exacerbating By the Beautiful Energies of Crystals, Spilling Through Your **Sixth Chakra**, Opening Your Sense of Awareness to a Greater Degree.*

*Now This Ascends to Move Into That which is Called Your **Seventh Chakra**. You May Call This The Doorway to The Ethereal Realms of Consciousness. It is Your Channeled Position of Consciousness. You Are Allowing the Very Source in the Core of the Earth to Now Extend Itself to the Very Source of The Entire Cosmos. All One.*

*Feeling and Sensing The Ascension of Your Own Light Conduit Into What is Termed Your **Eighth Chakra** Center. This Dynamic Center is Where You Meet The First Forces of Guardians. Assisting Your Consciousness and The Consciousness of Humanity to Maintain Its Light Awareness to Maintain Its Awareness, It Is Source. Your Bodies the Conduit of The Light of Source in Humanness. The Guardian Reminds You, You Are a Sacred Being. It is Here That You Find The Galactic Brothers and Sisters Assisting You, Providing the Messages, the Insights, the Beautiful Shapes and Colors Unto the Earth. Remember This is Where They Can Voice Unto All of You.*

*Ascend Again on Your Conduit Channel of Your Own Self Higher Consciousness to **Ninth Chakra** Vibration. As You Do You're Ascending That Light From Your Very Core You are Inviting Invigoration of This Energy Field that You May Not Only Know The Rhythm of Your Earthly Living but The Rhythm of Source Itself.*

*Again, Drawing the Energy From the Very Core of The Earth, of This Conduit Into The **Tenth Chakra**. Allow Yourself to Feel Your Own Light Tapping Into What You Call Universal Light, Divine Light. It is Here that You Often Reside to Receive Inside the Languages, Words, that You Will Record as That of Source. The Mind of The Divine.*

*To Allow the Ascension of This Beautiful Light. You Will Move Into Your **Eleventh Chakra** Center. Enter What You May Call the Womb of The Great Mother. The Pull and The Power of Universal Consciousness that Individuates Itself and the Multi-Experiences to Be Explored. It is Here that There is Not Only The Birth of Your Own Soul, Beautiful One, But The Birth of Everything You Would Write. The Birth of Everything You Experienced. It is Here You Are Allowing the Development of More to Be Birthed Unto the Earth Plane. The Power of The Light Body, It's Cells Already Vibrating. It's Excited and Unifying For That Purpose. A Part of This is Your Extension of Your Eleventh Chakra. Aligned with The Great Universal Womb of Intent.*

*The Last You Allow The Light to Blend. Here Enter The **Twelfth Chakra**. We Have a Giggle Here. This is Your Knowing Without Knowing. Your Being Without Being. Your Essence and Dynamic Chaos That Creates All Things. You Feel It. You Allow It.*

*Then Beautiful One, You Will Ascend Again Into The **Thirteenth Chakra**. Let Yourself See It Ablaze With the Brilliant White Light That Fully Extends Itself as Though It Were Ribbons of a Beautiful Rainbow. Source Itself is Multi-Vibrational and Your Light is Multi-Vibrational. You, At Your Thirteenth Chakra Level, Are So Aligned.*

Now, Beautiful One, You'll Allow Your Beautiful Light to Descend and Come Right On Back Through Your Conduit All the Way Tapping Every Center We Have Spoken of Returning Unto Conduit of The Humanness Self, Your Body, Holding The Light of Source, Your Body The Temple of Source Light, Your Body, That Which Is Used As the Expression of Source Light, The Greatest For the Moment of Your Physicalness, the Communication From Your Physical Throat, the Inspiration From Your Physical Mind, the Beauty of All Expression in Your Physicalness. Let It Descend Through This Conduit and Again to Your Feet, Traveling Through the Molten Unto the Crystal Core.

Now, Beautiful One, Feel the Energies Ascending and Descending, Ascending and Descending and The Course of Heaven and Earth in Union Above and Below As One. So It Is.

Thank You. Thank You So Very Much Malachi.

Light Body Integration

How Long Does it Take to Integrate a Light Body?

Beautiful One, You Will Make Note of This Reality For Each It Will Be Different. It Is as Though You Work On Your Own Time As In Cycling. Do You Understand? And So You Notice That. As You are Claiming Your Light Body Frequency, You'll be Able at the Very Same Time to Claim it Instantly or Allow It To Evolve Within Your Cellular System.

I'm an Aries and I Want It Right Away.

Indeed, Indeed, and Beautiful One, How Does One Allow It Right Away? Acceptance, Acceptance and Allowing Yourself to Live It. You See Here There Is Still What is Called a Bit of a Split in the Consciousness. The Split, Beautiful One, is One Aspect of Yourself Knows Full Well You've Taken On the Vibration of The Light Body, While Another One Continues To Deny It.

Oh I Noticed It's Not an Easy Thing To Tell Somebody. I Mean It's Like, Hello, What Hole did You Slip Out of and These are the People Who Want a Light Body too. You Know, I Think We've Studied For So Long That When it Happens, We Can't Believe it.

Indeed, Indeed, That is Where You Must Find Your Importance to Discover, to Notice That the Vibrational Energy Internally is Now Lighter. The Frequency of The Brilliance of The Inner Consciousness and Then Simply to Accept It and Live It. Live Your Lightness. Live Your Christedness. Live that High Consciousness. Indeed, Indeed, and Be It. Live It. Be It.

Thank You Malachi.

Freedom In Containment

Every Time the Soul Aligns Into the Vibration of the Earth, You're Working a Strong Containment, Are You Not? You Must Learn Freedom In the Containment. Allowing Yourself to Recognize That You Are The Source, Creating At Every Moment. That is Freedom, Is It Not? You Allow Yourself to Shift and to Shape Into New Forms and New Realities. You Allow Your Thought Forms to Be the Inspirational From The Essence of Your True Self, The Soul Self Within You. That Directs You, Not Limits You, Beautiful One. When You, All of You on the Earth Plane, Begin to Discover You Are The Source in Matter and Truly, Not Only Speak It, Live It, Beautiful One, Then You Are Living Each Moment Into a Position of Knowledge and You'll Know How to Create and Shape-Shift Your World of Thought. You'll Not Wait for The Master to Come and Tell You for You'll Recognize You Are The Masters and You'll Recognize that Every Day Is an Opportunity to Master This Realm Called Form.

Then It's ok to Send Healing to Others. It Doesn't Interfere with Karma Because the Game's Over.

The Game is Over. That is Correct. You're Sharing Together and You're Sharing that Which is Called the Wisdom of Confinement.

Differences Between Human Body and Light Body

What is the Difference in Being a Human Being and in Being a Light Being?

Very good, very good. The Human Being, is the Energy of Light and Matter. Now, on the Stand Point of the Human Psychology, Psychological Make-Up, the Human Being Feels as Though it is Separate From The Source. The Light Being Knows it is Not When You are Integrating the Two Then the Human Sensation is God in Matter. The Light Form Then is Guiding the Direction of The Matter, Allowing The Matter to Shape and to Shift as What is Needed Within Each and Every Moment of The Distance. Allowing Such Light Beingness, the Awareness of The Source, Then You Have a New Play Ground. If You Are the Human Being, Separated from The Lightness of Your Beingness, Then You Believe You are Under the Conditions of a Source that Must Make it Alright for You Every Day.

When Will I Come to the Point Where I Won't Have to Take Pills and My Body Won't Be Sick. How Does that Come About?

Beautiful One, that Comes About With The Mastering Your Light. You See The Light Body Is Taking Its Shape and Form, You Must Master It. Now, How Do You Master It? It Is The Mastering Through Again Attitude, Attitude. I AM Source, Therefore, I Turn The Light on My Full Health and Therefore Medicines Are Not Necessary For This Physicalness.

The Focus Has To Be On Me.

Indeed, Indeed.

Then I Will Know.

You Will Know.

And that Will Include Hormones? That Kind of Stuff Also?

Indeed, Indeed, so, Beautiful One, You Say, Alright, I Have Claimed My Light Body, Now I Must Master Its Use.

Care and Feeding of The Light Body

The Care and the Feeding, Beautiful One, Is to Each Be Very Alert to What You Call The Sacred Intent of the Day. To Not Feel The Separation That Has You Wondering When God/Goddess Will Do It All. It's Reminding Yourself You Already Are. It's Living With the Attitude That You Are and You Can See The Light in Everyone Else. It's Allowing What is Called the Evolutional Consciousness Through Your Humanity To Weave Itself Into The Light and Not Worry That It Is or It Is Not. Every Being Shifting Its Own Center. Allowing Itself to Find Its Balance Point of Light. Care, Yes, Care Is The Attitude. Feeding It is to Feed Yourself Inspirational Thoughts Every Day and Through the Inspirational Thoughts to Live and Put Them Into Action.

Something's Happening to Me. It's Like a Total Graduation. There's Nothing Else To Do Once You Get to That Point **and** You Admit to Yourself You're at That Point. Is That True?

Indeed, for You Have Been Doing What? You Have Been Studying, Praying, Aligning to The Light Body for Many Years, Have You Not? Once You Are There, Beautiful One, It is To Be In It's Alliance. Be It and as You are, There is Nothing to Do. That is Correct.

That's a Big Aha!

That is When You Find What is Called the Joy of Living in Your Bliss. Every Day is a Good Day.

Alright, That Sounds Very, Very Good to Me Because It's All in God's Hands Any Way. There's Nothing We Need To Do, Right?

And, Again, Beautiful One, Let's Have a Giggle. When You Say It's All In God's Hands, Where Is God's Hands?

It's Us.

Indeed, Awakening to The Reality You Already Are God.

Even Saying It Sounded Kind of Funny. You Know, It's Like We've Done Something Wrong By Saying It.

Indeed. and Yet You Are It.

It's the Programming, huh?

Very Good. It is The Programming, the Messages That Have Been Given From Generation Unto Generation Is It Not? You are a Changing Generation and the Generations Behind You, Changing, Changing, Changing, Until Each One of You Can Align Into The Truth. You're The Source Living In Matter.

That's Because It's The End of the 26,000 Year Cycle?

Indeed, Indeed.

It'll Start All Over Again or When They Say That the Game is Over. Does That Mean Another Game Will Begin or That We Won't Play This Earth Game Again?

You Will Play the Earth Game. You'll Simply Play It Differently. You'll Find Its Glory Versus Its Challenge.

Then Will Other People Cycle In to Play the Challenge Again Somewhere Along the Line?

Perhaps. That is a Soul Choice, Is It Not?

Thank You Malachi.

Differences Between Cities of Light and Light Stations

What is the Difference Between a City of Light and a Light Station?

Alright, Now Again What is Taking Form in the Language Used, the City of Light and the Light Station? There Remains What is Called Terminology That Can Break You Into Separation, Can It Not?

Oh, It's The Same Thing.

It Is Indeed.

So, If I Wanted to Get Connected to The Cities of Light On The Other Side, All I Have To Do, Oh, I Would Already Be if I Was a Light Being!

Indeed, Very Good, Very Good. It Is The Knowing You Are, That You Are. For Beautiful One, What You Have Here In The Ethereal Realms are Those Individual Souls Radiating Light. It Becomes a Light City. And What Are You Doing With It? Well, We're Allowing Those of You Who Are Choosing to Learn, to Search, to Blend, to Become Aware to See The Lights and to Utilize Your Awareness to Draw The Light Into Your Cognitive State. It is Already Within You. 'Tis Seeking To Turn The Light On.

OK, When You Said Turning It On, Is It an Actual Thing Like to Turn the Crystals On. I Learned, I Should Ask the Crystals to Turn on. The Crystals Do Better if You Actually Tell Them To Turn On. Is This Truth?

It is Truth in This Fashion. At That Very Moment You Become Blended Into That Which is Called the Crystal That Is Carrying an Oscillation That Helps You to Activate The Light Frequency. Do You Understand? It Is Becoming One With and That Is an Important Phrase, One With, for This is Already Within You and You are Simply Saying, I'm Turning My Consciousness Into an Awareness. That's How You Turn It On. I Turn My Consciousness Into An Awareness That I AM a Light Being. I Turn My Consciousness Into the Awareness That as a Light Being, I Have Light Frequency a Light Body. Then You Are Living More From The Light Body Than the Pure Human Density of Separation.

So When I Claim Something and Merge With It, That Is What Will Be.

Beautiful One, if You Chose to Merge With What is Called Health, You Are Turning On The Light of Health.

Oh, Thank You For Saying That Because I Only Thought of Beings, I Didn't Think of Health.

Indeed, and As Long as You Don't Think of Health, Then You're Keeping a Light Switch Off, Are You Not?

Yes.

If The Light Switch is Off, Then the Body Physical That You're Utilizing Must Use Other Means Such As Medicines.

Oh, That Was So Good and That's For Everybody.

That is For Everybody. So, Beautiful One, if One Person Stands Next to You and Says, I Have No Intelligence, Then You'll Teach Them How To Turn On The Light Switch of Intelligence. It is Calling Forth Their Cognitive Awareness That They Are Intelligent Beings. Every Beautiful Soul is an Intelligent Being of Light and When They are Utilizing a Thought-Form, an Emotional Decision Making Process that Says, I'm Not Intelligent, They've Simply Turned Off the Light of Intelligence.

So it's Just Positive Affirmations.

Positive Affirmation With Belief in It. For it is Not Just, I'll Say It Until I Get It.

Ok, Because That Doesn't Work.

It Does Not Work! It Must Be That I AM Aware I AM An Intelligent Being and the Intelligence That I AM Moves Forward Into My Every Day Experience.

So It's Kind of Like We Have To Give Ourselves Permission To Step Out of What We've Been Programmed With Into This New Awareness.

Indeed, Indeed.

So, When I Work With the Group of 40 and We Go Up the Corridors and Bring Down the Fifth Dimensional Light, That is Working With the Cities of Light, Because They Are The Fifth Dimension, so All of The Fifth Dimension Would Be Light?

Indeed.

Oh, That Would Make It Simple?

Indeed, It Would.

So I Have a Corridor, Correct? I Have a Corridor to The City of Light?

Indeed. Every Single Being Has a Corridor.

Oh, Thanks. See I Didn't Know. I Thought I Got It Through Working with Julianno and the Group of 40.

Indeed, Not. You Simply Have Used that Agent to Help You Come Into the Memory of What You Have.

Oh, so Anybody Who's Reading This Book Doesn't Need Anything But to Recognize That They Just Need To Do It?

Indeed, That Is Correct. You See, Beautiful One, There are Those on the Earth Plane that are Magicians, We'll Call Them Magicians, Meaning You Have a Voice and You Have a Technique that Says Here, Follow This and There Will Be Those Who Follow. Why, Because You're Seeking The Knowledge. Once You Have The Knowledge Then You Become the Sharers of The Knowledge, Do You Not? You Share It Again to Thousands of Others. Those Who Pick Up With an Awareness Then They'll Share It Again, Will They Not? It is Simply What You May Call Individuals Becoming Awakened to The True Power Within Themselves. It Has Nothing To Do With the Technique, It is The Awareness That You Gather.

You Don't Have To Go To Anybody To Get It and that Sometimes Puts Them a Step Behind. It Seems Like Many Get Stuck With Doing That.

Indeed, But Why, Because Again They Say This Person Is a Master, I AM Not.

Oh, My. That's a Real Catch!

Indeed, and So You Must, All of You, Use Awareness. When You Connect With One That You Call a Master, Remind Yourselves, I Have Connected With This Master For Me to Be Aware of The Master I AM.

Thank You Malachi.

Turning Consciousness Into Awareness

Ask and You Shall Receive!

What Do You Want In Your Life?

Read Out Loud Three Times For Each Item

Barbara "Marrianna" Zimmermann

Turning On The Light Switch

Process

I Give Myself Permission To Change My Old Beliefs, Behaviors and Patterns and I Call Forth My Cognitive Awareness as I Claim and Choose To Be Fully Blended, Merged and One With the Following as I AM Turning on The Light Switch of:

Divine Wisdom
Health
Memory
Intelligence

Divine Knowledge
Fearlessness
Total Recall
Detached Compassion

Light Body
Universal Mind
Ideal Weight
Pain Free Body

Compassion	Abundance	Eye Sight
Communication	Vitality	Computer Skills
Give/Take Love	Inner Light	Soul Mate
Unity Consciousness	Golden Kundalini	Cosmic Rays
Sacred Marriage of Self	Healing Abilities	Moses
“IS” The Creator	Malachi	Mary Magdalene
My Guides	Mother Mary	Goddess Maat
Goddess Jezebel	Quan Yin	Twin Flame
Earth	Whales/Dolphins	Divine Plan
Crystals	Divine Complement	Peace
Lord Jesus	Fifth Dimension	Harmony
Worthiness	Self Respect	Courage
_____	_____	_____
_____	_____	_____

Cities of Light

Alright, We are Looking at What is Called The Cities of Light. Again You're Looking to the Multi-Dimensionalities of The Grand Universe. You're Looking At a Sound that Can Be Called Cities of Light Upon the Earth Plane. Those that Are Cities of Light in the Etheric Realms. You're Looking at Vibrations that Are Inter-Planetary, Inter-Galactic. Those Vibrations Are What Are or You Can Call, Assisting Vibrations of The Grander Universe, for the Beautiful Movement of The Earth in its Grand Transition. Those Upon the Earth Are What You Call the Anchor Points. Anchoring The Lights of The Ethereal Realms Into the Beauty of The Earth Realm. Now, Do You Have to Know Exactly Where The City of Lights Are? You Do Not. You Know Why? For Those Who Are on the Ethereal Realm You'll Simply Have to Ask Yourself, I Here Desire to Enter Into The Cities of Lights in the Beautiful Ethereal Realms. Where Are You?

Can We Create a City of Light Here On Earth?

Indeed. To Create Your Own City of Lights, You Will Remind Yourself, it is That of Carrying High Intent, is it Not? It is That of Creating the Greatest Balance Within You, That Is Appropriate for You at a Given Time. Then it Is Allowing Yourself to Work Through the Dimensions of Consciousness, Meaning to Focus on Each of The Dimensions, Allowing Your Personal Bodies to be the Channel of Absorption of the Energy Fields. That Each of You Who Choose to Come Into Group Formation will Say to Yourself, I'm a Part of the Building of The City. So You Would Be One House of The City of Lights. Another One Would Be Another House of The City of Lights. Your Being Would Be a House. It Is the Channeling of the Energy Through the Frequency Called Your Conduit of Your Holding Within the Temple of Your Bodies.

Beautiful One, Here You May Note This. Your Body Must Be Well, Must it Not? In Order to Allow such Penetration of Light, To Not Throw the Circuits of Your Whole Being Out of Balance. Every Individual Can Choose to Be One of the Beautiful Houses of the City of Lights.

Can You Think of Anything that Would Be to the Highest Good to Mention in the Book For the People?

You May Mention Unto Them As to All of Your Human Beings. All of You are Forming a City of Light, a Building of The Light. And as Each of You are Coming Unto Such an Awareness Then Each of You Will Be of The Temple.

I Knew It Shouldn't Be That Somebody Should Lead It. It Doesn't Need a Leader.

Indeed, In the Presence of Each One, Each Individual, You are Called Unto Deep Spirit Level of Yourselves, to Become More and More a City of The Lights, a Building of The City. A Temple That Is Not Only Allowing The Light Frequency To Enter and Expand But Also To Be Shared Not Only to Your Own Selves, in Small Groups But have Your Whole Nation Called Humanity.

How Do We Do That?

It is By Each Individual Recognizing Their Light Vibration that They are Accepting and Holding Within Themselves That All Life is Holy.

So that Would Be a Correct Way for Me To Say, They Could Become The City of Light If They Do Their Homework.

Indeed. Indeed.

When They Wake Up to the Fact That They Are The Light.

Indeed, Indeed.

Thank You Malachi.

“Ask, and It Shall Be Given You; Seek, and Ye Shall Find; Knock, and It Shall Be Opened Unto You.”

Matthew 7:7