

How to See Your Spiritual Guides

Remind Yourself You Are The Tuner. You Are The Light. You Are The Tuner You Allow Yourself to Tune from Your Tuning, We'll Call It Tuning Fork. Shall We do That? And it is Contained Within You. What Do You Do with it? Well, Beautiful One, Notice How Your Imagination is Already at Work to See Something Within.

Oh, Yes, I Want to See You, Malachi. I Want to See My Spiritual Guides. How Do I Do That?

*Well, Let's Have a Giggle and Say, **LOOK INSIDE FIRST!***

Do You Mean Going Into the Sacred Spot in My Heart?

Indeed, that is a Good Place To Be and to Remember. Beautiful One, When You Come Into Your Internal Body, Everyone of You Know You've Got a Brain and a Skull and You Have this Beautiful Whole Matrix of Energy That Pumps the Blood Through the Whole System. You Know You have Organs and Tissues and Muscles and That Is Not What We're Asking You To Look At.

We're Asking You to Look In The Spaces of the Spaces of That Internal Essence Called Your Body. As though in One Respect it Was Nothing But an Empty Shell For the Temple. Contained Within is the Frequencies of Light Vibrations that Allows You to Acknowledge the Tuner. The Vibrations that Here, Beautiful One, Vibrate to Such a State that You Can See Within Everything You Believe Your Eyes Must See Outside of You. You'll Not See the Outside of You, Until You See the Inside of You. So You May Say Yes, I have Created The Temple Within My Heart Space and That Is Where You Begin. You Know That In Your Heart Space, You're Not Looking At the Heart Muscle, You're Looking At The Temple, Are You Not? From there, as You Allow Yourself the Position of Consciousness You Call Sitting. Being Receptive.

You Say Unto Your Inner Beingness, I AM Very Ready to Sense the Vibrations of The Higher Self that is Contained Within Me. To Allow for Myself to Have The Visions of All That Passes Through Me, Through My Life and Into My Experiences. To Allow Yourself To Begin to Feel the Sensations That Move Through the Whole Beingness that All Represent Not Only Your Spirit but the Spirit Essence of All Living Beings. That is Certainly From the Element First Called The Source, The Isness, In All of the Multiplicities of Existence.

They All can Be Known From Within Yourselves. You Yourself, You'll Not Complicate It Too Much or You're Going to Be Worried About How Much You Cannot See Because there is Now Too Much To Be Seen. So then You'll Get Individual With It. You'll Call First Upon Moses for Moses Has Assisted You and Walks With You. You May Call Me Forward, I'll Come and Sit With You in Your Inner Temple and You'll Feel the Individuated State Called Malachi. Will You Allow Yourself To Do That? Feel the Sensations then You Allow Yourself to Realize There's Only Radiance in the Sensations, Then Allow Yourself to Notify Your Consciousness. Let Me See The Light Frequencies, the Color Frequencies that Are Bouncing About in My Inner Consciousness as the Interaction with Individuated States That Are Occurring. As You Begin to Allow and Feel These Sensations, These Visuals of

Color, Beautiful One, then You'll Take Your Next Statement. "I Ask, Is My Inner Eye Able to See the Formation?" Then the Individuated Aspects Will Take On Formation. Then You'll See Ourselves as Individual Beings. Do You Understand?

You Become More and More and More Aware of the Frequency, the Vibration of Essence That Is The Signature or the Identification of Each Level, that of Moses, Here We'll Call That of Isness, that of the Beauty of Your Higher Self, that of Malachi, that of Any of the Guardians Who You Wish To Communicate With. As You Begin To Do That, Beautiful One, Then You're Going To Do the Next Level For You'll Say, "I Have Optical Eyes of the Human Body and I Know that Through My Optical Eyes I Can See the Spaces Within the Spaces. From Here and Across the Room for Which I Sit and as I Do That, I Would Like to Feel, Sense and Recognize the Radiant Vibrations that I Can See With My Eyes Open The Optical Vision Can Allow The Spirit Vision To Occur in My Own Room In which I Sit."

Then We'll Ask You to Be Very Patient, Calm and Observing While the Frequencies Shape and Form For You. Remember, the First Connector Is To Feel. Then When You Feel, That Vibration Will Radiate For You To Such An Extent, You'll See Color. Then That Vibration Will Begin a Formulation Forming What is Called That of the Symbolic Body for Which You're Attempting To Look At.

Oh, That's Exciting! Thank You Malachi.

Moving Out of Duality

Can You Assist Me in Moving Out of Duality Into the Field of Triality?

The Assistance Simply is to Tell You to Do It.

Oh, I Just Need to Get Out of the Way!

Indeed, For You Already Are It. You See. You Are Already in Triplicity Indeed, Your Duality Is Always and Why Not? It Is The Experiences That Allows You To See All of The Experiences of The Universe. The Universe Is a Duality as Well as The Triplicity and as Well as a Oneness.

So It's Like Changing a Radio Station?

Indeed, Very Good, Very Good. It Is You Changing Vibrational Awareness, You May Call It Changing Frequencies. Your Dual, Your Triple, Your One. Your One, Your Triple, Your Dual.

Thank You Very Much, Malachi.

Activating and Integrating the Rays

Can You Assist Me in Activating and Integrating the 10th, 11th and 12th Rays?

Beautiful One, Whenever Here You'll Give Yourself a Gift. Whenever Any Individual Human Being Becomes Aware of The Vibrations of The Rays, They're Already Integrating Them. They're Bringing Into Cognitive Awareness and Then You Allow Yourself to Recognize, What Is It I Already Feel? How is it I'm Already Utilizing These Vibrations. Then You Become Aware and You Make an Alignment. Now We Have a Secret of Your 10th Beautiful Ray of Light. The 10th Beautiful Ray of Light Is Earth.

Oh, is it Really? So When We Get Our Negativity Cleared and Balanced on Earth, Then We Get That Integration?

Indeed, That is The Great Mystery, The Beauty of the Sacredness Within You.

Then You Know That You are Really God and That's Not Strange to Me Now Because It Rolls It All Together.

It Does Indeed.

Thank You Malachi.

The Two Etheric and Immortal Chromosomes

How Can I Activate the Two Etheric and Immortal Chromosomes Within My Body? Is That Something Totally Different?

Indeed, a Bit of the Different State Because It Becomes Part of The Physical Realm to Be Mutating, Physical Body. You're Not Ready Yet.

Ok, So Once I'm Through Mutating, Then I'll be Able to Do That?

Your Soul In Its Evolution Is Caring Very Deeply, How To Do The Mutation for The Earth Realm Vibration and the Beautiful Vibration that Then Extends You Into a Greater Awareness. Beautiful One, You've Often Heard Yourself, You're But a Cell Within The Body of The Divine. The Divine is But a Cell Within You. As You Activate at These Greater Levels and You Open Up to Different Levels of The Chromosomes You Will Allow Yourself To Know This. So It Is Not Simply You That Is Making the Change. It Is The Collection of Consciousness Upon The Earth and Within Your Milky Way Galaxy.

Is that Our Ascension When We All Finally Ascend and Come Full Circle?

Indeed.

I Don't Know Why I Don't Understand. Do Other People Understand?

Other People Do Not Understand. For Very Often You Read a Language You Even Are Inspired By a Vibration of Guardians and, Yes, It Must Pass Through the Human

Perception Levels, Must It Not? Not Often is it Brought Through the Shifting Passage With the Purest of Clarity. Why, Because There's Still an Evolution Taking Place Here.

I Know Some People Just Aren't Interested in What I'm Interested in. It Simply Doesn't Mean as Much to Them as it Does to Me.

That is Because, Beautiful One, You Said On This Journey In This Incarnation, I AM Coming in With a Great and Deep Desire To Know Much More and To Have Comprehension. Yes, You Did Agree That You'd Be Part of The Partnering With Others, That You Would Share As You Learn, Whether They Could Conceptualize It or Not.

Oh, Because it Plants a Seed. Thank You Malachi.

Mutation

Do All the Challenges I'm Having With My Spine Have Anything to Do With My Mutating?

It Has Been Part of the Mutation, Yes, Beautiful One. As You Have Been Attempting for Some Decades of Your Time, Have You Not? To Change The Vibration of the Physical Realm to That More of The Light Frequency, Yes, there Has Been What You Call Discordance to the Physical Body, Has There Not? While it is Saying, "I Must Shift and Yet the Density of My Ancestral Memory Is Very, Very Strong." Yet There are More and More of You that Are Willing to Allow the Shifting To Occur. So the Mutations of The Bodies Must Come With It and, Yes, That Will Include Physical Discord and Discomforts, That which You Call Misalignments. Yes, You Must Constantly Consolidate, Come Back Unto Yourself and Be Very Alert, that You Are Not Creating a Greater Imbalance and Therefore Causing More Diseases To The Body.

Thank You Dear Malachi.

Malachi and Moses' Messages September, 2007

Do You Have a Message For Me Before I Ask if Moses Does? You See How I'm Struggling.

Beautiful One, You Are Achieving. You're Not Struggling. You're Achieving and Understanding and Whether It Be One Layer After Another, You Return Again To a Level You Thought You Knew Before and Then Rising Again to Another Level. It is All Happening. Know That of Yourself. From Your Beautiful Moses, Be Known Unto Yourself, that Moses is Working With Your Spinal Column, to Help with The Light Frequencies, to Help With The Healing Powers. Know This, Beautiful One, for Moses Says to You, "I Have Assisted In Prompting the Ideas Unto Your Consciousness and Your Medical Team To Help You Find the Right Placement of Your Energy Field."

Thank You Very Much, Moses. I Do Appreciate It. Today is the First Day I've Had So Much Energy. It's Like I'm Alive Again. Thank You.

Alright, Beautiful One, Take Blessings For Yourself From Moses, from All of Us Here Present For Quan Yin Has Indeed Stepped Forward in The Vibration. The Lord Jesus Here Stepping Forward To Give a Vibrational Blessing Unto You. You Understand. That of the Beautiful Saint Germaine Stepping Forward To Give a Blessing Unto You. Yes. Kuthumi Brings a Blessing, Oh, Here You Have a Great Deal of Masters That Are Revealing Themselves In This Very Moment.

Alright, We Have a Giggle from Maat, Goddess of Your Universe, She Says, "Please Acknowledge Me." So We'll Acknowledge Maat Here As You Have Called Maat Forward, She Can Assist You. Alright, Beautiful One, Then To You Be Blessed In Your Bliss and Be At Peace.

Oh! Thank You All! I AM So Grateful!

My Fear of Sharing

Beautiful One, We'll Say Greetings unto You this Day, Greetings. Now, Beautiful One, We'll Ask You again to Take Several Breaths into Yourself into Your Inner Consciousness, to the Divine Center of Your Whole Being. As You Do this We're also Going to Ask You to Notice that You are a Cylinder of Light. That Light Not Only is Through Your Whole Body, it Extends Above You and Well Below You Into the Core of the Earth Mother. Do You Understand?

Now as You also Align with this Beautiful Vortex Energy Field, We'll Remind You, this Allows You to Feel The Blessings of The Divine. You Understand? It Allows You to Receive the Vibrations Necessary for What is Called the Healing for Here This Day. We're Going to Ask You to Work With Us that Your Consciousness Will Abide in This Beautiful Vehicle, Human Body, to Such a State, it Be Willing to Allow it To Heal. Now as Always, it is Very Important to Discover what is called the Psychological Nature Behind the Throat, Is It Not? Now Alright. Beautiful One. Let Us Have a Giggle. You Have Been Working on the Element of Your Book to Bring a Message to Humanity, Are You Not? Contained Within it are Several Realities. Once You Have Written It, You Must Bring It Out to Humanity and, Therefore You Must Have a Communication to Humanity to Receive it, Must You Not? In Communication it Means the Use of Your Throat. The Use of Your Words and the Use of Your Truth. You Understand?

You Have Known for the Very Long Time What is Called the Magic of the Mind, the Magic of Spirit that Moves Through the Mind Through the Body and to the Wholeness. You, Beautiful One, Have Comfortableness When You are with the Groups of People that can Comprehend what You're Speaking. That You Feel Uncomfortable When You're with Groups of People Who Do Not Comprehend It. In Your Own Subconscious Mind There is a Realization That You are About to Spread the Word Beyond Your Comfort. That You're About to Allow More than Your Group of Companions to Hear It. This has Left Your Body Responding to Fear.

Now, in that Response, Beautiful One, You Have Created a Bit of a Mystery, Have You Not? What is the Agency Within My Body that Does Not Allow the Throat to Clear, that Continues to Release what is Called the Phlegm in the Body and Continues to Cloud Your Ability to Fully Speak.

*Now, Beautiful One, Yes, We Will Ask of You to Utilize Your Beautiful Consciousness that Says unto Your Own Self, **I AM Able to Release My Words Unto the World, Without Fear or Any Care. For if You Care, Beautiful One, You're Overly Concerned. If You Release it as You Will Acknowledge, I release The Voice of God Unto The World.***

Oh, How Simple. It's Always Simple. I Just Have to Get Out of The Way!

*Indeed, Worry Not, that which You are Sharing is That of The Isness and so You Will Say to Yourself, **I Will Move Myself. I Will Allow Whatever My Voice Needs to Speak in Order for Others to Become Curious, to Learn and to Explore. I'll Worry Not That It is Going to Matter or Make a Difference Unto Me, Understand? For What You're Seeking is to Make a Difference Unto the Consciousness of Your Human Brothers and Sisters.***

Oh, I Truly Know It Will Help Them and It's Ok, if It Doesn't.

*Indeed, that is What You'll Remember. **It Does Not Matter For You. It Matters For The Divine, The Voice of The Divine Through You.***

*Beautiful One, We Will Use the Term, **Empowerment**, and I would Ask of You to Let Your Mind Sink Into Your Throat, Into the Back of Your Throat and Feel the Word Empowerment Even Unto Yourself. What Does Your Unconscious Do with This Word, Empowerment?*

I Feel Better.

*It Feels Better. There is a Difference, Is There Not? Feel You're in a State of Empowerment, Beautiful One, You Feel Different. Now, Let Us Use Another Word and Have You Feel That in Your Throat. Acknowledge as You Release This Information From Your Mouth, From Your Written Word. **You Are in a Position of Power.***

I AM Experiencing Empowerment Instead of The fear.

Indeed, and So Unto Your Own Self, Beautiful One, You Must Allow Your Unconscious to Lead with The State of Empowerment, Not State of Fear, Not that of What is Called Explanations of What All Others May Assume. You're Telling Them About Releasing States of Themselves that Have Kept Them From Their Empowerment. Do Not Worry, Let Them Find Their Way Through the Maze of Wisdom You Are Providing.

You have Created a Variety of Irritation Into the Holy System of Your Body. As the Irritations Have Been Moving Through the Cells of Your Body, it is Affecting the Back of Your Throat, the Beautiful Esophagus, Itself and Even Unto Lungs.

Power Point of Communication, the Ears, the Nose, the Throat. Do You Understand? In the Beautiful Esophagus, the Power of Breathing, the Beautiful Lungs the Power of Breathing, Do You Understand? Concern of The Life Breaths You're About to Release Unto The World.

I Noticed This Morning, It Wasn't When I Took a Breath In it's When I Let the Breath Out.

Indeed.

That Is My Fear!

Release the Energies You're Concerned About. Now Beautiful One, You Have Contained Within Yourself This Wisdom for a Very Long Time, Have You Not? Now, Let Us Have You Consider Another Reality. You're About to Release The Wisdom You Have. You're About To REBIRTH.

I Know on a Subconscious Level It's Totally Into Another Dimension and I Want It But AM I Afraid Something's Going To Happen To Me!

Indeed, Indeed, Indeed. Beautiful One, You're Even Afraid of What is Called the Unknown Happening!

Yes, I AM. The Other Half of Me Knows it Will Be Beautiful and Blissful.
Indeed, You Want To Bring the Two Halves Together Do You Not?

Yes, I Do!

So That You're Not Creating the Destructive Force to The Body or to The Worries. Now, Beautiful One, You Have Come Through Many Evolutions of Yourself in Higher Awareness Over the Many Years on This Earth Plane. We Say, Yes, You Have At Times Taken Yourself Into the Dimensions in Which The Body Was Not Ready and Created the Flow of the Energies Electromagnetic Field Did Indeed Cause a Bit of that Which is Called Destruction Unto the Body, Did It Not? Yet as You Have Been Hearing for Some Time, This was the Power of Choice, Beautiful One, for You to Explore and Experience and Also to Demonstrate. Do You Understand? You are Now About to Lift Yourself Again to Dimensions of Releasing Energies Unto The World and There is a Part of Your Unconscious That Is Afraid. What Will It Do to Me, My Physical Body?

Because of All the Other Things I Have Experienced?

Indeed, Now, Beautiful One, We Shall Say Again It Does Not Matter. If You Worry if It Matters You Worry Your Body Into Destruction, Will You Not?

I Don't Want To Do That. I Already Did That, Malachi. That's Why I'm Going Through This.

Indeed, Indeed, and So You'll Say, Again, I Release These Words, The Voice of The Divine, it Matters Not Who I AM, It Matters That The Gift of The Divine is Brought Unto The World. No One and No Thing Will Do Me Harm. No One and No Thing Will Do You Harm. Remember That, Beautiful One. Affirm That.

I Will, I Believe In That. Thank You. That Resonated Into Every Cell of My Body Like Honey Pouring Through Me. Thank You. I Needed to Hear That!

Indeed, and it is Causing a Response to the Lung System that is Very Good By Removing From the Lung System, Beautiful One, Both the Worry as Well as One's Grief. Do You Understand? The Center of The Heart Chakra, the Backside of Yourself, You See? With that, Beautiful One, There Will Be the Worry of What You Experienced In Previous Lifetimes. How What was Done Unto You When You Have Opened and Shared.

It is to Remind Yourself This is Not a Life with Which You Will be Destroyed for The Work You Have Done. This is Not a Life That Your Soul has Chosen to Enter Into That Others Would Stone You, Beat You or Kill You.

I'm Getting that I Should Include This in the Book so That Others Who Are Having This Same Fear Will Be Able To Let It Go.

Indeed.

Oh, It Was Worth It.

You See, Beautiful One, There are Many of You Who Walk the Earth Who Have Shared Wisdoms Before and, Yes, Have Been Destroyed or Harmed. Understand? So Now As the Evolution of Human Consciousness Continues to Evolve Into The Light, More of You Return to Participate, to Share Wisdom in Which You'll Not Be Harmed. In Which You Can Also Release Unto The World The Wisdom Without It Matterng. That You can Let Yourselves Go Free for You Will Recall, I AM An Agent For Divinity.

That is Beautiful. Thank You Malachi.

Healing The Body

I had Pneumonia on and off for Three Months when I had Almost Completed This Book. When I Asked What was Causing It, I Found Out It was Caused by My Fear of Sharing This Book. This is How Malachi Assisted with My Healing. This Same Healing Can Heal You, If You Ask, For We Are All One!

Process

Allow Yourself to Open Unto Your Own Physicality. Feel the Energy That is Moving and Pulsating to All Parts of Your Body, Bringing Healing Unto You. As We are Doing this, Beautiful One, You Will Gift Unto Yourself an Awareness that We Have Taken Your Essence to the Agency of Your Spiritual Permission Into the Very Iron Core of The Earth. The First Dimension in Which The Light of The Divine is Contained and Radiating to Guide The Earth Peoples. It is Here that We're Asking for The Spiritual Guardians of this Realm to Hold You into Containment while the Vibrations of The Crystals are Radiating Healing Qualities in and Through You. As You are Sitting Here with Us, in this Realm of The First Dimension, We Will Ask You to Feel The Encasement of the Beauty of This Light, the Beauty of the Frequencies of the Crystalline Formations. Feeling Yourself as Though in this Cocoon You're also Capable of Traveling Within the Cocoon. Now, How Will You Travel? Well, Beautiful One, We'll Ask You to Feel Yourself in a Wonderful Crystal and Follow Its Ascension. We Shall Pass What is Called the Second Dimension of The Beautiful Core of The Earth Called Molten, will We Not? With that it Will Heat the Radiance of Your Crystal Container. Again, Allowing for Energies of Purification to take Form. While We are Doing That, You Will Allow This Vibration to Help Purify Your Whole Body and that Particularly of the Energies that are Called The Pneumonias.

Now, You Will also Allow What is Called Another Level of Ascension. That is Bringing Yourself Passing Through the Third Dimension. Do Not Stop There. Bringing Yourself Into the Ascended Vibration Through this Beautiful Container Called The Crystal Into The Forth

Dimension. Here, Beautiful One, You are Connected to Beautiful Guardians Again, Are You Not? These Guardians Desire to Help Again with The Crystal Centering Within You. The Container Around You. To Pour Forth Light Frequencies That Heal The Body But Here Again at Higher Dimensions. As You Continue to Ascend in The Fifth Dimension, This is Where You're Going to Rest for Here We Will Blend The Energies of Fifth and Forth Dimensions that Archetypal Energy Frequencies of Perfected Body, Are What Your Body's Taking On. Feel It and Feel The Blessings of Guardians that Are Standing About Your Crystal Formation. Do You Hear the Coughing?

Yes, Do You Need a Drink?

No Indeed. It is Clearing. She's (Katherine Torres) Allowing Us To Utilize Her Physical Body to Help You Cough Out.

Oh, Sweetie. God Bless You.

Now, Beautiful One, The Guardians are Helping to Pull It Through. Note That. Through the Blessings They Are Asking Your Physical Essence to Rest. And the Beauty of Their Vibration That Continues to Being Holy Light, Holy Light Simply Means Balanced Light. Sacred Light of Your Divine Center Emerging from What You Call the Core of Yourself and Into Your Physical Reality. Now, Allow Yourself to Sense the Essence of Your Own Body, Physical, and You'll Feel How the Cells of Your Body Are Beginning to Vibrate a Little Faster.

Yes, it's Sparkly Like They're Bubbling.

Indeed, Indeed. That is the Process in Which the Changing of the Elements of The Body are Occurring. Why, Because, Beautiful One, You've Got to Get Them to Move in Order to Get Them to Dance Into a New Light Frequency and to, What We'll Call, Wring Out That Which is the Toxicity That is Taking Place in The Body While You're Changing. While This Toxicity is Being Released, Allow Yourself to Seek Out, Radiate Out From Your Beingness and Into the Grander Universe, Where It Is Transformed Even at Higher Planes. Then You Will Allow Yourself to Feel What is Called The Radiance of Light That as Pure Beings are Blessing You With. As They Do, Beautiful One, We'll Ask You to Notice This. They Come Forth to Assist You to Take in the New Rays of Light. Why, Because, Beautiful One, You Have Chosen, You Have Said, Yes, I Desire To Be a Participant in the Changing of Time, the Changing of Light and the Frequencies of Human Bodies. They Are, Here You Call Them Traveling Energies of The Divine. They Are Indeed, and They are Indeed Masters that Help The Containment of This Light Pass Through Your Cells of The Physical Body Here in The Fifth Dimension.

Now, as They Continue This Frequency of Light Through You, They're Going to Help You Descend Once Again Into The Forth Dimension. As They Do That, Beautiful One, We'll Ask You to Feel Yourself Resting in The Fourth Dimension. Again, The Fourth Dimension is a Powerful Vibration that Allows for All of The Collective Fields of Energies Within Your Cells to Reformat Before Entering The Earth Plane.

Now, as the Shields are Being Held Within Yourself as The Guardians are Containing Light with You, Allow Your Body to Begin to Feel the Cells Calling, Reassembling You Call It. Now, As They Do That Then There Will Be a Descent Again. You'll Pass Through The Third Dimension but Not Stop There. You'll Pass Into The Second Dimension and Not Stop There.

You'll Pass Into The First Dimension, Again, Into The Iron Core Crystal. While There You'll Feel Yourself Reassembling Into a Third Dimensional Body. You'll Realize that You Have Returned Unto This Beautiful Core of The Earth, a Vibration of Healing Wisdom. Not Only for Yourself But That Which Can Be Shared Amongst All Beings That Live Upon The Earth, All Inhabitants of The Earth and The Inner Core Inhabitants.

Then Beautiful One, as This Takes Place, You'll Feel Yourself Ready to Emerge from The Crystalline. As You Do Feel the Sensation of Ascension Once Again. Now You're Going to Pass Through the Second Dimension and it will Leave an Imprint in the Second Dimension Called the Creative Powers to Restore Bodies on The Earth. Ready for Others to Utilize as They Pass Into The Second Dimension At Any Time the Thought Forms Will Help. Then You Will Ascend Yourself Again into The Dimension Called The Third Dimension. The Place in Which Matter Takes Form as Human Bodies, Plants, Animals and All That Inhabit the Beautiful Earth Plane.

As You are Feeling Yourself in that Ascension, Feel Yourself in the Very Present Moment As to Who You Are. Realize The Body Has Taken on a New Frequency and Note That It Will Continue to Work Through The Third Dimensional Body Reality to Help You Release that Which is Called the Toxicities of The Body and Allow The Light That is Now The Frequency of The Inner Core to Be What Is Helping To Heal You and What is Helping You Bring Forth Light Frequency.

Oh, Thank You, Malachi.

**“Blessed Are They That Shall Know Their
Light and Speak Their Knowing and
Share Their Love, for They Are
The Workers of Light.”**

Lord Jesus, Master Sananda