

**MY AKASHIC RECORDS**  
**SACRED CLEARING SESSION 8**  
**Mind Inter-Connection and Alignment**

**Read This Out Loud! There Is Power In The Spoken Word!**

**Barbara “Marrianna” Zimmermann**  
**Breaking and Rescinding Negative**  
**Vows and Agreements**

I Take 3 Deep Breaths and Exhale... Allowing My Awareness to Drop Down Within My Body as I Feel and See Myself Ignite, Blend, Merge and Become One With My Mighty I AM Presence, God/Goddess, “IS”, The Creator of All That IS and Lord Jesus, Master Sananda, Mother Mary, Quan Yin, Beloved Moses, Beloved Malachi, Buddha, Saint Germaine, Archangel Raphael, Archangel Michael, All The Ascended Masters, All My Guides and Council and The Heavenly Host and I Ask You to Envelop Me in The White Electronic Light Substance, Making It so Strong That No Human Creation Can Penetrate It. I Ask My Special Guides and Council to Control All My Energy and the Energy of Any Light Beings or Dark Forces around Me. I Ask to Be Protected and Shielded from All Harm.

I Request that Beloved Moses Please Step Forward and Lead Me Out of All My Mental, Emotional and Physical Bondage that I have With the Dark Forces. And I Request the Loving, Healing Powers of Archangel Raphael to Heal Me. I also Request the Protection and Wonderful Sword of Archangel Michael to Cut the Cords that Bind Me to The Dark Forces and The Third Dimension. I Ask Saint Germaine and The Violet Consuming Flame to Clear and Transform All My Negativity. I Ask Quan Yin and The Opalescent Flame of Pure Compassion and Unconditional Love to Assist in My Healing and Transformation Into Peace, Love and Harmony. I Ask Lord Jesus, Master Sananda, for His Blessing and Guidance. I Request All Your Assistance in Breaking and Rescinding All the Negative Vows and Agreements that I have made Knowingly or Unknowingly with The Dark Forces, as They No longer Serve Me.

Therefore, I Now Formally Break and Rescind Each and Every Vow and Agreement that I have Ever Made in this Life or Any Life, in this Body or Any other Body that was Not to My Highest Good. Please Heal, Clear, Repair, Encase, Remove and Make Null and Void All that is Not Serving the Highest Good For All that are in My Past, Present or Future Lives.

For It Is My Intent to Transmute, Transform, Remove, Heal, Clear and Forgive All My Issues, Traumas and Dramas, Bringing Them All Back into Balance and Replacing Them With God’s Divine Original Blueprint of My Perfection Now with Ease and Grace.

I Also Request an Akashic Record Clearing for All My Ancestors Back to the Beginning of Time, IF Their Souls Give Permission and it is to the Highest Good for All.

I Also Request that All the Akashic Records for All the Aspects of My Beingness on All Twelve Levels of the Third Dimension, Receive a Clearing and Healing, IF Their Souls Give Permission and IF it is to the Highest Good for All. **I Ask that After All the Clearings and**

**Healings are Completed that All Aspects of Myself be Invited to Merge with My Beingness, So We can All Experience Our Wholeness Now.** I Ask that All Aspects of My Total Being be Balanced, Healed, Aligned and Unified Back Into Wholeness. I Request that This be done in Divine Timing and I Ask that You Bless Us All Indeed!

I, Therefore, Humbly Request that Spirit Release and Heal All of My Obsessing Negative Influences Connected with My Mind Inter-Connection and Alignment.

I Give Myself Permission to Heal and I Ask That You Please:

Release, Remove and Heal All My Blocks Preventing Me from Aligning All My Aspects of Myself Back to The Creator God All There IS.

Release, Remove and Heal All My Genetic Negative Influences Preventing My Mind Inter-Connection and Alignment with the Creator.

Release, Remove and Heal All My Blocks to Command Codings Blocking Inter-Connection and Alignment with My Holographic Restructuring to Higher Consciousness.

Release, Remove and Heal All My Blockage with Shifting Patterns and Structures on a Holographic Planetary Scale.

Release, Remove and Heal All My Blocks and Encodements that make It Difficult or Impossible for Me to Manifest Heaven on Earth,.

Release, Remove and Heal All Blocks in My Physical, Mental, Emotional and Spiritual Bodies that are Blocking My Creativity and My Self Expression of Spirit.

Release, Remove and Heal All My Encodements Blocking Harmonic Toning from Higher Dimensions.

Release, Remove and Heal All My Encodements Causing Me Fear and Anxiety to Know and Express My Divine Purpose.

Release, Remove and Heal All My Blocks In Receiving the Male or Female Frequencies of Divinity.

Release, Remove and Heal All My Blocks in Energy Patterns to Comfort, Compassion and Nurturing of Myself and Others.

Release, Remove and Heal All Implants and Devices In Me Blocking, Fourth, Fifth, Sixth and Seventh Dimensional Structures from Fully Interfacing with the Divine Plan.

Release, Remove and Heal All Blocks Preventing Me From Receiving Positive Evolutionary Encodements.

Release, Remove and Heal All Blocks In My Integration of Genetic Encodements of Multi-Species and Multi-Universal Encodements in My DNA that Are Not to My Highest Good.

Release, Remove and Heal All Encodements that Block My Ability to Integrate, Positive Ascended Master Extra-Terrestrial Perceptions and Orientations Into Humanness and the Hologram for Life on Earth.

Release, Remove and Heal All Blocks In My Inner Divine Systems and My Abilities to Integrate a Vaster Sense of Identity with the Creator.

Release, Remove and Heal All Encodements that Block My Inter-Connectedness Within the Universe and Awareness of Myself and Other Species on Other Ascending Planets Within the Galaxies.

Release, Remove and Heal All Blocks to Me Accessing New Brain Function and Non-Human, Higher Positive Perceptivities and Skills.

Release, Remove and Heal All Blocks Preventing Me from Becoming a Coordination Point for the Ascension Process which Goes Across Multiple Universal Systems, Multiple Planets and Multiple Species Types, if this is to My Highest Good.

Release, Remove and Heal All Encodements that Block My Ability to Manifest My Essential Nature through Human Form.

Release, Remove and Heal All Blocks to Accessing and Manifesting My Piece of the Divine Plan With Confidence, Clarity, Focus, Joy and Financial Rewards.

Release, Remove and Heal All Blocks to What Is Essentially **Me, My I AM Presence**, Beyond the Human Cultural Context.

Release, Remove and Heal All Blocks In My Mental Body Preventing Me from Following Spirit Without Hesitation and to Integrating a Vaster Sense of My Identity Now.

Release, Remove and Heal All My Residue of Encoded Toxic Fear, Anxiety and Feelings of Unworthiness Within My Body's Consciousness and Unconsciousness.

Release, Remove and Heal All My Blocks to Receiving My Gifts from Spirit and Accessing the Christ Level of My Oversoul and Manifesting It Here on Earth Now.

Release, Remove and Heal All My Encodements that Block My Evolutionary Synergies and Grids Affecting Clear Focus and Alignment to Higher Goals and Visions.

Release, Remove and Heal All My Blocks to Bring My Perfect Heavenly Body into Light Body Form Here on Earth Now with Ease and Grace.

Release, Remove and Heal All Blocks to Opening My Inner Sight and Vision to Other Dimensions thus Destroying the Possibilities of Magic, Miracles, and Play in My Life at Higher Levels.

Release, Remove and Heal All Encodements that Distort My Focus and Pranic Breathing.

Release, Remove and Heal All My Stress in the Mutational and Ascension Process which Blocks My Joy and Delight in Becoming Light.

Release, Remove and Heal All Blocks to Me Making Complete, Conscious Contact with Spirit Now.

Release, Remove and Heal All Blocks in My Conscious Mind Preventing Me From Receiving Multi-Dimensional Perceptions.

Release, Remove and Heal All Blocks to My Integration of Holographic Changes.

Release, Remove and Heal All Blocks that cause Me Confusion of Inner Reality with Outer Reality and Vice Versa that are Not to My Highest Good.

Release, Remove and Heal All My Inability to Recognize and Alleviate Causes and Symptoms of My Denial and Delusion of My Spiritual Significance and Spiritual Ambition.

Release, Remove and Heal All Blocks to My Staying Centered and Calm in the Midst of Any Type of Extreme Change, Be it Personal, National or Planetary.

Release, Remove and Heal All Encodements that Increase My Negative Reaction to Transformational Shock, Trauma, Pain and Disbelief.

Release, Remove and Heal All Encodements Promoting in Me the Desire to Focus on Negative or Destructive Possibilities.

Release, Remove and Heal All Blocks in My Mental Perception Affecting Negative Concepts and Feelings.

Release, Remove and Heal All Encodements that Block My Integration of Concepts of Teleportation and Translocation that are for My Highest Good.

Release, Remove and Heal All Implants that Block My Manifestation of Gifts from Spirit.

Release, Remove and Heal All Blocks that Prevent Me from Going through the Ascension Gates and Preventing Me from Awakening to Spirit and Higher Awareness.

Release, Remove and Heal All My Implants that Create Closed Systems, Ego Defense Structures and Denial and Resistance in Me.

Release, Remove and Heal All Fear Implants In Me that Control Communication on All Levels, Especially in Writing and Speaking Matters of the Heart and My Soul Purpose.

Release, Remove and Heal All Karmic Encodements that Block the Blending and Remembering of All My Previous Ascension Experiences.

Release, Remove and Heal All Blocks in My Divine Blueprint Receivers and Transmitters.

Release, Remove and Heal All Blocks to My Spiritual Emerging and Personal Transformation.

Release, Remove and Heal All Blocks in My Brain Circuits that Obstruct the Flow of Divine Energy From Entering My Spinal Column with Ease and Grace.

Release, Remove and Heal All Blocks Within the Grid System in My Brain that Hinder My Re-Alignment Into Wholeness.

Release, Remove and Heal All Blocks and Encodements Causing Veils Between Me and My Positive Solar Encoding.

Release, Remove and Heal All Blocks to Releasing Anti-Particles Called Miasms from My Body.

Release Remove and Heal All My Negative Implants, Imprints, Belief Systems, Blocks and Encodements that Remain that I Do Not Know How to Identify in Order to Ask for Their Removal at this Time.

Release, Remove, Sever and Heal All the Negative Forces Blocking and Controlling Me and Humanity from Awakening to What is Really Happening to Us, the Planet Earth, the Atmosphere, Global Warming, Illness, Homeless, Starving, Warring and the Mind Control Placed on All Levels of Military Hierarchy. Please Release All of Us from These Negative Pictures of Reality and Open Our Eyes to See, Ears to Hear and Hearts to Love with, Now.

Release, Remove and Heal All Negativity that Blocks My Balancing and Aligning and Unification of My Five Spiritual Energy Bodies Which are Necessary For My Spiritual Transformation. These Include My Electromagnetic Body, Epi-Kinetic Body, Eka Bodies, Gematrian Body and Zohar Body.

Release, Remove and Heal All The Implants and Imprints I Received in Lumeria and Sirius. That Cause Me Great Fear and Are Blocking Communication With The Higher Dimensional Levels and Masters.

Release, Remove, Heal and Clear All the Negative Blocks Hampering My Connection With The Treasury of Light and My Inner Evolution Back to "IS" the Creator of All That IS and My True Inheritance.

Release, Remove, Heal and Seal All the Negative Dark Energy and Thought Forms, Attachments that are Inherent In My Collective Unconsciousness and the Collective Astral Unconsciousness That Is Affecting Me In a Negative Manner.

Release, Remove and Heal All My Fear of Being Different and Stepping Out From The Crowd, to be Exposed while Living Consciously Aware of My Spiritual Self for Others to See.

Release, Remove and Heal All that is Blocking Me from Shifting My Power from a State of Externalized Disconnection to an Internalized Consciousness of Acceptance so I Can Know Who I Really AM Now.

Release, Remove, Clear and Heal All My Patterns of Reflection of the Unresolved Original Cause of Denied Rage Including: Fear of Powerlessness, Feelings of Blame, No Rightful Place to Live that Feels Good, Guilt Feelings, Separation from Spirit, Anger, Judgment, Feelings of Losing Myself and Losing Control of Myself, Abandonment and Fear, which were All Caused by a Misunderstanding at the Beginning of Time.

Release, Remove and Heal At the Core Causal Level, All My Deep Feelings of Unworthiness, Feeling Unlovable, Not Feeling Good Enough, That I have Really Let God and Everyone Down.

I Release All Emotions Tied to Hearing the following: You are Too Small to Understand, You are Dumb, You are Lazy, You Don't Deserve Good Things, If You Don't Love Me I Won't Love You, If You Don't Obey You Don't Love Me and If you Don't Love Me You are Ungrateful, Your Friends are Riffraff and Aren't Fit to Associate With, You Don't Take Care of

Your Clothes or Your Grooming, You Look Like a Tramp, Girls Who Are Easy Marks for Boys are Sluts, Boys Who Take Advantage of Girls are Without Character and Never to Be Trusted, You are Worthless, You are Not Worthy to Be Loved Nor to Be Accepted, Less Important, Second Class. Release the Belittling, Put Downs, Denigration and All the Barrage of Negative Comments and Accusatory Statements That Have Lowered My Self Esteem, Make Me Feel Less Liked and Less Loved and That I AM Not Worthy Enough to Fit in Anywhere. Please Release All At the Core Cell Level of Original Cause. Then Please Remove All the Illusions I Have that I AM Unneeded, Unwanted and Unworthy and Unloved in the Eyes of God. Please Replace these Misconceptions with the Pure Unconditional Love that I AM A Divine Child of God/Goddess.

## **Preparation for Clearance to Receive the Third Blessing**

**I Ask Spirit to Please Provide this Additional Sacred Clearing in Preparation and Clearance for My Third Blessing.**

Release, Remove and Heal All My Blocks and Raise My Vibration Level with Ease and Grace so My Physical Human Body can Handle the Increase in Light when I Receive My Third Blessing.

Bless and Expand My Body Consciousness Fully so it is Aligned in the Pillar of Light with All Necessary Dimensional Aspects of My Higher Consciousness.

Release, Remove and Heal Anything in My Akashic Records that Still Needs to be Cleared so I AM Complete and Clear to Receive My Third Blessing.

Release, Heal and Remove Anything that is Still on My Golden Web so My Soul is in Complete Balance and Wholeness and in Direct Connection with the Creator God.

Activate All My Life Purpose and Mission Codes Needed For My Third Blessing Now or in Divine Timing.

If Activation of the Front and Back of My 12-17 Chakra System is Needed Please Activate Them Now or in Divine Timing.

If Activation of My Triple Helix Is Needed to Receive My Third Blessing, Please Provide It Now or in Divine Timing.

If Repair and Empowerment of My Light Body Is Needed, Please Provide It Now or in Divine Timing.

If a Light Body Activation Bridge is Needed, Please Activate It Now or in Divine Timing.

If Any Light Body Integrations and Activations are Needed, Please Provide Them Now or in Divine Timing.

If All My Male and Female Lives in the **Now** Have Not Been Fully Integrated Internally and Externally Into My Body Consciousness At this Time, Here On Earth, Please Provide All the Necessary Healing Now or in Divine Timing.

If the Fabric Between Me And All My Parallel Lives that are Earth-Bound Have Not Been Healed, Please Provide The Healings Now or in Divine Timing.

If the Fabric Between Me and All My Parallel Lives From Multi-Dimensions That Are In The **Now** and are Requesting a Healing, Please Provide It for Them Now or in Divine Timing.

If All Clearings, Healings and Resolutions Have Not Been Made on All Levels with All Souls in the **Now** that Have Requested to Merge with Me, Please Provide All that is Necessary on All Levels Now or in Divine Timing.

If It is Appropriate to Bring All the **Healed Parts** of My Soul Self that are Separate, that are Parallels, that are Multi-Dimensional and All the Fractured Parts that are in the **Now** Back into Wholeness. I Ask that You Provide this Blessing Now or in Divine Timing.

If There is Anything Else that is Needed so I Can Receive My Third Blessing, Please Grant Me this Healing and Blessing Now or in Divine Timing.

When it is Appropriate and to the Highest Good for All to Bring All the Parts of My Soul, including All the 144,000 in All Dimensions Back into Wholeness, I Ask that You Gift Me with that Blessing Now or in Divine Timing!

I Thank You for Providing Me with All These Clearings and Healings that I have Requested!!

I Also Break All These Same Issues, Behaviors and Conditions in Me that I have been Unable to See or Admit that I Have and Therefore, I Do Willingly Break and Rescind Each and Every Vow and Agreement I have Ever Made, that was Not for My Highest Good Nor of The Creator's Truth.

I Ask That All I Have Requested For Myself, Spirit Also Clear, Release and Heal for All My Genetic Family and Relatives, Back To the Beginning of Time. Bringing All Lost and Confused Souls to Their Rightful Place of Expression, Removing Their Fears, Illusions and Paranoia, if This is to The Highest Good For All and Their Spirits Agree.

I Put Into The Light Everyone in My Past, Present and Future, that I have had Any Agreements with that are No Longer to the Highest Good for All.

I Do Not Blame God, My I AM Presence, God/Goddess, "IS" The Creator of All That IS, Myself or Anyone Else in Any Way. I Forgive Myself and I Forgive All Others. I Release Any and All Energies or Entities Into The Light.

I Request My Divine Spirit to Surround and Fill Me with The White Light and Give Me New Pictures of Reality and I Request New Pictures of Reality for All These Energies and Entities that have been Released Into The Light. I Thank You All and I Set You Free with Love and Light! **I Claim My Freedom and Wholeness Now!**

I Ask Spirit's Assistance as I Give Myself Permission to Change All My Old Beliefs, Behaviors and Patterns as I Call Forth My Cognitive Awareness and I Claim and Choose to Be Fully Blended, Merged and One With the Following as I AM Turning on the Light Switches of: Worthiness, Divine Knowledge, Light Body, Fifth and Sixth Dimensional Awareness, Universal Mind, Inner Sight, Cosmic Rays, Unity Consciousness, Sacred Marriage of Self, Healing Abilities, Twin Flame, Divine Plan, Peace, Love, Harmony, Divine Complement, Golden

Kundalini Energy, Crystals, My Higher Self, My Guides, “IS” The Creator, Lord Jesus, Master Sananda, and The Heavenly Host.

I Break, Release and Heal All Negative Energies that May be Stalking or Hovering Around Me, In this Room, In this Building or Above or Below this Building and I Call on Lord Jesus, Master Sananda, Beloved Moses, Beloved Malachi, Archangel Raphael, Archangel Michael, The Ascended Masters, My Guides and Council and Heavenly Host to Take You All to Your Rightful Place of Expression and Not Allow Your Return.

I Call on Saint Germaine and The Violet Consuming Flame of Forgiveness and Transformation to Envelop Me and My Family and All these Energies and Entities Dissolving Any and All Negative Karma that We have Ever Had. I Ask Quan Yin to Bless Us All With the Healing Powers of The Opalescent Flame.

I Ask My Mighty I AM Presence, God/Goddess, “IS” The Creator of All That IS, by The Force of Grace, to Manifest the Highest Possibilities of Me Integrating All I have Requested, So the Power of that Can Be Fully Manifested in My Experience Now!

I Request as Many Shields of Protection as Spirit Deems Appropriate at this Time. I Now Ask to be Uplifted, Guided and Assisted as I See Myself Taking One More Step Up Jacob’s Ladder of Light.

I Thank My Mighty I AM Presence, God/Goddess, “IS” The Creator of All That IS, Lord Jesus, Master Sananda, Mother Mary, Quan Yin, Beloved Moses, Beloved Malachi, Buddha, The Ascended Masters, Saint Germaine, Archangel Raphael, Archangel Michael, All My Special Guides and Council and The Heavenly Host for All The Healing My Family and I have Received!

I AM Grateful! I AM Grateful! I AM Grateful!  
I Thank You! And So It Is! So Be It! Amen! Amen! Amen!

**Congratulations,  
You Have Completed All the Sacred Clearing Sessions!**

**Are You Ready For Your Third Blessing?  
The Rest of The Book Goes Into Higher and  
Higher Levels of Awareness!**