

# **My First Channeling With Zar of The Solar Council, Nov. 1985**

*Being of Light, Indeed, We Have Been Waiting for Some Time to Communicate With You. There Have Been Many Fears and Doubts and Worries of How this Should Look. Those are Dissipating and We are as Eager to Speak to You as You are to Hear from Us. There is Much That is Happening and There is Much that You Can Do to Heal and You are In Need of More Knowledge and Therefore We Are Responding to That Call.*

*My Name is Zar and I Come From The Solar Council and It Has Been My Choice to Select You as a Communicator of My Truth. I Come to You with Love and Wisdom and Assistance. For it is that I Know Much About The Dark Forces That You are in Question About at This Time. The Implants That You Are in Need To Know About I Have Great Knowledge, Knowledge that I AM Willing to Share. I Have the Means to Dissipate the Negative Vibrations Within the Blessed Humanoids.*

*(Zar Changed His Energy and Lowered It More and Then Came in Again.)*

*It is I, Zar and I Am Here Now. My Energy is Not What You Anticipated for I AM a Very Gentle Being, Though a Very Powerful Being. I Will Come to You in the Gentleness for I Could See Readily That You Were Anticipating a Tremendous Force that Would Be Hard For You to Handle Within Your Body. So I Come to You in Gentleness, so that We Might Communicate. Indeed, I Have Chosen You for the Work That You Are Doing. I Can Be of Assistance. It was I Who Tried To Get Your Attention When You've Been Reading the Akashic Records, Especially With the Ones Who Have Implants that are Different from the Ones that Can Be Cleared By the Vibrational D Sharp Tone of the Christ Energy.*

*There is Much to Learn and Share so That You Can Assist Mankind. There Have Been Very, Very Few Who Would Take the Assignment That You Have Taken. You Are Ready. You Are Protected. You Have Earned Your Seventh Shield. You Have Created Your 13<sup>th</sup> Chakra and There is No Reason Why We Cannot Have Direct Communication That Will Assist in Setting Mankind Free. There are Many Books That Have Come To Your Attention Over, Say Your Month's Time, Since Your Trip. Many of Those that You Were Drawn to Purchase Have to Do With Other Dimensions. Some of Them Refer to the Dark, What Earth Refers to as The Dark Forces, and Indeed They Are. It is to Your Highest Good to Read Those so that When We Communicate You Will Have a Better Understanding of That of Which it is I Will Speak. Though I Will Be Happy to Give You All the Details and More Than You Can Find In the Books.*

*There is Need For You to Meditate Regularly. There is Need For You to Read These Books. You Are in the Process of Balancing All Aspects of Your Life and This Will Go More Rapidly Than You Expect Because of the Assistance You Are Receiving From the Other Side, From This Side, Which You Call the Other Side.*

*Nothing Comes to Anyone By Accident. You Have Studied. You Have Proved Your Intent. Your Heart Chakra Is Open. Like the Sun, You are Now Willing to Shine On All. That is What Has Been Needed for Communication of the Type That I Will Be Sharing.*

*I Would That You Just Feel My Energy. Get Used To How This Feels and for Today, I Will Not Tell You Any Huge Pearls of Wisdom, as You Would Call It, for You're Feeling a Great Need and a Responsibility Upon Your Shoulders. I Would That You Know That All the Responsibility Lies on This Side. You Simply Are To Communicate the Truth and Use It As You Feel Fit, As Your Higher Self Directs You.*

*It is From the Third Dimension Vibration and Fourth Dimension, that These Feelings of Responsibility Prevail. There is No Responsibility Other Than the Commitment to Sit and Meditate. What Comes Through Is Your Responsibility to Share and To Bring Through in the Clearest Manner You are Able To. Knowing That I Have to Filter Through Your Belief System, the More You Are Able to Let Go and Trust, the More You Will Be Able to Receive With Clarity.*

*You Wondered About My Relationship with Forefather of Forefathers. Indeed, We Know Each Other Quite Well. We Do Have Different Assignments but in the Beginning We Were One, Just Like You and I Were One. We Have Been Assisting Planet Earth for Billions of Years and We Will Continue to Do So for This Is a Wonderful Golden Time in the Planet and It Affects Many, Many Galaxies. Earth is About to Be Birthed Into a Beautiful, Beautiful Star That will Effect Everyone on the Planet but It Will Especially Effect What You are Doing. **The Light Beings Have a Chance to Be Released and the Negative Beings to Be Shifted and Put Where They Belong. Some Will Go to The Light but Many Will Not Choose That. They Will Go To Their Rightful Place of Expression and They Will Get To Live There for Whatever Time They Need to Awaken To Their God-Self.***

*There Are Many Beings Waiting to Communicate With You. For it is That You have Cleared Your Karma. You Are Assisting Others To Do the Same but as You Have Found, As You Would Say, You're Up Against the Wall With These Implants. Therefore, I Am Here to Assist You. Anything That You Run Up Against that You Cannot Handle or Cannot Find Material On, or Need Clarification On. **It Is For You to Know That You Will Receive That Information By Simply Asking. Any Light Worker Will Be Given The Same Opportunity. It Is Time For You to Ask.***

*As You Have Learned, There Are Different Beings of Light that Handle Different Things, Like Your Beloved Raphael for Example. After the Implants and Devices are Removed, He Is the One Who Helps Assist In the Healing. That's Why when You Did Your Prayer Request and You Questioned Why It Was Him That You Would Have to Help Heal Their Bodies and We Could See That You Worried That You Were Giving Him a Big Assignment. This Is What He Waits to Do, My Dear. Don't Doubt What You Receive For You Are a Clear, Direct Communicator. You Have Earned It. You Are Needed To Walk Your Walk,. We Are Here to Assist You.*

*Let Your Body Relax. Feel My Energy Flow Through You. It Is Indeed A Gentle Energy. You Are Safe. You Are Being Healed and Balanced. The Speed of That Will Go By Your Intent. I Would That You Would Sit and Just Feel My Vibrations. It Would Serve If You Would Meditate Daily With Your Recorder. Worry Not Who Will Transcribe It. Worry Not That You Will Not Receive. And Worry Not That You Will Not Be Able to Handle the Energy.*

*I Bring You Great Blessings, Great Love, Great Wisdom. I Am Zar of The Solar Council.*

*Thank You Very Much Zar.*

# **Releasing Fear and Communication Blockages**

## **Zar Through Marrianna, March 1996**

*Greetings, This is Zar of the Solar Council and I Come to You in the Christ Light. I would Speak with You this Day about the Combination that is Needed to Release the Fear and the Communication Blockage that Still Lingers Within Your Being and that also Lingers in the Light Workers Around the Planet. It Will Be This Combination that Will Allow the Light Workers to Come Forward and Speak the Language that is Within Their Cellular Memories. It is an Important Task and the Time Is Now for Those Who Have Raised Their Vibrational Levels Close to the Point of Their Third Blessing, as You Refer to It. It Would Require a Similar Process as We Did to Release the Implant in Your Throat.*

*Most of the Implants are with the Group that You Have Been Clearing and are from the Lumerian Period. They are from Sirius. Most of Them were Associated with a Group Similar to the One You Were Leading. The Fear to Speak Up and Stand Up Against the Many Power Lords of The Dark Forces and Speaking Your Truth of The One Creator Brought You Great Fear. There were Many Dark Lords Who Felt They were Beyond the Ability of The Creator.*

*It was at That Time Many Throats were Cut, Tongues were Plucked Out, Torture to Many Parts of the Body Occurred and Many were Put on Display to be Used as Examples to Stop the Others. You are to Include a Release Process That Will Remove All the Negative Memory of the Embarrassment, Disrespectfulness and Degrading Way You Were Treated, the Confusion, the Pain, the Hurt Pride and the Emotional Pride. Ask Spirit to Remove, Sever and Heal All Bodies, Bringing Them Back Into Balance. Then Reconnect Yourself with Your Divine Blueprint. You are to Visualize the Change in Your Mental Plane and in Your Throat's Ability to Speak Forward with Power, Understanding and Truth. Know that the God All There IS is Within You and Speaking these Truths.*

*It would Serve You to Simply List the Negative Things as You Often do and turn It Over to Sananda as that is a Comfortable Process for You and for Many that You have Been Training. Each One would Need to Prepare Their Own Physical Body for the Changes that are Needed, so that The Reconnection Back to The God All There IS Can Take Place. Also, it is Important that You and They Know that There's Been a Miscommunication Regarding the Feelings of Abandonment and Separation from The God All There IS. That is One of the Fear Factors That Rules This Low Dimension, This Third Dimension. It Has Been Used Very Effectively to Control. This is What We are Turning Around. We Ask for that Six Day Preparation Period in Thought Every Day, Like You Prepared Yourself When You Called in the Psychic Surgeon Team From Lumeria. You Sit Quietly or Lay Down and Rest Within Your Mind's Eye Quietly and Invite Them In and Ask that the Fear Socket Be Removed from the Memory and that the Original God Blueprint Be Activated Within Every Cell of Your Body. This Will Be a Combination of Asking for the Throat Implant Removal and Removal of the Implant of Fear Within the Body. This would be One Process that is Needed for You to Do At This Time.*

*Though Your Communication Implant has Been Removed, It Would Be Acceptable for You Just to Combine the Two. This Combination Would Be the Process that You Need for the Others. This Would Be the Process that You Would Be Using on Yourself. **It Would Be Only for the Ones that are of the Higher Vibration. Removal of the Blockage to Communication with***

*the Higher Levels, Like the Solar Council, Would Not Be Needed for Those Who Have Only Received Their Second Blessing. It would Take Place later when the Vibrational Level is Closer to what You Call, the Third Blessing. (These Clearings are Provided in This My Self Empowerment Book.)*

Thank You Zar for This Message.

## **I AM Confused. Can You Help Me?**

I AM Trying To Communicate What I Know Within Me and Maybe I Need Just To Let Go of Everything and Just Let Spirit .....

*To Let Spirit in the Manner for Which You're Speaking, is to Let Go of Your Will. To Let Go of Your Will, Then You Are Diminishing You. The Spark of Your Divine Center.*

Oh, I Don't Want to Do That.

*No, Indeed, for Yourself, Beautiful One, to Come Into Your Own Inner Being and Recognize the True You, the True Light of You, the True Spirit of You Allows You to Make Decisions, Forming the Balance to Keep Your Health First. That is Very Important and Then, Beautiful One, You Can Reach Out Into Your Spaces of Communication and Clearly Know Who You Are at Any Given Moment. We Have Already Said, Beautiful One, You Fight the Battle of Pleasing Others and Therefore You Fight the Battle of Recognizing You.*

I Put Them in Front of Me.

*Indeed. Each Time You Do That, You Hide Your Light. Then You Cannot Even Recognize the Value of You. So You Come Back to You and You Say, I AM The Spirit of Source in This Beautiful Body. I Allow the Golden Light of The Spirit of Source to Rise Up, That I Recognize It Within Me As Me and Experienced By Me. Do You Understand?*

Yes.

*When You Honor You, Then You Will Honor Other People with a Greater Extent of Light. If You Do Not Honor You, the Energy that You Perceive Honoring Others Is Only Half a Light. Utilize That Concept and You Will Help Yourself to Balance Internally, to Again Find the Love of Yourself, to Again Radiate That Love Through Your Whole Being. You Call That Your S.E.M.P.E.S. Allow This Luminating Light to Merge From Within You, to Express Outwardly From You, Circling Around You and Being Blessed By Others. Do You Understand?*

Share My Truth.

*Indeed.*

Thank You Dear Malachi.

# **The Price of Nice!**

## **Barbara “Marrianna” Zimmermann**

I Truly Thought Being Nice and Kind to Others, No Matter What, was What Everyone was Supposed to Do!

I Was Raised with Statements Like: “Let Others Go First, Never Start a Fight, Ask First, Go With the Flow, Turn the Other Cheek, Don’t Make Waves, Be Polite, Only Talk When Spoken To, Always Let the Guys Win in Games, Don’t Make All A’s in School Because It’s Hard for the Smart Kids to Adjust in Life.” All These Statements Were Based on Self Denial.

This Was so Programmed Into Me that I Never Thought to Question Them Even In My Adult Life.

The Price of Nice Had Transformed Into the Denial of My Own Personal Self Will. This Was so Ingrained In Me, I Didn’t Know what I Wanted, for I Had Denied Myself for So Long. When Asked Where I Wanted to Go, I Would Usually Say, “Any Where,” or “It Doesn’t Matter to Me,” Thinking that was Being Agreeable and Would Let the Other Person Get to Go Where They Wanted. It Never Dawned on Me that I Didn’t Have a Clue as to What I Really Wanted or How To Be Any Different.

Imagine My Shock To Find Out I had Been In Self Denial All My Life! However, Finding That Out was One thing but How to Reclaim Myself Now, was Another. Who Am I Anyway and What do I Really Want? Sound Familiar?

About This Time I Starting Reading Different Books About This Problem. In Reading Them, I Realized that, Since the Beginning of Time, Humanity Has Misunderstood How to Use Their “Will” the Way God Had Intended.

This Also Brought to Light the Fact That I Had Also Ingrained this Same Belief in My Children. That Was Unacceptable To Me. I Knew I Had to Find a Way to Bring Myself Back Into Balance. Then I Could Share That Information With My Children. I Also Felt It was To Be Shared With Any One Else Who was Caught In the Same Trap of Self Denial.

I Must Admit, As I Began the Process, I Was Aware that Again I was Being Motivated to Do Something Based on My Love for Someone Outside Myself But What Can I Say, This Was a Hard Pattern to Break and the End Result Could Benefit Many.

Well, I was All Ready to Go, If I Couldn’t Do This For Me I Could for My Children. I Can Do This but I Didn’t Even Know How to Begin. The Fears Started to Pour In. How Will This Change Affect Me, My Happy Marriage for So Many Years and My Relationships With Children and Friends? Do I Simply Say To Them, “Oh, By the Way, What About Me?”

It’s Not Like I Have Not Been Loved but Now I Will Love Me Also. This Does Not Mean They will No Longer Love Me. They Have Been Very Open To All My Spiritual Changes and There Have Been Many, so Very Many, and Yet I’ve Always Received Total Support.

Hey, Maybe I Should Look First at what I Have Done on My Own. Maybe That Will Give Me Some Hope, Some Strength. Well, I Did Discover I Had Done Things On My Own.

**What I Really Needed to Do Was To Give Myself Permission to Consider Me First But Not at Any Cost to Others.**

**When You Add Forgiveness First To Yourself for All Disappointments and Then to All Others, You Can Love Any Difficulty Into Balance and Light. Then Remember to Let It Go.**

**Remember, It was Only an Experience. It is Never What Has Happened to Us That Matters, It's How We Handle What Has Happened That Counts!**

## **My Slow Realization**

**Barbara “Marrianna” Zimmermann**

- If I Wrote the Script for My Life, Why Would I Choose Two Mothers Who Could Not Be There To Love Me and Guide Me? Later I Learned Why My Mother Died When I was Six Years Old and Why My Step Mother Tried to Kill Me.
- When I was Able to “Hear It” I was Told In a Loving Manner, “I Had Done Away With Two Mothers In Other Lifetimes.” It Was at That Point in Time that Many Other Things I Didn’t Understand Began to Fall Into Place.
- I Was Able to See More Clearly That the Things that Hurt the Most from Past Lifetimes Were a Means of Balancing My Karma. I Wasn’t Even Aware of Them Because They were Veiled from Me.
- I Can Now See How Important It Was to be Veiled. It Would Have Been Impossible to Live This Life if I Had Known I Had Done Away with Not Just One but Two Mothers.
- I Learned the Painful, Hurtful and Unfair Things in Life Were a **Reflection of What I Had Done. I Learned to Forgive Myself and All Others Involved.** In This Way Karma was Brought into Balance and the Slate Cleared.
- I Learned that Life Experiences are Unbelievably Wonderful Gifts. I Finally Recognized the “Movie” or “Game” of Life On Earth is Designed so Each of Us Gets to Experience the Same Things We Caused Others to Experience and Much More.
- **I Learned That I was The “Superb Jerk” in My Life and Not The Other Guy.** This Understanding Allowed Me to Change How I Looked at Other People and Events in My Life. Then I Created the **“Reflection Release Process”** That Would Bring Into Balance All My Misunderstandings with Ease and Grace.
- I Knew The Ones Who Caused Me Pain and Guilt Had Agreed to Do This Before We Even Came to Earth. Only in This Way Could I Really Understand What was Happening and so Be Able to Clear My Karma.

- I Also Know That I AM Veiled and That the Ones Playing the Game of Life With Me are Also Veiled. They Do Not Know it Is a Game and That Sometimes it Hurts and Other Times it is Wonderful. My Son's Drug Issues Reflected What I Needed to Forgive and Heal in Myself from a Prior Lifetime.
- **I Learned that Life On Earth is One of the Hardest Schools to Master. This is Because the Polarity of the Third Dimension Makes Everything Seem to Be the Exact Opposite of What it Really is. The Result is False Judgment, Judgment and More Judgment.**
- **I Learned that One of the Keys is, Not To Take Anything Personally. If I Do Take Something Personally, I Tend to React Rather than to Act. This Results in a Downward Spiral that Ends Up with "Poor Me" Playing the Great Victim Role.**
- I Learned, "There are No Bad Guys In the 'Movie' or 'Game.'" What Seems Like Bad Guys are only Opportunities to Realize How Important it is to Stay Centered and in Balance.
- I Learned the Power of Inner Awareness. When I Go Within Myself, I AM Aware of My I AM Presence. This is What I Call Self Empowerment.
- I Learned We are All Connected with Each Other Through Our "God Sparks." Every Person Has a "God Spark" Within His or Her Sacred Heart.
- I Learned That "God Sparks" are Sparks or Cells From God's Body and That's How We are All Connected and One. There is Not Anything That God is Not Within Including: The Trees, Your Pets, All Inanimate Things and All Living Things. Yes, This Includes You!
- I Learned It is Through Our "God Sparks" That God and The Heavenly Host Know Each of Us Personally and How They Can Help Us on Our Pathway Back Home.
- I Learned That is Why Lord Jesus, Master Sananda, Said, "Do Unto Others As You Would Have Them Do Unto You." It Enables Me to Look at Life, Myself, All Others and Everything I've Learned From a Higher Perspective.
- I Learned that When I Get Caught in a Disagreement or Judgment with Someone, the Most Helpful Thing to Do is to Go Within and Say:
  - **I Ask My Mighty I AM Presence To Talk To Their I AM Presence.**
  - **I Ask That Our Hearts Be Open, Uplifted and Filled With Love.**
  - **I Ask That We Be Given New Pictures of Reality in This Matter.**
  - **For The Highest Good of All.**
  - **I Thank You! I Thank You! I Thank You!**

# Your Reflection

Barbara “Marrianna” Zimmermann

**There are No Victims! There are Only Misperceptions Based on False Beliefs.**

On the Third Dimension Polarity Provides the Ground Work For Duality. That Means There Has to Be Light and Dark, Right and Wrong, Up and Down and Good and Bad, etc. We All Live Our Lives in This Duality.

The Main Reason We Draw So Much Seeming Negativity and Low Vibrations to Us, is to Recognize They are Reflecting Something in Ourselves that Needs to Be Cleared and Brought Into Balance.

The “Superb Jerk” is Usually the One You Know Better as That No Good, Double Dealing, Dirty Cheating, Two Timing, Lying, Stealing, Good for Nothing That is Back in Your Life Again and Again.

If You Have Any Judgments or Opinions About What That Person is Doing, He or She is Reflecting To You What Needs to Be Cleared, Healed In You and Forgiven From This or Some Other Lifetime.

**We Have All Done It All!** It Falls Under the Universal Law of Cause and Effect. What You Do Unto Others Will Be Done Unto You. **Always Remember, Everything That Has Ever Happened To You or You Did to Someone Else Was Only an Experience.**

“IS” The Creator of All That IS, The Being We Usually Call God, is Not the One Who Judges You. You Have Been Given “**Free Will.**” It is You Who Judges You and It is Time To Forgive Yourself For All You Have Done and Everyone Who Has Knowingly or Unknowingly Hurt You.

Because Everything is Reflected in Opposites in This Land of Duality We Call Earth, It is Important to Recognize and Accept the Truth of the Saying, “I Am That.” By Knowing and Believing That You Are Everything You See in Others, You Can Set Yourself Free From the Bondage of Making Judgments About How Bad You are or How Bad the Other Guy Is.

Everyone Is Trying to Learn the Same Thing But There are Many Different Ways of Doing This.

Spirit Has Gifted Humanity With What are Called Parallel Lives. They are Aspects or Behaviors of Ourselves that Appear in Others. Thus We Can See in Others the Things we Need to Clear and Heal in Ourselves. Spirit Shows Us in Others What We Can Not Or Will Not Accept in Ourselves. There is More About Parallel Lives From Spirit, Later in This Book.

Humanity, However, Has “Done It All” the Good, the Bad and the Ugly and It’s All Just an Experience. We All Have Come To Earth To Experience Life Using Our Free Will, Including Free Choice, in Everything.

Have You Ever Wondered Why The Creator Would Give You Free Will and Then Judge and Punish You For Using It? I Could Never Understand That but Many Do Believe It. That is



Why I've Been Focusing on the Process of "**Man Know Thy Self**" in Hopes I Could Figure Out What My Own Life was All About.

I Know The Creator Loves Us All Unconditionally, No Matter Who We Are or What We've Done or Not Done. It is Our Own Inner Awareness of What We Have Done That Judges and Blames Us, Not The Creator.

One of the Ways We Can Identify and Forgive Ourselves is By Seeing Ourselves in Others and Recognizing "I Am That," No Matter What They Are Doing or Saying or How They are Acting. Seeing Ourselves in Others Gives us the Opportunity to Forgive Ourselves. It Also Gives Us Opportunity to Send Love and Healing To Them for Being the Superb Jerks that Show Us What We Really Are.

There is No Need to Share Your Feelings with the Ones Playing the Role of "Superb Jerk" Because They are Not Aware of Their Role. Simply Watch How Their Behavior Changes Then You Can Realize How You Create Your Own Reality. We Are All "One." What You Do to Another, You Do to Yourself and Vice Versa.

**Note: Others Also Reflect Positive Aspects for Us to Recognize and Accept in Ourselves.**

## **Reflection Release Process**

**Barbara "Marrianna" Zimmermann**

The Quickest Way I Know to Clear Your Negativities That are Mirrored By Others is:

- Put the Names of Each Person You Do Not Like or Who Has Done Something Bad to You, at the Top of a Blank Piece of Paper.
- List Everything You Dislike About Them and All the Bad Things They've Done to You.
- Make a List For Everyone Who Mirrors Bad Things Starting With Your Family.
- When You Have Finished, Add Your Name Next to Theirs at the Top of Each Page.
- Then Read Out Loud the Following:
- I Drop My Awareness Within My Body and I Feel and See Myself Ignite, Blend, Merge and Become One With My Mighty I AM Presence, "IS" The Creator of All That Is and All The Heavenly Host to Assist Me in Releasing All the Judgments and Behavior I See in Others Who are Mirroring What I Need to Heal in Myself.
- Then Read Out Loud All the Negatives on Each List.
- Then Read the Following Out Loud:
- I Forgive Myself For All the Same Behaviors and Issues that I Have Ever Had in This Life or In Any Other Life, In This Body or In Any Other Body.

- I Forgive You All and I Thank You for Playing the Role You Have Played, So I Could Get It. I Ask That It All Be Cleared and Released From My Akashic Records.
- I Thank You All and I Set You Free with Love and Light. I Claim My Freedom Now. And So It Is!
- I Thank My Mighty I AM Presence, “IS” The Creator of All That Is and All The Heavenly Host. I AM Grateful! I AM Grateful! I AM Grateful! Amen! Amen! Amen!

## **How My “People Pleasing” Was Hiding My Light Malachi Through Katherine Torres, Ph.D.**

*You Need to Honor How You Feel About Things! For in the Pleasing of Others, to the Discord of Your Own Self, is a Discord to Your Spirit. So Remember, In Pleasing to Others When There is a Discord to Yourself, You Create a Discord to Your Spirit!*

*When You Fight the Battle of Pleasing the Others, You Fight the Battle of Recognizing You. Because You Put Them First and Each Time You Do That, You Hide Your Light! Then You Cannot Even Recognize the Value of You, So You Come Back to Realize, I AM the Spirit of Source IN My Body. I Will Allow the Golden Light of The Spirit of Source to Rise Up That I Recognize It Within Me As Me, Experienced By Me.*

*When You Honor You Then You Will Honor Other People With A Greater Extent of Light. If You Do Not Honor You, the Energy that You Perceive Honoring Others is Only Half of Light. Utilize that Concept and You Will Help Yourself to Balance Internally To Again Find the Love of Yourself, To Again Radiate that Love Through Your Whole Body You Call Your S.E.M.P.E.S. and Allow This Luminating Light to Merge From In You To Express Outwardly From You, Circling Around You and Being Blessed By Others.*

## **Can You Tell Me How I Went from The Lady of Light to The Lady of Dark? Malachi Through Katherine Torres, Ph.D. September 11, 1997**

*Indeed We Will. Now, You See Here, We’ll do it in Several Ways and Several Forms for You. The “Lady of Light” that was a Name Known Unto Yourself in What is Called Another Planetary Existence. You Understand? You Know It, Little One, as Orion. In this Light of Your Place this is One of Your Original Landings, as You Might Call it. And as You Did that Landing, Little one, You Came Forward with True Purity of Sense of Who You Are. That Means the Soul Being Divine and the Divine In Its Connection with the Beautiful Universe.*

*While Walking in that Particular Lifetime, You Not Only Did What was Called Communications and Healings for Other People, Other Being, We’ll Call Them, Being of Light, but Also a Fine Story Teller of the Divine at That Time. So as “Lady of Light” You Brought Insight and You Realize in the Term “Light” Meant Insight. Then You Began to*

*Radiate and Share Knowledge with What Was Called the Form of Matter Creating Earth. That Also, what was Called or Termed the Souls of Humanity.*

*Now, Here, Let Us Have You Go Through a Recall. We're About to Use This Term Again, We Ask You to Feel What You Feel in Your Vibration. You're Assisting what was Called the Souls of Humanity. What Happens to Yourself When You Hear, "Souls of Humanity?"*

**A Different Vibration Goes Through My Body.**

*Indeed it Does.*

**It's Exciting.**

*Indeed it is. Little One, Because You Are of True Knowing, Realizing You're Here to Serve the Souls of Humanity. And in that Time of Your Existence as the "Lady of Light" You Knew That Very Well and Very Clearly. Also Know that There Would be Several Incarnations to Do Just That. Several, Many, You Call Them, Many, Many.*

*Now You Have Entered the Realm of Earth and You Have Been Here Many Times and in the Time Your Soul Has Been Attempting to Return to its Essence, Called the "Lady of Light." There Have Been Times of Your Existence when You were Lady of the Dark, You Call It, Hidden From Your Light. Afraid of Your Light At Times, Little One, for When You Are in Its Purest Form it is a Magnificent Dynamic Energy. Its' From a Realm of Dynamic Consciousness. When You Are in the Earth Form, Very Often it is Truly Knowledgeable that One Cannot Take on the Fullness of All the Light. And So it Did Stream into Your Center Being as That of a Fearful Place. What Would I Do With All of This Light? What Would I Do With it For Myself. What Would I Do With it To Humanity? This is Why You Constantly Have a Question Going on in Yourself. Will I Do Harm? Or Will I Not Do Anything? Will I Be an Illusion or Will I Truly Help?*

**Is That What Causes Me Fear?**

*That is Part of It. You're Speaking with Katherine About I Know There Must Have Been a Life in Which I Did Not Help. Indeed, We Will Tell You There was Such a Life in Which You Did Not Help, Little One. And We'll Tell You Why. You Moved From Your Light to What was Called the Darkest of Its Depths, Living an Existence with Humanity to Begin to Learn. You Had Not the Realization of Consciousness When You Entered the Earth Plane. That You Would Have to Start Through an Evolution. An Evolution that Would Teach You About All Things, About Poverty and Diseases, About What is Often Called the Shadow, the Negative Side of the Human Force Field.*

*It Frightened You, Beautiful One. And You Were Not Sure How You Were To Bring Light Unto It. You Would Make Attempt, Little One, and At Times Would Have What was Called the Attack. Attack Not Only From Human Beings But From the Bestly World. And So You Were Becoming What Was Called Frightened, Frightened of This Reality of the Earth Plane. And You Said, I Cannot Help, I Cannot Help, I Cannot Help! So You Began a Search and the Search Was, How Can You Help.*

*Now, Yes, Little One, You Said Unto Katherine, Did I Not Be In Service and Not Serve? Let Us Tell You When and Let Us Tell You How. And You Will Have a Good Memory About It, Again When You Return to Egypt. This was Also Another Time of Working in the Temples. You Were Also In the Temples that Utilized What was Called Alternate Drugs, Altering the Beautiful Mind. One of the Times of Using This Drug, It's What is Called the Chemicals in Your Brain, that They No longer Serve What is Called the Light.*

*In that Maladjustment To the Body, then When You Were Called to Service, You Were Too Frightened. You Understand? And You Already Knew that You Had Gone Too Far in the Healing of the Body/Mind of Your Own Self. You had Now Created Destruction to Your Brain You Felt as Though You Would Destroy Others by Giving of Your Help. And so What You Did, Was Move Yourself Into What was Called the Tomb of Darkness and Do Nothing.*

*That was Not of Greater Service. That was Also Not What To Do To Heal Yourself. It Kept You in What was Called the Danger of Your Own Personal Soul Destruction. But We'll Tell You, in Your Tomb of Darkness You Prayed. You Prayed for Guidance. You Prayed for Assistance. You Prayed for Help. And Yet You Wanted it Right There and Then.*

**Nothing's Changed.**

*And in Truth, Little One, It Was Not to Come to You Until Another Life Existence.*

*You Are Now in Its Healing. Your Healing of Great Many of What is Called Diseases of the Soul. You're in What is Called a Bridging and in the Bridging, Little One, it is Bridging from One life Experience, One Worldly Experience to Another.*

**Is There a Way I Can Heal That so I Don't Have to Go Back and Repeat That in This Lifetime?**

*You Here Know the Answer, Little One. Now it is You Maintaining Clear Conscious Awareness so That You Do Not Indeed Continue to Go Backwards. You Remind Yourself, I Know Why it Has Occurred. Now I Know There is Also the Truth, I AM a Light and I AM a Divine Light and I AM One Who Can Work in Balance. And I AM One Who Can Walk in Faith and My Faith I Can Move Myself to Heal, to Know, to Not Be in Fear. And, Beautiful One, You'll Realize Part of the Fear is the Fear of Self Destruction.*

**Because That's What Happened Before.**

*Indeed.*

**So How Can I Block off That Portal Way so I Don't Have to Experience That?**

*We'll Do it in This Manner. Little One, for You Have Used a Term that We'll Ask of You to Understand What Your Language Has Done Already. You Said, How Can I Block Off the Portal. And I Say, Oh, My, She's Going to Block it Off so It Can Come Again and Grab Her Another Lifetime.*

**Oh, No, Mercy, Let's Heal It!**

*Thank You Very Much. You Bring Light Into the Portal, Lady of Light, You Bring Light Into That Reality and You Bring Truth to That Reality, that Reality Does Need To Know*

*that What Occurred Was That of Fear, Not That of Truth. What Occurred Was that of Using Alternative Drug Substances That in Fact Did Harm, Not Heal. Now You Bring Light Also Into Your Brain System that Holds Memory and by it You Heal what is Called That Portal. That Portal That Has Become What is Called the Fear Space. You Remind Yourself that You Were Experimenting.*

*Alright, Let's Give You A Giggle. Do You Not Think the Beautiful, Divine God/Goddess is Not Experimenting as You Watch what is Called the Elements of Evolution?*

*Yes.*

*Heal Yourself. Forgive Yourself.*

**Is My Son Playing a Role so I Would Get that With Him?**

*Indeed. And You Realize, Little one, Where Your Son is Concerned, You Very Often Have Had What is Called the Worry of Physical Destruction.*

*Oh, Absolutely and That was My Reflection?*

*That Was Your Reflection. That was Your Memory. You Have Not Know Whether He Would Kill Himself or Whether He Would Maim Himself*

**Or Someone Else.**

*Indeed, and Part of That Was Your Memory. You Maimed Yourself.*

**Oh, Thank You Malachi. I Don't Want the Portal Way Closed. I Want The Light In It!**

*Indeed. And that is What Takes Place in What is Called Healing. And You'll Realize When You Come to the Stress of Emergency, that Which is Called the Healing, You See, Your Husband was What was in Your Mind and Emotion You Thought was Near Death. Did You Not?*

**Yes, I Did.**

*That Fear Was What Struck You in That Old Way.*

**Because That is What I Felt in the Other Life?**

*Indeed. You Felt You Were Dying. You Felt You Would Kill Others. In Your Service You Knew of the Great Powers of Energy and You Knew They Held Destruction Within Them as Well as Great Healing. And When You Know You Have Maimed Yourself, You Knew That Any Service You Have to Another, You Could Maim Them.*

**I Wouldn't Want To Do That.**

*No indeed. And So in This Life, When the Fear Comes Riding Up, You Say, Thank You. I Know Where You Stem From and I Release You, For The Truth Is, Here I AM Working Much in The Passion of My Heart.*

**That's What the Angels are Helping Me With for I Already See a Difference.**

*Indeed.*

**Helping Me Before My Question Even Comes to the Surface or I Probably Wouldn't Have Seen the Question, Right?**

*That is Correct.*

**Oh, Thank You Malachi.**

## **FEAR OF CONFRONTATION**

### **Malachi Through Katherine Torres, Ph.D.**

**I Seem to Have a Fear of Confrontation and Violence in Myself or When I See It in Someone Else. Was There Some Kind of Violence in That Life or Another that We Might Open That Portal Way?**

*We'll Open Two Portal Ways. Yes, that is Also Stemming From That Lifetime. For When You Were Utilizing What is Called the Drug System to Alter the Mind, There was Also what is Called, Abuses to Bodies and Emotions and Mental, Little One, From Other Beings.*

**Just Like My Son has Done?**

*Indeed. And it Becomes Quite Frightening. Now that Takes Us Down Another Portal of Energy Into a Lifetime in Which You Did Choose to Be Quite Destructive. It was a Life Right After That One. And so You Chose to Learn, Little One, What the Power of Destruction Did to Yourself and Did to Others. Great Harm, You See? You Were Quite What is Called a Yeller. You Yelled a Lot, High Pitched Tones and Also Very Guttural, Gut Tones.*

*Yelling to Create What was Calling Someone Else to Make a Change Through Their Fright. You Worked With Frightening Others in Order to Get What You Wanted.*

**Is That What I Experienced the Other Night in My Living Room?**

*Indeed.*

**Oh, I Know It was a Gift. I Just Didn't Know How to Wrap it or Unwrap it.**

*And You Say, this Now is What I AM Doing to Release It. Letting It Go. It is Caused By Great Fear. Great Fear. It Does Not Serve for It Frightens All People.*

**That Must Be Why My Stepmother and Dad Fought Violently, So I Could Have That in My Face, So I Could See it Needs to Be Healed.**

*Indeed.*

**Is There Anything Else I Need to Do to Heal That, Besides Put the Light on It?**

*Little One, You Put the Light on It and You Put What is Called Conscious Knowledge On It. Conscious Knowledge Means, When I Know It, I'll Keep Focusing on How I Heal It.*

*Particularly when it Wants To Run Up in Your Face Again. Then You Say, Oh, Wait, Whoa. This is Not My Truth! This is Not My Truth! Let Me Move to a Healing Space. When it Comes From You, You Step Back with Pardon Me a Moment, and You Make What is Called a Breath. Breath of Remembering Your Light. When it Comes from Another Human Being, What You Call Confronting of You, with Anger and Violence, You Take a Deep Breath and You Radiate from Your Heart and You Put a Gentle, Compassionate Smile to Your Face and Say, One Moment! What are You Frightened of? I Feel There's Great Fright Here.*

**I Say It to The Other People?**

*Indeed. And We'll Say to Yourself Too. Indeed. But it Stems from Fright Does it Not?*

**Yes, It's Triggering My Own Fright and I Want to Be Clear so Nothing Triggers Me That I AM Just Flowing Light.**

*And so You'll Say to Yourself, What Am I Fearing? What Am I Fearing? Then When You Know What You are Fearing, You've Already Brought it to Light for We Remind Your Light Also Represents Conscious Awareness. You Have Brought It to Light and Then You'll Say, How May I Change This Within Myself? How May I Transform You, for You Do Not Serve Me, Nor Do You Serve Another, Nor Do You Serve the Divine.*

**Oh, Thank You so Much, Malachi. I AM so Thankful for You.**

## **What I Experienced with The Dark Forces, My Atonement, Healing and Initiation Marrianna's Meditation, September 20, 1997**

I Drop My Awareness Within My Body and I Feel and See Myself Ignite, Blend, Merge and Become One With "IS" the Creator of All That Is, My Mighty I AM Presence and All the Heavenly Host and I Ask to Be a Clear, Grounded, Pure Channel for "IS" The Creator of All That IS. I Ask Lord Jesus, Master Sananda, to Take All My Fears About This Particular Meditation or Any in the Past or Future and to Put Them in the Light. I Ask to Become the Giza Pyramid. I Call on All My Guides and All My Council and I'm Calling for the God/Mother, the Moon Mother Goddess Willow to Assist Me and Guide Me, If it is to My Highest Good on My Journey Today.

I Call on Renyon and Angkar and I Call on My Special Guide Airienell. And I Also Ask for Assistance in Clearing Anything that is Blocking My Ability to Articulate and To Remember Whatever Has Happened to Me in the Past, When I Took the Drugs During the Life When I was The Lady of Light. I'm Asking for a Healing of That. Now I'm Calling on Archangel Raphael and All the Legions of Light to Adjust Whatever Damage was Done that Might Be Affecting Me in This Lifetime, so that I Might Step Forward in the Light and Purity.

And I Ask to Be Open To Receive the Healing and to Accept Any Communication That is to My Highest Good with Any One who is Aligned with My Divine Contract. And I Call on My Beautiful Doves to Go Up to Metatron and I Call on Airienell to Help Me Connect with Metatron and Bring My Sacredness Back Through My Body, as it's Taken Down, Balanced

Through Both of My Legs, Down to the Top of the Giza Pyramid, I Ask to Become the Giza Pyramid, the Capstone. I Ask to Go Through the Son's Chamber, the King's Chamber and the Queen's Chamber, Down Through the Crust of the Earth, Down to Sandalfon. And I Ask at This Time that All the Information that is Within the Crystal Lined Pyramid that's Underneath the Giza Pyramid, Be Activated Within My Physical Body, so That I Might Be Able To Retrieve That Memory.

I Ask Also for All the Heavenly Host to Activate the Crystals that are Sitting on the Drum in Front of Me, that are Record Keepers of the Knowledge That's Within the Giza Pyramid. I'm Asking for Assistance, if it Be to My Highest Good, to Connect with All That Knowledge, so that I May Be Able to Remember It and Articulate It Back to Humanity. I Call on Saint Germaine, to Help Me Articulate That and I Call on Moses to Give Me the Strength and the Focus to Bring it Back to Humanity.

I Ask for Assistance to Walking in Balance, with Compassion and Peace and I Ask that My Ego be Balanced and I Give Thanks for It and I No Longer Shove It Away but Pull it Deep Within My Heart, for I Know that With the Ego I Can Still Stay Balanced. I No Longer Have To Shut It Away in Some Closet for Fear It Will Rule Me for Indeed, I Claim My Balance At This Time, I'm Asking Spirit to Take Me To the Next Step and to Allow the Moon Goddess, Willow, to Assist Me and Direct Me on that Passage.

I Ask for Assistance Now to Claiming the Knowledge and the Records Within and Beneath the Crystal Lined Pyramid Underneath the Giza Pyramid and Bring that Back Up Through the Crust of the Earth Through All the Three Chambers, the Queen's Chamber, King's Chamber and the Chamber of the Son, Back Up to the Giza Pyramid's Capstone, Which Now, I Have Become. Up in a Balanced Way Through Both of My Legs and Anchor that Knowledge Within My Heart to Have the Divine Doves Secure That. I Ask then for the Divine Doves to Go Up To My Beautiful Guide Airienell. And Metatron and Anchor that Knowledge There. I'm Asking for All of that to Be Activated so I AM in Balance, As Above, So Below.

And I'm Asking for Whatever Would Be to My Highest Good to Be Told To Me at This Time and I'm Calling Forth the Guides and My Council and All the Heavenly Host to Come and Sit with Me and Be with Me at this Time in My Life of Initiation.

*Beautiful Being, this is I Malachi and Again I AM the One Who Is Bridging the Light for You to Take Your Next Step. I Will Be With You For Always but in this Month, as You Know, it's a Very Important Month in Your Life and There is No Mistake with the Time that You're Scheduled with My Beloved Katherine Torres. There is Much Going On Within Your Physical Being. Put the Fear in Lord Jesus, Master Sananda's Hands. Know that Your Initiation will Look Different Than Katherine's. Know that You Have All Been Victorious. It is Like Your Spouse. Have the Faith that You Had with His Initiation to Have With Yours This Day.*

*And Now I'm Going to Connect You Directly with some Different Beings, Ones Who Have Been Working With You for Some Time But; it is that You Are Just now Coming to Know Their Names. One, as You Know, is the Moon Goddess, Willow. But with Willow are All of the Other Moon Goddesses Assisting You, For Your Path Has Been Accelerated. It Will Not Go Faster Than Your Physical Being Can Take but the Time is Now, the Awakening and Your Body's Been Prepared. You are Ready.*



*Feel Renyon's Hand in Your Left Hand and Feel in Your Right Hand the Moon Goddess, Willow. Know that You Are Safe. Know that All of Your Other Guides, that You Are Familiar With, Are With You and Enjoy Your Journey, for I Will Be With You Also. Now, Take a Deep Breath. Put Your Fear in Sananda's Hands and Feel Yourself Go to the Milky Way. Describe what is Transpiring for You, for in the Silence There is a Healing. All of the Elementals are With You, the Diva's, the Diva Kingdom, the Elemental Kingdom. All Have Been Teaching You and All Will Assist You Through Your Passage. You Are Not Alone. Allow Your Eyes to Focus on the Peripheral Vision.*

I See Blue. I Have a Knowing that the Crystals that I Seek are Blue, Like the One on Katherine's Table. But I Also Know That the Crystals in Front of Me Contain the Records and I Ask at this Time to Be Able to Access the Information in the Records of the Crystals that Lay Before Me. And I Ask You, Willow, to Assist Me With This.

***My Beloved Being. This is I Willow and Indeed, I Bring the Love and the Light and the Silver Shine of the Moon. I Bring it to Your Heart so it can Reflect Back to You, All of Your Knowingness and All of Your Beingness That You Had Before this Sojourn, When You Were Indeed Called The Lady of Light. In the Crystals that You See Before You, Is the Healing Process for the Damage that Was Done to the Neurons of Your Brain. When You Experienced the Illusionary Drugs it Allowed You a Whole Lifetime to Interact With the Dark Forces. A Very Long Life for You but a Very Grounding Life, So that You are Able To Do the Work That You're Bringing Forth to Humanity in This Lifetime. It is Important for You to Acknowledge That All Is An Experience. Just as You Teach, It Was Also For You At That Time.***

***But Indeed There Was much Damage Done and That Has Afflicted You This Entire Lifetime. I Might Add, for All the Lifetimes That You Had Thereafter. It is Time for That Removal and Repair. It is For You to Know All Things Have to Be Faced. It is No Longer a Time to Stuff That Lifetime and the Fear Associated with the Dark Forces. So it is for You to Stay Grounded and to Call on the MerKaBah Vehicle.***

I Call Moses to Ground Me and Align Me and Activate My MerKaBah Vehicle and Have it Spin and Spin and Spin and Then Anchor Down Into the Earth to Ground Me to My Experience for it is That I Know That I'm Going to Be Shown the Dark Forces. All the Things That I Have Put Away Out of Fear. So I Am Being Shown Myself in a Long Garment, like a Gauze Garment. I'm Being Shown That Garment Radiates Like Opal Colors and That I AM A Radiant Being.

I Get to See That Is the Life I Came In as The Lady of Light and That There Were Many Who Were Drawn to Me Because of The Light, That Much Healing Was Done and That I had Much Power But Like All Those Who Come to Me with Replicas, I Wanted More. And so it Was That I Tampered with the Drugs for More Power, to BE CLOSER TO GOD, Just like I used the Wine. Part of It, I'm Being Told, Was for the Longing To Be Back Totally in The Light. I had Much Resistance To Doing My Mission to Help the Others Whose Vibration Was So Low in Comparison to What Mine Was. And So, I Thought the Drugs Would Bring Me Closer to Spirit, just as I have in This Lifetime with the Wine.

**And So I Partook of Them Eagerly. My Intent Was Not to Have More Control Over the People, like the Ones with the Replicas and I'm Being Told, Indeed, I Did Not Have a Replica, Which is Something that I Had Feared. But I Wanted to Go Back. I Didn't Want to Do My Mission. I Wanted to Be Back Where There was All Love and Not So Much Negativity. So in My Tampering with the Drugs, I Received What I Was Fearful of, which Was More Darkness. It Affected My Brain, to Where I Was Further Away From the Light and as the Effect of the Drug Began to Grip Me, I Wanted More Drugs and as I Did More Drugs, the Dark Forces Took Over My Being and My Channeling No Longer Was Clear.**

**My Connection was Further From Spirit. The Further I Got From Spirit the More Drugs I Wanted Because I Wanted to Be Back with Spirit, Just like the Desire For the Wine. Just Like a Reflection of My Son. The Whole Person Asks to Be Put away Like He is Caged. I Put Myself in a Cave, Out of Fear of Giving the Wrong Information to the Ones Who Were Seeking Me Out. For it All Did Indeed, Come in a Disguised Manner So that the Ones Coming to Me Were Unable to Decipher Between the Positive and the Negative of My Messages, But in Me I Knew. And So I Withdrew to a Cave of Darkness, which is Really What the Dark Force Wanted.**

**And Now I See Myself in a Very Tattered Garment. I Know Now it Was the Garment that Was at One Time Very Bright and Glistening. I See the Different Dark Forces Eating at My Flesh, Jumping on Me, from Like, Cliffs. I See Different Animals Like Rats and Bats. It is as Though the World of Lower Vibrations Also Wanted What Little Bit of Light that was Left and Was Eating on Me. It Appears That I Have What We Would Call Leprosy. I Spent Most of My Time On My Knees Praying. But It Was a Lesson to Experience, so That I Would Have Compassion in This Lifetime.**

**There Were Many Tears. I Was Isolated. I Was Alone. There's Some Sort of Severing of My Tongue. There are Animals Nesting in My Hair. My Hair was Long and There are Some Animals Eating On It. I Did Not Die for a Long, Long Time But, Indeed, I Did Suffer. I Give Thanks for All the Angels Who Are With Me While I'm Witnessing This Because It would Be too Much for Me to Handle Otherwise. Now, I See I AM the Pyramid. I AM the Capstone. Before This Time I Would Not Be Able to Withstand the Agony of Experiencing or Re-Experiencing and Witnessing the Demise of My Body.**

**There Are Bones that are Protruding. The Flesh Has Been Eaten and I'm Still Alive. I AM Begging "IS" The Creator of All That IS to Let Me Die. There is a Wretched Smell. I AM Blaming Everyone, Especially God. I'm Totally Engulfed with Negativity. I Do Not Know How Long it Took Me To Die but Now I See My Bones and They are in a Heap, Not Laid Out in a Restful Position. They're in an Anguished Position.**

**There's Something Clutched in My Hand. I Believe that It's a Knife and I Believe That I've Committed Suicide. I Believe the Pain Was So Bad That I Took My Life. But What I'm Being Told That This is Truth But It Wasn't the Pain that Killed Me. It Was the Guilt. Like the Guilt Over My Son, if I Had Done Something Different. The Guilt Over Leaving the Kid's Father, If I Would Have Done Something Different. The Guilt Over Not Being There For Everybody Who Counted On Me. The Fear In This Lifetime That I**

**Would Say Something Wrong and it Wouldn't Have Truth. Someone Else Would Have the Truth.**

**I See That is The Reason for My Behavior in This Lifetime. I Also See that I Have Atoned for That and That There Will Be No More and On This Day Those Records are Being Removed. The Memories are Being Removed. And So It is That Part of My Life That's Been Affecting Me in This Lifetime Has Been Healed. It Had To Be a Time When I Could Witness What Happened Without Additional Guilt or Shame or Pain, that I Would Not Be in a Position Where the Dark Force Could Influence and Move Me Backwards again. It Is Also What Was Blocking My Ability To See and To Hear and To Articulate in This Lifetime.**

**Archangel Raphael and The Heavenly Hosts are in the Process of Healing That Along with the Healing that I Will Receive from Malachi Later this Month,. And it Will Be That When I See, I Will See All. I Will See the Ones Who ate at My Skin and I Will Have No Fear. If My Sight Had Been Given to Me Prior to the Healing, I Would have Been Destined to React, to Relive that Life. So I Give Thanks. I'm Being Shown that it's Like the Eating Away of Cancer on a Soul. It's Not that Someone's Done Something Wrong, It's that Someone Made a Choice and Now That is Being Removed, Just as it is With My Son, Just as it is With My Daughter, My Husband. All are Coming to Grips With Things that Happened Many Lifetimes Ago, so that They Can Move forward in This Lifetime. It is What on this Dimension We Call Crucifixion, Resurrection and Then Peace.**

**I Ask if There's Any Other Lifetimes That They Be Brought To the Surface So that They Could Be Erased From My Memory at This Time that Would Block My Spiritual Growth. I'm Being Told This is All That Needs to Be Done at This Time. I'm Being Told to Read the Book on the Crystals About the Programming and Then to Ask for the Miracle to Be Granted.**

**So I Ask For That Miracle At This Time. I Would Like the Miracle of the Merging With the Crystals that Have the Records Underneath the Giza Pyramid. I'd like the Activation to Be Able to Tap Into The Crystal in My Second Chakra that I Brought From Sirius. I Would Like to Know if There Are Any Other Crystals Within My Being that are for "IS" The Creator of All That IS That Can Be Activated At This Time and That I Be Told Where They Are.**

**I'm Getting That, indeed, There Are Many But None Will Come to the Foreground or to My Recognition Until the Sirian Crystal is Totally Activated. It is Activated at This Time and Will Continue to Be So. The Pain in My Back is From All the New Knowledge Being Activated Within My Physical Body. It Will Continue to Feel Uncomfortable Until the Total Connection Is There. Then Like Any Other Tissue of the Body That's Being Pulled Out of its Normal, Comfortable Position, Will Heal and It Will Heal with An Open Channel Down My Vertebra, Which Is the Connection For Which I've Been Asking.**

**I Find Myself in Amazement Because I Had Anticipated the Whole Horrible Experience Today of Seeing and Having a Fear Filled Day Where it Would Be That I'd Be so Wiped Out that I Just Would have to Lay Down All Day. So I Scheduled this Channeling, Especially After Zim Had Been Taken Care of (Zim Just Had a Cancer**

**Operation) and Everything Was Done and Again Spirit Gives Me a Beautiful Blessing of Peace and Allows Me Again to See There's Nothing To Fear. I Have Gone To the Depths of the Dark and to Height of the Glory. I Am Now in a Position to Bring Both of Those Into Balance and Give It Out to Humanity. It is What All of Us Are Here to Do and it is My Time and I AM Ready.**

**I'm Getting That I AM to Run My Thumb on My Right Hand Up and Down the Crystal Spikes that Have the Records in Them. I AM to Hold Those Cryptic Records On My Lap When I Meditate in Silence and Allow the Activation and the Retrieval of Those Memories so that I Can Give Them Out to Mankind. I AM Told That in the Very Near Future I will be Connected with Angkar on the Sirian Ship, the Mother Ship. I Have Longed To Have Them Talk To Me and To Have My Beautiful New Guide, Airienell Speak With Me. He Will Help Me to Adjust to the New Information and the Sacred Geometry as it Enters Into Every Atom of My Being.**

**I AM Told Again that I'm Here for Humanity, Not Just For My Own Life in This Lifetime and That My Life Will Become More Visible.** It Will All Happen One Step At a Time so that I Will Be Able to Maintain My Balance and Composure and Continue the Art that I'm Learning. They're Asking Me to Use a Lot of Water, so the Flow is There. So The Elements Can Help Rearrange the Sacred Geometry Forms and Pictures that Will Be Used in a Book. Later it is for Me to Start to Meditate on a Regular Basis, Be Open to What Will Come and To Do That in the Early Morning, if Possible. But They are Telling Me that I Could Do it at Any Time, that They Would Be There for Me. We'll Set Up a Time that Will Be Early in the Morning and Will Be with the Highest Vibration Level of the Planet, that Will Fall Into a Pattern for Me but that, If I Needed to Talk or Had Thought That Could Be Done at Any Time.

I Just Feel at Peace. I Don't Know Where I AM Because We Started Out Into the Ethers. I Don't Remember Going Anywhere. I Mean, I Remember Seeing Stars Fly By But I Don't Know Where I'm At Right Now. And it Doesn't Matter. I AM Getting that We've Done What We Need To Do Today.

I'm Just Getting That I AM Back on My Couch. There's Many Colors Swirling in My Head and Again They are Telling Me, "Thank You." And They Love Me. And to Just Turn Off My Recorder and Sit and Receive a Healing and so it is. I Love You, Zim! I Know You're Going to Transcribe This for Me. Thank You for Being in My Life.

I Want to Thank All the Spirit World.