

POWER SURGE I

Marrianna's Journey on The Pathway of Light

Introduction

I Will be Sharing the Things I Have Used to Heal Myself of Various Illnesses and Disabilities. These Things Moved Me into Different Stages of Awareness, Clarity of Consciousness and the Joy of Living. I Ask that You Take Only that Which Resonates Within Your Heart and Leave the Rest.

My Intent in Sharing These Things is to Provide a Mirror so You Can Easily Relate to Them and so Better Understand Your Own Life. Be Assured that Everything in this Book Really Happened. Nothing has Been Made Up.

A Major Awakening on My Journey Along Spiritual Paths Occurred when My Father Died of Cancer over Thirty Four Years Ago. At the Time I was so Devastated, I Wanted to Go With Him. My Dad was Both Mother and Father to Me and My Brother, Bob. I Found it Very Difficult to Believe I Could Go on Without Him. Spirit, However, had Another Thing in Mind. I was Told, Loud and Clear, **“It Was Not My Time To Go For I Would Help The Multitudes.”** For Years I Wondered What that Really Meant. Now I Know. By Sharing My Experiences and the Gifts Showered on Me By Spirit I AM Assisting the Multitudes. The Message is Clear: If I Can Do It, You Can Do It!

At Another Time Lord Jesus, Master Sananda, Told Me My Role Was to, “Hold the People’s Hands and Walk Them Through Their Shadow Side.” This is My Life’s Mission and Service to Mankind. This is What Can Happen to Anyone Who Reads this Book with Ears to Hear and with a Pure Intent and Willingness to Clear the Negativity from His or Her Life. I Know How Difficult this Can Be for Spirit Required that I Experience Many, Many Possible Negativities and Traumas and to Transcend Them Before I was in a Position to Share Them with You.. As My Learning and Experiences Increased, More and More was Given to Me. In the Same Way, As I Share What Has Been Given to Me, Still More Gifts Continue to Come My Way. It is My Pleasure and Responsibility to Share These Things with All Who are Willing to Receive Them. **This new wisdom will now be available on my new web site InnerAwarenessManagement.com.**

This Book will Tell You All the Things that I Have Been Given That Need to Be Released and Cleared from Your Akashic Records and How To Do It With Ease and Grace. You Will Find There are Many, Many more Capital Letters Used Than the Rules of English Allow. Spirit is Using Them to Provide a **“Triggering Effect”** that Will Assist in Clearing Negativity at the Core Cellular Level.

Beloved Moses The Prophet Has also Stepped Forward To Lead Humanity Out of Their Physical, Mental, Spiritual and Emotional Bondage That is Stored in Their Akashic Records. This is Done by Listening to the Tones and Sounds Recorded on The CD at the Back of The Book. **You Do Not Have to Re-Experience Any Traumas! The CD is to be Used at Any Time You Feel Emotional About What You’re Releasing From Your Akashic Records.** Lord Jesus, Master Sananda, Said, **“It is Spirit, Through Moses, that Makes the Tones and**

Sounds Efficacious and Effective In Breaking the Hold of Vows and Agreements that Have Been Made With the Dark Forces or the Dark Side, as Some Call It. It is Vitaly Important that This Be Done for Without It, It is Extremely Difficult for a Human Being to Awaken and See The Light of His Own Divinity and to Shed the Shackles and Controls of The Darkness.”

The Only Way I Know of Assisting You is By Sharing What has Happened to Me and How I Handled It, Along With the Materials I Used in My Inner Child Workshops, I AM Classes, Gatherings of Light Workers, The Clearing of Akashic Records and The “I AM Light” Newsletters. The Material in This Book Was Channeled Through Me, My Husband and Katherine Torres, Ph.D.

One of the Problems I had Was Too Much Material. The Akashic Records Contain Both Positive and Negative Information. There is a Vast Difference in the Positive Side and Negative Side of the Akashic Records of Every Person. There is so Much Difference it Could Not Be Presented in a Book Format. It is More Important to Concentrate on Releasing The Negatives in The Akashic Records. Until Negativity is Gone, there is Little Chance of Knowing and Understanding One’s Light and One’s Divinity. **I have Listed All The Negative Possibilities I Have Been Given Even Though Most Individuals Would Not Have All of Them. It is Better to Release Something You Don’t Have Than to Miss Something That is There and Should be Cleared.**

This Book is Designed to Assist You In Releasing The Negative Experiences in This Life as Well as Those in Any Previous Life Back to the Beginning of Time. I Must Mention that I Was Not Raised to Believe in Reincarnation. This Changed When I Learned I had Many Previous Lifetimes and How They Affected this Lifetime. **It Does Not Matter If You Believe in Reincarnation or Not for This Process to Work. If You Truly Intend to Clear The Negativity from Your Akashic Records, Then Follow the Directions in This Book and You Will Be Successful!**

Since Most of What You Will be Releasing Will Be New to You, I Have Provided an Explanation of Most of The Negative Influences that are Possible. I AM Sure You Will be as Amazed as I Was to See How Many Possibilities There Are.

I Did Not Want To Know Anything About All the Dark Forces. I Did Not Journey Down this Road Easily! I Fought It All the Way! I AM the Number One Doubting Thomas and I Did Not Want to See or Know About the Influences of The Dark Forces in My Life Much Less Those in The Lives of Others.

Spirit Explained that Earth Is a Planet of Polarity and, Yes, There Is a Polarity to Everything on Earth. **The Key is to Bring Everything Into Balance and to Live In the Center, Balanced, Free of Pain, Disappointment and Filled with Unconditional Love, Peace and Harmony.** When You Clear All The Negativity Your Belief System Changes. You Will No Longer Project Negativity so You Will No Longer Attract Negativity to You.

In the Following Pages You Will Read About My Life as The Lady of Light and How I Created Myself Into The Lady of Darkness in a Past Life Because I Did Not Want to Fulfill My Soul Contract. It is That Lifetime I AM Now Bringing into Balance by Sharing What I Experienced. Oh, How Hard It Has Been In This Life Because of the Karma I Created!

I Came to Earth With Very High Vibrations as The Lady of Light to Assist Those Who were of Lesser Light and were Not Aware of Their Own Lower Light Vibrations. The Thought of The Dark Forces and Their Low Vibrations Gripped Me With Fear. It Was Almost More Than I Could Handle. I Wanted to Be With Spirit Instead of Doing What I Agreed to in My Soul Contract. Consequently I Tried to Escape My Responsibilities, Like Others were Doing, by Indulging in Haluciegenic Drugs. I Was Serving in The Temple of Isis at the Time and Thought the Drugs would Bring Me Closer to Spirit. Of Course, Just the Opposite Occurred. My Brain was Damaged to the Point where The Dark Forces could Enter and Begin Their Control. One of the Things They Did was Put an Implant in My Brain which Blocked My Ability to Bring Forth Clear Information From Spirit.

I AM Told that I Went to The Highest Level of Light and also to The Lowest Level of Darkness so I Would Have Compassion To Help Others In This Life Time.

The **Soul Origination Chart** That **Rev. Katherine Torres, Ph.D.**, Did for Me, Revealed that From the Beginning of Time it Was Determined that I Would Write an Unorthodox Book. This is That Book. I Did Not Realize How Unorthodox it Was Until I Starting Putting it Together and Found that Spirit Wanted to Capitalize so Many Words. My Husband Zim Expressed the Concern that No Publisher Would be Interested in Publishing Such a Book. Later I Was told to Self Publish and Then Wait and See What would Happen.

With the Completion of This Book I Will Have Come Full Circle. These are the End Times for War, Fighting and Darkness and the Beginning of Heaven on Earth. Planet Earth is Raising Her Vibration. This is Affecting Everyone Upon or In the Earth. Your Ascension Will Be Much Easier as You Raise Your Vibration Rate. **The Negativity In Your Akashic Records Needs to Be Embraced and Healed Using Detached Compassion. In This Way You Will be Taking Charge of Your Life and Can Become a Divine Master of Light.**

In This Book You Will See that Spirit Has Provided a Lot of Information About Balancing the Four Lower Bodies. That Is Because You **MUST BALANCE YOUR FOUR LOWER BODIES BEFORE YOU CAN EARN YOUR THIRD BLESSING.** It is Important to Take Time and to Let the Information Sink In as You Read. Do Not Read Right Through as Fast as You Can. Great Blessings From Spirit are Available as You Take the Time to Digest and Integrate the Sacredness of the Messages.

If it Seems Overwhelming, Be sure to Call on Your Spirit Guides, Angels and Any Other Beings You Feel Comfortable With to Help and Guide You. All You Have to Do is Ask and They Will be There for You. Use the CD in the Back of the Book When You are Breaking Your Vows and Agreements in Your Akashic Records. Slow Down and Don't Rush. It May be Helpful to Lay the Book Aside for a While and Then Take it Up Again at a Later Time.

Many On Earth are Not Aware That The Dark Forces Can Attach Themselves to Them and Can Invade Their Bodies. Such Attachments and Invasions Can Result In Physical and Emotional Abuse, Drug and Alcohol Abuse and Many Other Negativities. The Dark Forces Thrive in Places of Lower Vibration such as Night Clubs, Bars, Casinos, Etc. Wherever There is Anger, Fear, Fighting, be that In Homes, Work Places or Play Places, The Dark Forces are There to Feed Off The Negativity. Almost Everywhere One Looks, There are Opportunities for the

Dark Forces to Thrive. **Without Shields of Protection The Dark Forces May Gain a Foothold in You and Your Life and Drain Your High Vibrational Energy.**

All War Zones are Extremely Low in Vibrational Energy. Military Personnel are Susceptible to Attack from The Dark Forces that are Sometimes very Obvious but at Other Times are Difficult to Detect. The Souls of Individuals who are Killed in War Zones or in Any Negative Manner My Get Lost Between Dimensions. You Will Find in My other Book That You Can Request Healing for Anyone You Know Who Has Died in War or Had a Tragic Death such as in Car or Plane Accidents, Drive-By Shootings, etc. News Broadcasts are Filled with Examples of Tragic Deaths. It is Important to Ask for Everyone Soul Permission Who Passes, to Be Placed Into The Light.

I Might Add that When Military Personnel Return from War Zones, They Often are Unknowingly Bringing Back with Them Dark Forces of One Kind or Another that Have Attached to Them and are Thus in a Position to Influence Their Behavior, Thoughts and Feelings. That is One of the Reasons Some Never Recover Fully Into the Men and Women They Once Were. Usually All These Negativities are Correctible by Following the Directions for Requesting an Akashic Record Clearing. Someday I Hope the Military will be open to Train People Who will Specialize in Helping Military Personnel and Their Families. **Know You Can Not Only Ask To Clear Yourself but You Can Ask For a Clearing For All Your Ancestors Back to the Beginning of Time using my other book!**

This Mini Manual Will Tell You How to Regain the Shields of Protection Most of Us Have Unknowingly Dropped in the Past. It is Important that All Clearing Be Done Before New Shields are Placed. Thank Goodness We Don't Have to Worry About That as Long as We Remember It Is Spirit Who Is Doing The Clearing and Placing of Shields.

This Book is Written to Benefit All Who Read it With Pure Intent to Clear Negativity from Their Lives and From Their Akashic Records. Simply Read it the Way it is Written. It is Especially Powerful because of the "Triggering Effect" of the Capital Letters.

Almost All Healing is Based on Your Pure Intent. **If You Are Sure It Will Work, It Will! If You Are Sure It Will Not Work, It Can Not!** Because Spirit Gave You "Free Will" You Are Much More Powerful than You Know!

The Material Included in This Book Was Used to Clear The Negativity In The Akashic Records of Many People. At That Time I Charged \$111 Per Session. This Means The Information in This Book Would Have Cost You Over \$1,000. In Addition I Have Added a Great Deal of New Information. My Intent is to Share This Material with All Who Are Open to Receive It.

Recently Malachi Shared With Me That, "Moses Stands With You This Day and He Says, 'Remind Yourself That The Message of Parting The Red Sea was a Statement of How Consciousness Was In a Grand Change. You Are Parting the Red Sea Again By Bringing Forth Much of this Information. You are Desiring to Help Humanity Change Their Frequency of Consciousness. He Stands With You to Help Change The Consciousness.'"

With the Ever Present Assistance of The Creator of all that Is, Beloved Moses and The Heavenly Host, You Cannot Help but Be Successful! God Bless You On Your Journey!

Peace Be With You!
Marrianna,
Lady of Light

My Hardest Life “Opportunities”

Barbara “Marrianna” Zimmermann

The Following are **Some** of the Hardest Life “Opportunities” I Experienced and Brought Back into Balance In This Lifetime.

- My Mother was Diagnosed with Tuberculosis When I Was About One Month Old. There was No Cure at the Time so She was Placed in a Convalescent Home. Five Years Later the Doctors Decided to Collapse the Lung with TB but They Read Her X-ray Wrong and Collapsed the Wrong Lung.
- My Mother Died When I Was Six.
- My Stepmother Tried to Kill Me When I was 12 Years Old.
- Finding My Husband in Bed with My Friend.
- Guilt, Pain and Disappointment Associated with Filing for Two Divorces.
- Guilt and Rage for Not Being Aware of the Sexual Abuse My Children Suffered.
- Trauma, Hurt, Pain, Disappointment and Guilt Over My Son’s Drug Addiction and His Being In and Out of Prison for Over 27 Years.
- Disappointment, Hurt and Confusion Over My Ex-Husband’s Abandonment of Our Two Children Leaving Feeling that of Rejection, Disappointment and unwantedness.
- The Challenge of Raising Two Children Without Their Father’s Help and Guidance.
- Death of My Father From Lung Cancer.
- Date Rape in My Middle Thirties.

To Remove the Pain and Suffering I Experienced, I Created The **“Reflection Release Process”** and Used It to Remove the Traumas and Drama Associated with These Experiences. It Really Works!! I AM at Peace!

Every Now and Then, When I Get My Feelings Hurt I Can Usually Find Something I Have “Stuffed” Inside and Forgotten About. When that Happens, All I Need to Do Is **Remember To Forgive Myself and All Others and Send Love to Everyone. I Then Ask Spirit For New Pictures of Reality for All.**

It Works Every Time! It Gives Me a Clean Slate and Peace of Mind! The **“Reflection Release Process”** is in this Book. Try It, You’ll Like It! (pg 38&39)

My Hardest Health “Opportunities”

Barbara “Marrianna” Zimmermann

Spirit Shared with Me That I Had Contracted to Assist In the Evolution of Humanity. This Contract was also Connected to the Medical Profession. My Role was to Experience the Extremely High and Low Vibrations of Different Illnesses and to Bring Them Back Into Balance. Then I Anchor the Experience Into the Iron Crystalline Grid Within Mother Earth. This Process Provides a Record and Means for Others to Experience the Same Illnesses With Less Pain and Suffering and With More Ease and Grace.

If You are One Who is Extremely Sensitive to Electro-Magnetic Energy, Foods, Smoke and Perfume, etc. As I Am, It Could Be That You have a Similar Contract.

The Following are **Some** of the Hardest Health “Opportunities” I Experienced and Brought Back Into Balance in This Lifetime. They are Not in the Order They Occurred.

- I Had a Whiplash from an Automobile Accident that Resulted in Severe TMJ Problems and Back Pain Off and On for Thirty Four Years. I Spent a Full Year in a Neck Brace. The TMJ Problems at That Time Resulted in the Need to Cap All My Back Teeth, to Open My Bite and Relieve My Severe Headaches.
- Later I Had Mercury and Heavy Metal Poisoning from All the Dental Work I Had at an Earlier Time. The Result was I Felt Sick when I Ate and Sick When I Didn't Eat. I Had to Have All the Mercury Fillings Removed From My Teeth and Then have All My Teeth Capped with a Special Plastic Material Because I was Allergic to Everything Else. It Cost over \$23,000 and Was Not Covered by Insurance.
- I AM Allergic to Most Cleaning Products, Perfumes, Smoke, Etc. and to MSG which is Found in Most Prepared Foods.
- I Have Hyper-Acoustics. That Means All Sounds are Magnified. Even With Ear Plugs Everything Seems Very Loud to Me. Movies, Restaurants, Children Crying, Dogs Barking and Even the Sound of Tires on Pavement were Too Much for Me at Times. I AM Much Better Now.
- I had a Hysterectomy in My Early Thirties. Because of Medical Errors I Almost Died from Loss of Blood. I Experienced Traveling Down the Tunnel Leading to the Beautiful Light.
- I Had Surgery for a Prolapsed Bowel, a Hernia Repair and Carpal Tunnel Repair on Both Hands.
- I Had Surgery For a Brain Tumor on My Pituitary Gland. I was Lucky It Was a Non-Cancerous Tumor.
- The Tumor Grew Back Within Two Years. It Had Grown Around My Optic Nerve. I Did Not Want to Lose My Eyesight. I Asked My Doctor to Try Something New that Had Never Been Done Before. My Doctor Sent Me to the Radiation Medical Group For a Second Opinion. This is Where Cancer Patients are Treated Zim and I Met

with Dr. Tahir Ijaz, a Wonderful Doctor. I Told Him I Was Looking for a Miracle. After My Examination, Dr. Ijaz Looked Straight Into My Eyes and Said, “I Will Look for a Miracle and When I Find One, I’ll Remember It Was for You.” Dr Ijaz Created My Miracle and After All My Radiation Sessions The Tumor Stopped Growing and I Could See! Although I Lost a Little Memory, The Tumor Has Not Grown Back. Almost Daily I Ask My Tumor to Shrink and Lay Dormant for Eternity and I Give Thanks for My Life!

I Should Mention, When All This was Happening, I Did Not Know I Had a Contract with Spirit to Experience All These “Opportunities.” I Learned This Later When I Couldn’t Figure Out What I was Doing Wrong to Create so Much Sickness That is When Spirit Explained It to Me. If Nothing Else, It Teaches Us to **Remember That What is Wrong with Us May Just Be What is Right With Us.**

“Soul Biological Reserve”

I Want You to Know We All Have a “Soul Biological Reserve.” It is the Vital Part Within You that Holds the Matrix of Your Total Health. You Can Call on Your “Soul Biological Reserve” Whenever You Need a Boost of Energy or When You Feel Your Health Failing. All You Need to Do is Ask to Receive it! This Was Another Gift From Malachi.

My Call for Help Moses Through Marrianna

Moses, Moses, Moses, Please Come and Sit With Me and Give Me Words of Encouragement. My Pain is so Great.

My Child, I AM With You and I Sense Your Concern for What is Happening In Your Body and Your Life. It is Wise to Remember This is an Experience You Chose for Your Advancement and Your Service to The Divine. Be Strong and Centered. Focus on Certainty and Let go of the Thoughts You Did Something Wrong or that You’re Not Good Enough. Let Go and Let God’s Liquid Light Flow Through You and Around You. Be at Peace That All Will Be For Your Highest Good and for the Highest Good For Humanity.

You Are In the Hands of The Divine and All is Well. See Your Brain Tumor Shrink with Ease and Grace. Rest, Read, Paint, Walk, Cook, Write, Meditate and Be Gentle to Yourself. New Awareness Is Coming to You With Every Step and Every Breath. Know I AM Always With You, Assisting and Directing. Be Open to Receive My Presence. Be At Peace. I AM Moses.

Remind Myself

Malachi Told Me to Remind Myself, *I Have Chosen Physical Health Challenges on Earth to Experience Throughout My Life. I Have Also Chosen Spiritual Pathways More and More of the Working With the Consciousness of This Grand Universe Into the Consciousness of Humanity.*

That My Intent Now Is to Work with Divine Mind Consciousness and To Release the Mass Consciousness From My Existence. Knowing I AM Still a Human Being, So To Release Mass Consciousness Is Not an Instant Reality. Yet the More I Allow Myself to Move Into Divine Mind Consciousness, the More I Will Assist Myself to Breathe In The Divine Mind.

A Little About Marrianna

Marrianna has Studied and Trained Extensively Over the Past Thirty Three Years in Numerous Areas Including: Neuroscience, Accelerated Learning, Brain Damage Re-Education, Right and Left Brain Integration, Holistic Health, Herbology, Crystal and Gem Healing, Color Therapy, Gestalt Therapy, Rebirthing, Kinesiology, Self-Hypnosis, Subliminal Sound Therapy, Neuro-Linguistic Programming (NLP), Sei-Chem-Reike, Tarot, Qabalah, Fifth Dimensional Activation Techniques, The Keys of Enoch, Ancient Scrolls, Language of Light, Native American Shamanism, Parapsychology, Inner Child Healing and Reading and Clearing Akashic Records.

Marrianna is Certified in Iridology, Nutritional Deficiency Testing and Whole Brain Training. She is an Intuitive Counselor, Artist, Writer, Entrepreneur, Lecturer and Health Consultant. Marrianna Received Her Teaching Certificate in Whole Brain Training From the John David Learning Institute in 1986.

In 1987 She Received the “Tribute To Women In Industry,” (TWIN) Award from the YWCA for Her Outstanding Job as Administrator and Budget Coordinator for the San Diego County Sheriff’s Department. She is the Founder of Four Businesses, Including: Inner Awareness Management (I AM), Zimbar Enterprises, Key Performance Learning Institute and R. & B. Distributors. Each Experience has Added to Her Knowledge, Spiritual Growth and Understanding.

Marrianna First Discovered Her Unique Inner Awareness and Communication Skills during a Period of Her Life when She Raised and Affection Trained Big Exotic Cats, Including 11 Mountain Lions, a Jaguar, Ocelots, a Margay, a Bear and Other Small Animals. This Activity Provided a Means for Her to Learn How to Tame Her Own Feelings and Fears and to Create what She Wanted in Her Life. This, Coupled with a Mystical Experience She Had in 1992 While in Egypt, Shifted Her Awareness and Sense of Reality and Brought Clarity to Her Mission and Life Purpose. Her Deep Love and Affection For Exotic Cats Has Never Waned. She Missed Them so Much She Decided to Learn How to Paint Them. This Has Provided a Means for Her to Feel Close to Them Again. To Her Surprise She Was Given a Spiritual Guide to Help Her Paint and Connect With the Cats on a Soul Level. Her Cat and Animal Paintings Now Provide a Healing for All Who Gaze Into Their Eyes. In This Way Anyone Can Connect with the Soul Energy of the Cats and Animals and receive a Healing!

If You are Wondering Where the Name “Marrianna” Came From, Barbara Started Using that Name After Malachi Told Her It Was part of the Name of Her Higher Self. He also Told Her that if She Went by the Name Marrianna, She Would be Able to Connect to Her Higher Self Sooner Because She Would be More Focused and Aware of Her Higher Self on a Daily Basis.

Marrianna has a Deep Desire and Need to Share Everything She Learns. The Inner Child Workshops, "I AM" Classes, Gatherings of Light Workers and the Akashic Record Readings were All Presented by Marrianna in a Loving Manner From Her "God Spark" as She Calls It. The Clearing of Woundedness and Bondage is Created By Using the Channeled, Unconditional Love, Guidance, Wisdom and Knowledge of "Is" The Creator of All That Is, all my Guides and Council, Beloved Moses, The Prophet. His Gift of Dimensional Harmonic Toning Dissolves the Negative Trauma and Drama at the Core Cellular Level. In Her Work She Also Uses Her Intuitive Counseling Skills, St. Germaine and The Violet Consuming Flame of Transformation and Forgiveness and Quan Yin and The Opalescent Flame.

All Her Spiritual Growth, Recovery From a Brain Tumor and Other Health Challenges were Possible Because She Listened to Spirit. She Has Been Willing to Listen and to Follow the Loving Assistance, Advice, Guidance and Unlimited Patience of "Malachi," a Thirteenth Dimensional Master who is Channeled by Katherine Torres, Ph.D. Katherine is also Marrianna's Dear Friend and Mentor. Check out her web site: www.facesofwomanspirit.com. 800-499-2353 or 619-588-6483

It was Malachi who Provided the Bridge for Marrianna to Re-Connect to Moses. He once shared the Information that Both Marrianna, and Her Husband, Zim, Walked the Desert with Beloved Moses During the Time of the Exodus and That She Was From The House of Moses and Like a Daughter to Him. Moses Walks with Her and Assists Her in Helping Humanity as She Journeys Back to "IS" The Creator of All That IS.

Marrianna and Her Husband Zim Have Been Together for Over 34 Happy Years. Zim Has Three Sons who Live in Washington: Stephen, John and Mark. Marrianna has Two Children Fonda and Steven who Live in the San Diego Area. Fonda is her daughter and Her Son is Also Named Steven. Currently They Have 9 Grand Children and Going on Five Great Grand Children. In the Summer They Live in Spring Valley, California. They Spend Most of the Time in Winter in Borrego Springs, California.

Who Am I and Why Did I Come to Earth?

Barbara "Marrianna" Zimmermann

Spirit Shared With Me that I AM One of the Legions of Light From Venus. That I AM a Star Seed, Which Means I Have Visited Different Star Systems and Been Encoded With the Wisdom and Knowledge Available from Them. The Star Seeds are Also Known as Multi-Dimensional Masters.

There are Many, Many Different Star Seeds on Earth at This Time. All Who Have Volunteered to Come to Earth and Assist Earth's Birthing Into a Star or Planet of Light. To Become a Star or Planet of Light, Earth Has to Raise Her Vibrations to a Fifth Dimensional Level or Higher. In Addition, All Who are Living Upon or In the Earth Will Need to Raise Their Vibrations, If They Wish to Ascend With the Earth. As Always, Each Person Has Free Choice in the Matter. It is Entirely Possible for Anyone to Stay at Whatever Vibrational Level He or She Chooses.

The Plan was That the Star Seeds Would Share All the Encoded Wisdom and Knowledge They had Received in the Different Star Systems. **However The Star Seeds and Humanity**

Will Need to Balance Their Four Lower Bodies and Raise Their Vibrational Levels To the Point Where They Realize and Accept That They are Divine Masters.

This Book Will Assist the Star Seeds and Everyone Else to Clear Their Akashic Records. This Will Provide a Means of Raising Vibrational Levels So Their Encoded Wisdom and Knowledge Can be Activated. In This Way They Can Assist Themselves, Other Humans and Mother Earth Herself to Ascend.

Other Planets Have Raised Their Vibrations and Become Planets of Light. However, This Will Be the First Time a Planet and Her Inhabitants Have Ascended Together and Become a Planet of Light. These are Very Exciting Times. They Require Major Changes in Our Belief Systems and Even in Our Physical Bodies.

In Fifth Dimensional Reality There is Only Love and Light. It is What We Would Call **Heaven On Earth.** There are No Wars, No Starvation, No Sickness, No Pain, No Sorrow When You Raise Your Vibrations to the Fifth Dimensional Level and Have Taken on Your Light Body. There Will Be Cities of Light on Earth Where Higher Wisdom Will Be Taught By Those Who Take on Their Light Bodies and We Will Be Assisted By The Heavenly Host.

A Little About Moses

A Personal Message About Moses from Moses and Malachi Through Katherine Torres, Ph.D.

*Moses Will Share What the Essence of Himself Was During His Earthly Living. In the Personal Arena, He Says, He Learned How to Move From the Attitude of Arrogance to the Attitude of Humility. He Says This Is a Very Great Trait for All Human Beings to Learn. **The Movement From Arrogance To Humility Brings About the Balance and the Sacredness of the Spiritual, Emotional, Mental, Physical, Emotion of Soul Bodies (S.E.M.P.E.S.)***

Marrianna and The House of Moses

Malachi and Moses Through Katherine Torres, Ph.D.

*Those Beings, Which Are From the House of Moses, are What Your World Calls the Kins, the Inherited Realities of Yourself Coming Down Through One Generation to Another, to Another. You Lived In Times When the World Was In a Great Shifting of Attitude and Movement. This Occurred After the Parting of the Red Sea, After the Moving to New States of Consciousness. You Were There. You Had an Awareness of the Effect Moses Had Upon the People. He Tells You Also, You Followed That Lineage When You Passed From That Lifetime. You Reentered Another Lifetime in Which You Would Have Been His Great, Great, Great Grand Child Passing Through the Lineage. **So Encoded in Your Own Soul Memory is the Lineage of Being From The House of Moses, The Daughter of Moses. That Continues Through Your Eternity For You Chose To Be in the Chain Length of Moses and That Would Include Your Children and Their Children and Their Children.***

Thank You Beloved Moses.

What I Found Out About Me!
What's True For Me Is True For You Also!
Barbara "Marrianna" Zimmermann

I Asked to Come to Earth for the Life Experience and Personal Soul Growth.

I Wrote My Own Life Script Based on My Karmic Need and My Soul Desire to Learn.

I Chose My Parents and the Family Setting I was Born Into.

Everything Is the Opposite on Earth Until One Recognizes the Gift Others are Showing Them.
There Is No Bad Guy In the Movie.

There Is No Right or Wrong, Good or Bad Action In The Eyes of Spirit. Everything is Only an Experience, Nothing More.

Whatever I Do To Others Will Be Done to Me Later In This or Another Lifetime.

There Is Only **One Supreme Creator, All That IS**, No Matter What You Call Him or Her.

Usually the One Who Gets Upset or Angry Is the One With the Issue. If it Upsets Me, I Have the Same Issue and Need to Clear It.

Everyone Reflects To Me What I Need to Clear In Myself, if it Causes Me to Get Upset.

I Asked The "Superb Jerks" in My Life To Play The Roles They Play So I Can See It In Myself and Clear It.

What's So, Is Also, So What!

What I Focus On I Get More of! What are You Focusing On, Your Bills, Debts, or Unlimited Financial Supply, Happiness?

I Create My Own Reality With My Thoughts, Words and Deeds.

It Is Impossible to Be Alone. I AM a Cell From the Body of "IS" The Creator of All That "IS".

More Than Likely What Appears to Be Wrong With Me Is What is Right With Me.

I Must Come Face to Face with All My Negativity to Bring It Into Balance.

What Is Complicated and Hard to Understand Is Usually Something Humanity Created.

What Is Simple and Easy to See and Understand Spirit Created and Humanity Usually Overlooks It Because It Is So Simple.

No One Outside of Me Knows What Is Best For Me.

“IS” The Creator of All That “IS” Gave Me My Own Free Will to Experience My Life in Whatever Way I Choose.

The Only One Who Judges My Experience Is Me, Not “IS” the Creator of All That “IS”.

“IS” The Creator of All That “IS” Is an All Loving God.

The One Who Needs My Approval and Love the Most is Me.

All My Answers to My Freedom From My Pain and Suffering Are Within Me Waiting for My Forgiveness, Acceptance and Removal.

I AM a Spiritual Being Having a Human Experience, Not a Human Being Having a Spiritual Experience.

When I Do Not **Take Care of Myself First**, I Have Nothing to Share But My Woundedness.

Only I Can Clear My Akashic Records. It is An Inside Job Based on My Pure Intent and This Book and Spirit’s Wisdom and Guidance and Assistance.

What I Experience on Earth and How I Handle It is My Gift Back to “IS” The Creator of All That “IS”.

I AM Love Expressing.

I Need to Consider Myself First. This is One of the Hardest Things for Most Women To Do. In a Male Dominated Society Because We Are Programmed to Be Subservient.

I AM a Multi-Dimensional Master Here to Co-Create Heaven On Earth.

I Have Free Choice. If I Do Not Like My Life, I Can Choose Again. However, I Have to Change My Behavior or Perspective to Create a Different Outcome.

A Divine Master Does Not Have To Ask Permission to Think, Say or Do Anything.

Everyone Is A Child of “IS” The Creator of All That IS.

When I Clear All My Negativity, I Create a “Clean Slate” for Myself.

When I Have a “Clean Slate”, No One Can Upset Me or Throw Me Off Balance. I Stay Centered. I Call That “Freedom.”

I Have a “Biological Energy Reserve” I Can Call On When I Get Tired, Sick or Overwhelmed.

The Human Population is Comprised of Two Types of People. One’s in **Service For Self and One’s in Service For Others**. Which One Are You?

The Key is to Bring My Service to Self and Service to Others Into Balance.

Planet Earth is a “Living Being” With a Chakra System and a Life Mission.

Planet Earth’s Mission is to Become a Light Planet.

The Star Seeds are Here to Assist Mother Earth in Becoming a Light Planet. I AM a Star-Seed. Are You a Star-Seed?

I Have Been Given the Gift of “Parallel Lives” to Assist Me in Seeing Myself in Others so I Know What to Clear in Myself and So Have You.

Others In My Life Reflect Back To Me What I Need To Clear In Me.

The One Who Gets His or Her Feelings Hurt Is The One With the Hurt Inside That Needs To Be Healed.

If I AM Upset, It Is Never the Other Person, It Is **Always Me**. They are Showing Me What I Need To Clear.

Until I Love Myself, I Do Not Have Love to Give Another, Only my Woundness.

Your Freedom Comes When You Have Cleared All Your Issues. Then You Have No Buttons That Can Be Pushed. No One Outside of You Can Upset You. I Call That Freedom.

That Love Is the Most Powerful Force on Earth.

What I Judge In Others Is Only My Reflection Because All Judgment Is Self Judgment.

When I Release My Judgment of Myself and Others, I Find Peace In Everything.

One Way To End a Dispute or Hurt Feelings Is To Send Heart-Felt Love To The Other Person.

What I Give and Share with Others Is Returned to Me Tenfold or More.

If I Send Hate I Receive Hate. If I Send Love I Receive Love.

To Create a Higher Outcome For Any Discontent In My Life, I Ask My “I AM Presence” To Speak To the Other Person’s “I AM Presence” and I Ask For Both of Us To Be Uplifted So We Can See The Problem From a Higher Perspective and For the Highest Good For All. (Your “I AM Presence” is the God Spark that is Within You.)

It Is Not What Happens to Me But How I Handle What Happens to Me that Creates My Pain.

We Are All One, Part and Parcel With “IS” the Creator of All That IS.

It is Time to Awaken to My True Mastery and Claim My Divine Inheritance!

**Qualities of the Spiritual, Emotional, Mental,
Physical, Ego and Soul (S.E.M.P.E.S.)
Katherine Torres, Ph.D.**

Spiritual

This is Your Vital Life Force. It is the Indestructible Energy Within You. It is the Cause and Effect Occurring Simultaneously Within You. It Maintains the Automatic Subatomic, DNA/RNA Make Up of Your Soul. It is the Essence that Originated Your Soul and Evolves Through Your Personality. It is Your Divine Aspect. You Relate to it By Expressing Reverence, Respect, Love and Honor for the Great Creatrix of All Life. You Recognize It In the Beauty of All Things.

Emotional

This is the Essence of Yourself That Feels. It Stimulates Manifestation of the Vital Life Force. The Emotional Quality of Yourself is Active and Receptive and Plays an Important Part in your Forming the Manifested World Around You. It is the Steering Mechanism of the Mental Aspects of Yourself, so that Structure and Form May Occur from the Essence of Your Subatomic Cells Right on to Your Tissue, Organs, Bones and Skin. It is the Protective Housing of Your Soul and the Essence of You that Helps You Experience Your Soul-Urging to Fulfill a Desire. It is the Creative Aspect of Yourself. It Provides the Pattern of Your Moods, Currents of Your Biorhythm and Your Inner Drive and Desires for Your Evolution. It Cannot be Touched Nor Can It Be Seen. It Can Be Deeply Experienced Through Your Feeling Nature. You Encounter it at Surface Levels and Deep Inner Levels. You Know it Through Joyful Feelings, Sorrow, Highs and Lows, Anger and Love, Elation and Depression and Every Single Mood You Experience.

Mental

This is the Essence of Your Intelligence. It is Your Thoughts, Both Conscious and Unconscious. It is the Aspect of Yourself that Directs the Course of Your Emotions, Formulates Your Imagination and Inner Experiences and Helps Produce and Manifest Through the Agency of Creative Imagination. You Know It as Your Thinking, Reasoning and All Logical Applications or Your Mind. It is the Aspect of Your Thinking that Brings Both Positive and Negative Responses, for it is Your Trial, Judge and Jury of All Activities You Experience. Through Your Mental Aspect You Discern Your Joys and Sorrows, Your Ability to Create, Intuit, Learn, Intellectualize and Evaluate Situations, Circumstances or Events. Using the Function of Your Mind with Your Intuitive Qualities, You Can also Learn How to Empower Telepathic Communications.

Physical

This is the Essence of Your Physical Body and the Physical Environment Around You. Through this Aspect You use Your Senses of Smell, Taste, Touch, Sight and Hearing. All Uses of Your Body Belong to the Realm of the Physical: Action through Walking, Running, Swimming, Dancing, Eating, Sleeping, Sexual Activities and so Forth. All Physical Experiences are a Part of This Aspect such as: Working, Playing, Relating to Others, Relating to the Earth and the Environment as a Whole, (Sky, Clouds, Plants, Animals, Minerals, People.) Certainly, it is Evident that the Physical Aspect of You is the Solid Matter of the Vital Life Force.

Ego

Although this Aspect May be seen Akin to the Mental Qualities of Yourself, it is a Facet Replete in its Own Power. The Ego is the Outer Expression of the Inner You, and when Evolved, it is the Outer Expression of Your Higher Self. It is the Part of You that Provides the Energy to Survive the Human Experience. It is the Element of Each of Us that Seeks to Know More by Learning About Itself. Through Self-Learning, Evolution Occurs and Achieving Expressions of Your Higher Beingness Can Be the Result. Your Ego can Act as Separatist, Essence of Fear, Narcissistic and Self-Absorbed. It can Also be bold, Daring, Forward Moving and Can Express the Dynamics of The Goddess-Being That You Are.

Soul

This Aspect of Yourself is the Expression of The Divine Self as An Individuated Quality. It is The Spark of Life that Has Evolved Through the Eons of One Life Experience after Another. It's Function is to Remember Its Entirety, Remain on Purpose, Recall the Vibrational Frequencies it has Experienced from One Life to Another and Respond to its Coding to Return To The Goddess. You Experience it Through Your Inner Sense of Knowing, the Urging To Do and Be and the Deep Sense of Recognizing a Great Power Within that Knows it is The Expression of the Goddess.

Why I Shared About My S.E.M.P.E.S.

I Have Included Different Sessions I Had with Malachi That will Show You How Important It Is to Know What Is Happening Inside Yourself. How What You Think and Eat Affects What is Going on Inside Your Body.

I Have Shared Some of the Heavenly Advice and Direction Malachi Gave Me As I Lived Through Various Experiences and Opportunities that Presented Themselves in My Life. Always, Malachi was Able to Show Me How I Was Harming Myself and How to Get Back into Harmony and Balance.

This Whole Earth Journey, Which We Call Life, is An Opportunity to Experience Everything That Allows Our Soul Growth. The Universal Law of Cause and Effect Explains How We Create Our Own Opportunities to Learn. For Example, I Am Living the Effects of What I Caused When I was The Lady of Dark. It is Important to Use Such Effects to Assist in Our Soul Growth and to Learn How to Balance Anything That is Out of Balance.

This is How I Learned There's No Such Thing as a "Victim." We May Not Remember When, Where or Why Such and Such Occurred or Just How It Affects us Today but All of It is In Our Akashic Records. By Clearing Our Akashic Records we Eliminate the Causes and Then We Can Clear Up and Balance the Messes in Our Lives. That is What This Book is All About, Eliminating the Negative Causes and So Bringing Balance, Peace and Harmony Into Our Lives.

For Years We Have Been Told to, "Just Let Go and Let God." We Were Never Told What to Let Go of nor How to Do It.... Until Now!