

76. My Akashic Records

Sacred Clearing Session 1

Basic Clearing

**Remember You Are Breaking and Rescinding
Negative Vows and Agreements! These are Not Affirmations!**

Read This Out Loud! There Is Power In The Spoken Word!

Barbara "Mirranna" Zimmermann

Breaking and Rescinding Negative Vows and Agreements

I Call on My Mighty I AM Presence, God/Goddess, "IS", The Creator of All That IS and Lord Jesus, Master Sananda, Mother Mary, Quan Yin, Beloved Moses, Beloved Malachi, Buddha, Saint Germaine, Archangel Raphael, Archangel Michael, All The Ascended Masters, All My Guides and Council and The Heavenly Host to Envelop Me in The White Electronic Light Substance, Making It so Strong that No Human Creation Can Penetrate It. I Call on My Special Guides and Council to Control All My Energy and the Energy of Any Light Beings or Dark Forces around Me. I Ask to Be Protected and Shielded from All Harm.

I Request that Beloved Moses Please Step Forward and Lead Me Out of All My Mental, Emotional and Physical Bondage that I have With The Dark Forces. And I Request the Loving, Healing Powers of Archangel Raphael to Heal Me. I also Request the Protection and Wonderful Sword of Archangel Michael to Cut the Cords that Bind Me to The Dark Forces and The Third Dimension. I Ask Saint Germaine and The Violet Consuming Flame to Clear and Transform All My Negativity. I Ask Quan Yin and The Opalescent Flame of Pure Compassion and Unconditional Love to Assist in My Healing and Transformation Into Peace, Love and Harmony. I Ask Lord Jesus, Master Sananda, for His Blessing and Guidance. I Request All Your Assistance in Breaking and Rescinding All the Negative Vows and Agreements that I have made Knowingly or Unknowingly with The Dark Forces, as They No longer Serve Me.

Therefore, I Now Formally Break and Rescind Each and Every Vow and Agreement that I have Ever Made in this Life or Any Life, in this Body or Any other Body that was Not to My Highest Good. Please Heal, Clear, Repair, Encase, Remove and Make Null and Void All that is Not Serving the Highest Good for All that are in My Past, Present or Future Lives.

For It Is My Intent to Transmute, Transform, Remove, Heal, Clear and Forgive All My Issues, Traumas and Dramas, Bringing Them All Back into Balance and Replacing Them With God's Divine Original Blueprint of My Perfection Now with Ease and Grace.

I Also Request an Akashic Record Clearing for All My Ancestors Back to the Beginning of Time, IF Their Souls Give Permission and it is to the Highest Good for All.

I Also Request that All the Akashic Records for All the Aspects of My Beingness on All Twelve Levels of the Third Dimension, Receive a Clearing and Healing, IF Their Souls Give Permission and IF it is to the Highest Good for All. **I Ask that After All the Clearings and Healings are Completed that All Aspects of Myself be Invited to Merge with My Beingness, So We can All Experience our Wholeness**

Now. I Ask that All Aspects of My Total Being be Balanced, Healed, Aligned and Unified Back Into Wholeness. I Request that This be done in Divine Timing and I Ask that You Bless Us All Indeed!

I, Therefore, Humbly Request that Spirit Release and Heal All My Obsessing Negative Influences Including: Depression, Unworthiness, Feeling Alone, Lonely, Abandoned, Fatigue, Struggle and Pain.

I Give Myself Permission To Heal and I Ask That You Please:

Release, Remove and Heal All My Negative Energy Created Thought Forms.

Release, Remove and Heal All My Super Universe 6 Mirror Image Taint.

Release, Remove and Heal All My Partial Possession and Negative Controlling Devices.

Release. Remove and Heal All My Mental Life Occupied by Others.

Release, Remove and Heal All My Tar on My Subtle Body.

Release, Remove and Heal All My Talker/Stalker Beings.

Release, Remove and Heal All My Anger Spears Sent or Received.

Release, Remove and Heal All My Negative Thought Forms Stalking.

Release, Remove and Heal All My Negative Influences from Egyptian, Atlantean, Lemurian, Pleiadian or Any Other Places.

Release, Break, Remove and Clear All My Negative Spells, Pacts, Bindings and Curses.

Release, Remove and Heal All My Red Ray Connections.

Release, Dissolve and Remove All My Negative Vows I Made to God or Any One.

Release, Remove and Heal All My Negative Memory and Heal All Trauma While Trapped, Traveling to Negative Astrals.

Release Heal and Remove All My Dark Brothers and Dark Sisterhood Energy Influences.

Release, Clear and Heal All Objects in My Home, Work and Vehicles Charged with Dark Energy.

Release, Remove and Heal All My Negative Implants in or on My Golden Web.

Release, Remove and Heal Any Virus on My Golden Web.

Release, Remove, Heal and Cleanse Any Ooze on My Golden Web.

Release, Remove and Heal All Red Fibers on My Golden Web and Replace Them With the Golden Fibers of Creator Truth.

Release, Remove and Heal All My Etheric Mucous on My Golden Web.

Release, Sever and Heal All My Cords of Illusion in My Golden Web.

Heal, Cleanse and Encase But Do Not Remove All Enchantment on My Golden Web.

Release, Repair and Heal Any and All My Memory that has been Lost, Added, Shared, Clouded or Programmed.

Release, Clear, Remove and Heal All My Shells of Deception.

Release, Remove and Heal All My Light Power Imagers and All Unknown Types of Deceptions.

Heal, Cleanse and Close All My Portalways Open to Negative Planes and Negative Spirit Guides.

Release and Heal Any and All Obligations I have to Trapped, Deceased, Negative Beings.

Cleanse, Clear and Heal Any and All My Compassionate Connections.

Sever, Heal, Clear and Close All Portalways to Dark Forces in My Subconscious Mind.

Remove, Sever and Heal All My Earth Bound Spirits Using My Energy.

Release, Remove and Heal All My Present Life Dark Entities Stalking.

Release, Remove and Heal All My Present Life Dark Entities Attached.

Remove, Release and Heal All My Programmed Fear that I Cannot Really Look At Myself and Know Myself for Who I Truly Am. Therefore, I Cannot Know or Recognize My True Self.

Mend, Repair and Heal All My Tears in My Golden Web.

Heal, Mend and Repair All My Scars in My Golden Web.

Cleanse, Remove and Heal All Ooze in My Akashic Records.

Release, Remove and Heal All Chameleon Changelings.

Heal, Cleanse and Repair All Severed Star Child Contracts that are of The Light.

Release, Remove and Heal All Severed Star Child Contracts that have Turned Negative.

Remove and Heal All My Remnants and Residue of Any Past Life or Current Life Replicas.

Release, Remove and Heal All My Negative Etheric Records and Memories from My Past that No Longer Serve My Highest Good.

Release, Remove and Heal All My Discordant and Negative Belief Systems and Negative Pictures of Reality and Restructure My Picture of Reality with Love, Peace and Harmony to the Highest Good for All.

Sever, Release, Remove and Heal Any and All Negative Systems, Patterns, Implants and Devices Designed to Keep Me in Emotional, Psychological, Physical and Spiritual Bondage.

Release, Remove and Heal All the Negative Concerted Efforts to Keep Me in Fear and Illusion.

Release, Remove and Heal All the Entrenched Negative Beliefs Placed Within Me to Prevent Me From Accessing the Full Power of My Body, Mind and Spirit.

Sever, Remove and Heal All My Fear Beliefs that Were Programmed By Negative Forces Causing My Feelings of Lack of Self-Esteem, Unworthiness, Stupidity, Failure, Unlovable, Unsuccessful, Unwanted and with the Need to Follow Authority Figures.

Release, Remove and Heal All My Negativity Programmed By Fear that I would be Subjected to Eternal Damnation, if I Didn't Listen to What Others Tell Me About God. I Willingly Release All That Fear Now!

Release, Remove and Heal All My Inability to Let Go of All My Old Outmoded Habits and Thought Patterns, Now.

Remove and Heal All My Beliefs that Say I AM Not Holy and that I AM Not a Child of God and That I Do Not Have a Spark of God in Me. I Release All These Lies That Have Kept Me in Bondage.

Release, Remove and Heal All My Attached Disincarnate Consciousness and Demonic Possessions I Have.

Release, Remove and Heal All My Negative Blockages and Patterns in My Prior Lives and in My Current Life.

Release, Remove and Heal the Terrible Fear of God that was Implanted in Me During the Destruction of Atlantis and Remove All Negative Imprints Buried Within My Body.

Release, Remove and Heal All that Keeps Me Attached to the Third Dimension of Limited Perspective Preventing My Evolution.

Release, Remove and Heal All My Negative Imposed Ignorance and All That Prevents Me From Accessing My Divine Gifts.

Release, Remove and Heal All My Fear And Illusion That Has Kept Me From Remembering Who I AM.

Release, Remove and Heal All That Blocks Me From My Full Creative Powers That Were Taken From Me Consciously or Unconsciously.

Release, Remove and Heal All My Spiritual Castrations In My Prior Lives and Now.

Release, Remove and Heal All My Embedded Fears and Misconceptions.

Release, Remove and Heal All Within Me That Prevents Me From Being Totally Here in the **Now**.

Release, Remove and Heal All That Controls My Life By Greed, Fear, Hatred, Anger, Jealousy And All Forms of Lack and Unworthiness.

Release, Remove and Heal All My Denials So I Can Accept My Self Completely, Healing All My Feelings and Beliefs of Separation of Consciousness That I have Created.

Release, Remove and Heal All My Beliefs That Hold Me In A Paradigm of Greed, Enslavement and Global Control, Suppression, Fear And Control Systems.

Release, Remove and Heal All Ancient Stagnant Vibrational Patterns of Core Fear and Subservient or Dominant Reality.

Release, Remove and Heal All My Unnecessary Conditions of Limitation and Judgment and Opinions that Prevent Me From Being Attuned To **My Own Lost Free Will**.

Release, Remove and Heal All The Hurts I Thought Were Caused by Others. I Now Know They were Self-Inflicted From My Own Guilt and I Release My Desire to Punish and Blame Myself and Others.

Release, Remove and Heal All My Guilt, Suffering, Hatred, Prejudice and Destructive Ways, Deeds and Thoughts.

Release, Remove and Heal All My Vows and Agreements That I have Ever Made To Place Myself in Charge of the Kingdom of God. I Willingly Let Go and Let God!

Release, Remove and Heal All My Lack of Cooperation With "IS" the Creator All That IS.

Release, Remove and Heal All My Negative Acts That I have Ever Said, Done or Thought That Opposed the Will of God.

Release, Remove, Heal and Balance All I Have Ever Done To Create Guilt, Cults, Religions, Institutions, Laws and Punishment, Disease, Obsession and Suffering For Myself And Others.

Release, Remove and Heal All My Third-Dimensional Ego Perspective on Guilt and Unworthiness and Raise My Ego to Function on the Fifth Dimension or Higher Level.

Release, Remove and Heal All Forces And Energies That Have Redesigned My Original Divine Blueprint With Negative Curses, Implants, Devices and Behavior Patterns, to Control Me. I Request to be Aligned At the Cellular Level and Reconnected to My Divine Blueprint and Will Power Now.

Release, Remove, Heal and Clear All My Imbalanced Energy Within My Body.

Release, Remove, Heal and Forgive All My Imbalances, All the Negativity I Created, All I Harmed and All That Harmed Me. Bring Us All Into Balance.

Release, Remove, Heal and Balance All My Negative Words, Deeds and Actions, I had in the Past as a Star-Seed Within the Galaxies.

Release, Remove and Heal All My Thought Wave Channel Interference and Transmute All Negative, Vibrational Patterns Allowing Me to Receive Clearly From Spirit.

Release, Remove and Heal All Blockage Stopping Me From Reclaiming All The Personal Power I Have Knowingly or Unknowingly Given Away To Others. I Claim All My Power Back Now.

Release, Remove and Heal Anything, Blocking Me From My Original Cause, My Divine Plan and My Soul Purpose.

Release, Remove and Dissolve All My Memory of the Original Negative Spin I Experienced and Participated in While on Atlantis. When I Was Reacting in Absolute Terror to My True Spiritual Heritage Going into Oblivion.

Release, Remove and Heal All My Negative Memories of The Unsuccessful Ascension Attempts on Lumeria and Atlantis.

Release, Remove and Heal All My Old Karmic Trends and Entrenched Negative Beliefs.

Release, Remove and Heal All My Inner Child Hurts, Wounds and Confusion, Causing Me to Act and React Unnecessarily.

Release, Remove and Heal Anything Blocking My Alignment With Source and to Expanded Consciousness of Wholeness.

Release, Remove and Heal Anything Blocking My Expanded Reality and My Ability to Bring Higher Spiritual Essence Into Matter.

Release, Remove, Heal and Balance My Shadow Side of Any Tyranny, Genocide and Oppression that I Have Caused or that Has Been Inflicted on Me.

Release, Remove and Heal All My Tyrant and Terrorist Beliefs and Actions.

Release, Remove and Heal All My Negative Past History I Have of Slavery and Injustice I have Caused Others and that I have Endured.

Release, Remove and Heal All My Pleiadian Paradigm Residue and All My Beliefs Where I Judged Myself and Others as Being Unworthy.

Release, Remove and Heal All My Negative Programming Obtained in Other Galaxies and Star Patterings Engrained Within Me that Block My Ability to Know Myself and Others as Soul Sparks of Light of The Divine.

Release, Remove and Heal All Negative and Shadow Behavior I have Now or In Other Life Times of Fear, Denial, Personally and Collectively.

Release, Remove and Heal All My Unconscious and Subconscious Beliefs that are Filled with Primitive Matters that are Violent and Domineering Which Keep Re-Manifesting Through Hatred and Conflict in My Life.

Release, Remove and Heal All My Memories of Pain and Death by War, Unjust Behavior of Others and Myself, Slavery, Hanging, Burning, Drowning, Freezing, Starving, Rape, Bondage and Punishment and Any and All Types of Abuse I have Inflicted on Others or I have Experienced Myself.

Release, Remove and Heal All My Painful Experiences and Imbalances that My Body Consciousness is Holding on to and Assist Me in Bringing All My Bodies Into Balance.

Release, Remove and Heal All My Painful Memory My Heart Holds From The Loss of Love and Help Me Bring it Into Balance.

Release, Remove and Heal All My Memories of Misunderstandings, Feelings of Limitation and Disconnection From Spirit and From My Original True Self.

Release, Remove and Heal All The Pain of My Emotions that My Will Holds.

Release, Remove and Heal Everything and Anything that Prevents My Spirit and My Will from Accepting Themselves and Each Other.

Release Remove and Heal Everything that is Blocking My Body, Heart and Mind so it Cannot Receive the Balanced Energy They Need from My Spirit and My Will.

Release, Remove and Heal All My Fear Blocking and Binding Me in Any Way from My Wholeness.

Release and Heal All My Trauma and Drama in All My Denied Parts and Aspects of My Being, that were Experienced by Me and Others. Please Assist All My Denied Parts to Reunite with My Being, After They have been Healed and Filled With The White Light. I Ask Assistance in Reclaiming All My Denied Parts and Ask that All My Beingness Be Healed, United, Aligned and Balanced Now.

Release, Remove and Heal My Greatest Fear of All, Which is The Fear of the Unknown.

Release, Remove, Clean and Heal My Golden Web of Any and All Replica Fragments, Particles, Debris and Residue of Any Negative Kind so that No Trace or Memory or Connection is Present.

Release, Remove and Heal All My Violations of Human Rights, Animal Rights and Bird Rights I have Created or Participated In.

Release, Remove and Heal All My Negative Control and Influence from Any and All Archdemons and Demons Who have Any Control Over Me, Humanity, Earth and the Universe.

Release, Remove and Heal Any and All of My Lucifer Follower Guides and Sever Any Connection, Beliefs and Control that They Have Had Over Me in My Past, Present and Future Lives.

Release, Remove and Heal All My Need for Others To Do Something for Me so I Feel Whole, Complete, Better, Wanted and Needed.

Release, Remove and Heal All My Beliefs in the Scarcity Principle.

Release, Remove and Heal All My Old Layers of Negative Etheric Matter from My Auric Fields that No Longer Serve Me.

Release, Remove and Heal All My Need to Live in the Past or in the Future Rather than In the Now.

Release, Remove and Heal All My Need and Desire to Attempt to Change Others. Assist Me to Wake Up to the Fact that They are Only Reflecting what Needs to be Cleared in Me that I Cannot See.

Release, Remove, Sever and Heal All that is Blocking Me from Awakening, Remembering, Claiming and Living in My Wholeness Now.

Release, Remove and Heal All My Negativity and Programming Causing Me to Experience the Following: My Desire to Receive for My Self Alone, Feelings of Never Being Satisfied, Fear and Evil-Consciousness, Experiencing Perpetrators, Mass Murder, Torture, Terrorism, Lack of Compassion, Lack of Tolerance and Lack of Sensitivity for Others, Fear of Armageddon, Negativity, Sabotage, Destruction, Negative Intrinsic Characteristics, Memories of the Holocaust, Evil, Lapses of Memory, Violence, Ignorance, Negative Energy and Intelligence, Bloodstained Memories, Fear of Underground Forces, Old Beliefs, Skepticism, Rejection, Pride, Need To Be First and Best at Everything.

Release, Remove and Heal All My Negative Veils of Secrecy, Oppression, Illusion and Deception.

Release, Remove and Heal All My Blocks, All My Fears of Holy Servitude.

Release, Remove and Heal All My Belief **About** God, so I can Honor My Belief **In** God.

Release, Remove and Heal All the Cycles Causing Me to Repeat My Negative Behaviors Over and Over Again, Never Recognizing What I Needed to Learn from Them.

Release, Remove and Heal All My Deep Negative Feelings of Guilt, Depression and Feelings of Suicide from Any and All My Lifetimes.

Release, Remove and Heal All My Negative Vows and Agreements With Depression, To Not Always Have It But to Always Keep it Around Subconsciously Knowingly or Unknowingly Just in Case I Might Need it Again.

Release, Remove and Heal All My Willingness to Take On The Trauma, Drama, Pain and Suffering of Those Around Me and Feel Responsible To Ease the Pain of My Family.

Release, Remove and Heal All My Physical, Mental and Emotional Trauma and Drama, Fear and Guilt for Any and All My Spontaneous Miscarriages, Natural Abortions and Induced and Elective Abortions I Experienced in My Past, Present and Future Lives.

Release, Remove and Heal All Negativity Affecting My Neurological System, Skeletal Structure, Organs, Glands, Blood, Hormonal Balance, All that Impedes My "Ka," Which is The Creator Energy, From Flowing Freely.

Release, Remove and Heal All My Negative Agreements that Keep Me In Bondage and Servitude.

Release, Remove, Close, Heal and Seal All My Portalways and Channels, Open To Receive Negative Assaults on My Third Eye, Blocking My Focus and Ability To Communicate With Spirit.

Release, Remove, Clear and Heal All That Blocks My Ability to Look for the Good of My Own Individual Path and in Finding Good and the Abundance in My Own Individual Life Path Instead of Always Seeking Advice and Approval from Others.

Release, Remove and Heal All that Is Blocking My Spiritual Evolution into Abundance and Out of My Belief in Restriction, Limitation and Lack.

Release, Remove and Heal All That is Blocking Me Consciously or Subconsciously on All Levels and Dimensions That is Preventing My Spiritual, Mental, Emotional, Physical, Ego and Soul to be Healed. I Willingly Give Myself Permission to be Healed Back to My Divine Original Blue Print Now.

Release, Remove and Heal and Seal All Channels or Portalways Open to Negative Forces in My Memory System That is Accessed through Any Weak Spots in My Golden Web.

Release, Remove and Heal All My Greatest Fears that Stem from My Seeming Separation from God. Please Replace Them with Peace, Understanding and Deep Unconditional Love for Myself, Humanity and the Spiritual World.

Release, Remove and Heal All My Old Subjective, Negative Programming, That Says: **I AM Not Good Enough, I Can't Do It Right and I AM Unworthy.**

Release, Remove and Heal All My Negative Feelings and Beliefs of Annihilation, My Need to Hurt and Destroy Those Who Do Not Conform to My Beliefs, Cultural or Religious Rules and Teachings.

Release, Remove and Heal All My Cords Tying Me To Negative Third Dimension Limited Thinking, Including Cutting My Umbilical Cord and My Apron Strings of Responsibility for Everyone but Myself Including My Family, Friends, Bosses, Church, Country, Authority Figures in Third World Thinking. I Ask to Evolve in Divine Timing When This is to My Highest Good.

Release, Remove and Heal All My Negative Beliefs That There Is Something Wrong With Me, That I have Done Something So Bad I Could Never Be Forgiven, Beginning with My Belief That I AM the Walking, Talking Cause of Original Sin and Unworthy In The Eyes of God, Myself and Everyone Else.

Release, Remove and Heal All My Negative Beliefs and Memories of Turmoil, Fear, Pain, Anxiety and Suffering Caused by Lower Negative Mass Consciousness Beliefs Regarding Death and Dying.

Release, Remove and Heal All That Blocks My Total Acceptance of Myself as an Unlimited Unconditional Being of Love and Light, A Divine Child of God.

Release, Remove, Heal and Clear All My Scars, Memories and Feelings of Rejection, Depression and Being Unwanted, Unworthy, Not Good Enough, When I Experienced Being Aborted as an Unborn Child in This Life or Any Other Lifetime. I Forgive Myself, My Parents and All Concerned.

Release, Remove and Heal All My Need To Have Control Over Others or To Have Others Control Me. Heal All That I have Done Knowingly or Unknowingly That Interfered With Another's Free Will and I Claim All My Will Back That I Gave To Another to Have Complete Control Over Me Willingly or Unknowingly.

Release, Remove and Heal All My Fear of Change, My Fear of the Unknown, My Fear that Everything is My Fault, My Fear of Not Being In Control and My Need to Be Responsible for Everyone Else but Not Myself.

Release, Remove and Heal All My Negative Chaos and Limitation I have Created In My Life and Others' Lives. Please Give Us All New Pictures of Reality Now.

Release, Remove, Clear, Seal and Heal All My Mental, Emotional and Physical Bodies that are Still Traumatized By Negative Experience of Being Born, Dying, Being Sacrificed on an Altar, Tortured to Death, Beaten, Exploited and Used as an Example of What Would Happen If You Didn't Obey or Conform to What Authority Figures Wanted.

Release, Remove, Heal, Balance and Align All My Addictions, Including: Drugs, Alcohol, Sex, Food, Chocolate, Sugar, Cigarettes, Need to Please, to Be Subservient, All My Excessive Behavior, Sports, Work, Play, Need to Be Victimized, Play the Martyr Role, Nobody Loves Me Role, and All the Pain and Pleasure They bring.

Release, Remove and Heal All My Family, Friends, Relative, Pets, and Acquaintances That have Died That I AM, **Holding Back**, Because I Can't Let Them Go. I Ask That All Be Healed of Any Trauma My Excessive Grieving and Holding On has Caused Them. I Ask That They Be Filled With Healing Light of "IS" The Creator of All That IS, and Taken to Their Rightful Place of Expression. I Thank You for All Your Love and All You Have Taught Me. I Set You Free.

Bless Me Indeed, with The Willingness To Release My Image of What I Already Know About God, so I Can Know God on A Higher Level of Glory and Love. Open My Heart and Eyes so That I Can See From God's Eyes.

Release, Remove and Heal All That Blocks Me From Opening My Willingness To Recognize and See God/Goddess Everywhere and in Everything Not Just Where I Expect To Find the God/Goddess.

I Also Break All These Same Issues, Behaviors and Conditions in Me That I have been Unable to See or Admit That I have and Therefore, I Do Willingly Break and Rescind Each and Every Vow and Agreement I have Ever Made, That was Not for My Highest Good Nor of The Creator's Truth.

I Now Ask to Be Uplifted, Guided and Assisted as I See Myself Taking One More Step Up Jacob's Ladder of Light.

I Ask That All I Have Requested For Myself, Spirit Also Clear, Release and Heal for All My Genetic Family and Relatives, Back to the Beginning of Time. Bring All Lost and Confused Souls to Their Rightful Place of Expression, Removing Their Fears, Illusions and Paranoia, IF This is to the Highest Good For All and IF Their Souls Give Permission.

I Put Into The Light Everyone in My Past, Present and Future, That I have had Any Agreements with That are No Longer to the Highest Good for All.

I Do Not Blame God, My I AM Presence, God/Goddess, "IS" The Creator of All That IS, Myself or Anyone Else in Any Way. I Forgive Myself and I Forgive All Others. I Release Any and All Energies or Entities Into The Light.

I Request My Divine Spirit to Surround and Fill Me with The White Light and Give Me New Pictures of Reality and I Request New Pictures of Reality for All These Energies and Entities That have been Released Into The Light. I Thank You All and I Set You Free with Love and Light! **I Claim My Freedom and Wholeness Now!**

I Ask Spirit's Assistance as I Give Myself Permission to Change All My Old Beliefs, Behaviors and Patterns as I Call Forth My Cognitive Awareness and I Claim and Choose to Be Fully Blended, Merged and One With the Following as I AM Turning on the Light Switches of: Worthiness, Total Recall, Memory, Intelligence, Compassion, Fearlessness, Detached Compassion, Abundance, Self Respect, Courage, Ideal Weight, Health, Pain-Free Body, Eye Sight, Vitality, Inner Sight, Soul Mate, Communication Abilities, Unconditional Love, Divine Complement, Peace and Harmony.

I Break, Release and Heal All Negative Energies That May be Stalking or Hovering Around Me, In this Room, In this Building or Above or Below this Building and I Call on Lord Jesus, Master Sananda, Beloved Moses, Beloved Malachi, Archangel Raphael, Archangel Michael, The Ascended Masters, My Guides and Council and Heavenly Host to Take You All to Your Rightful Place of Expression and Not Allow Your Return.

I Call on Saint Germaine and The Violet Consuming Flame of Forgiveness and Transformation to Envelop Me and My Family and All These Energies and Entities Dissolving Any and All Negative Karma That We have Ever Had. I Ask Quan Yin to Bless Us All With the Healing Powers of The Opalescent Flame.

I Ask My Mighty I AM Presence, God/Goddess, "IS" The Creator of All That IS, by The Force of Grace, to Manifest the Highest Possibilities of Me Integrating All I have Requested, So the Power of that Can Be Fully Manifested in My Experience Now!

I Request as Many Shields of Protection as Spirit Deems Appropriate at this Time.

I Thank My Mighty I AM Presence, God/Goddess, "IS" The Creator of All That IS, Lord Jesus, Master Sananda, Mother Mary, Quan Yin, Beloved Moses, Beloved Malachi, Buddha, The Ascended Masters, Saint Germaine, Archangel Raphael, Archangel Michael, All My Special Guides and Council and The Heavenly Host for All The Healing My Family and I Have Received!

I AM Grateful!! I AM Grateful!! I AM Grateful!!

I Thank You! And So It Is! So Be It!

Amen! Amen! Amen!

**Please Allow Some Time Between Each Sacred Clearing Session So
Your Body Can Integrate All the Healing.**