

3. Important Instructions

It is Important that You Do Not Try to Lead A Group in Clearing Their Negative Vows and Agreements Until You Have Cleared Yourself by Breaking All Your Negative Vows and Agreements that are in Sacred Clearing Session 1 thru 8 in this Process Manual. This will Then Give You Adequate Shields of Protection that You will Need.

It is Important to Limit the Group Size while Using this Process Manual to 12 People at One Time. It is Important to Have Them Sit In a Circle so You are Aware of How They are Handling Their Emotions. If They need for You to Start the CD, Simply Let Everyone Know and Start the CD as soon as Possible, when you Notice Someone is Beginning to go Into a Emotional Downward Spiral. The CD Will Stop and Clean the Emotions If They Follow the Instructions on the CD. I Always join in and Request Everyone Else to Join in the Process Too.

It is Important that You Explain How the CD Works and Play the CD Before You Begin a Class. This will Allow Everyone to Know What to Expect when the Toning is Needed. Have the CD player Set Up to Track #2 to Play at All Times while Experiencing this Process Manual. Play when Anyone Starts to Process or Go Into Their Past Emotional Traumas!

When To Use The Toning CD From Beloved Moses

The Most Important Thing for You to Know is that We Came to Earth for Our Soul Growth and to Experience Everything, the Good, the Bad and the Ugly. If you can Accept and Remember Everything has Been, "Just a Experience!" It will be Easier for You to Let Go Of It!

In the Divine Creator's Eyes There is No Right or Wrong. For the Creator Sees Everything Just as an Experience!

You do not Have to Re-Experience Any Traumas! So, Just Before You Feel You or Any One Else Might Go Into an Emotional, Downhill Spiral..... Listen to the Toning CD!

How the CD Toning Process Works

- **Listen to the Toning CD for a Few Minutes You Should Feel an Emotional Release! This Should Cause Good Feeling to Go Through Your Body. This Breaks and Shatters the Negative Memory.**
- **Then Take a Deep Breath and Shake and Grunt a Deep Sound Way Down in Your Gut and Then Blow it All Out with a Loud Moan! This Releases and Expels the Vibrations of the Negative Traumas From Your Body.**
- **Then Take a Deep Loud, Belly Laugh like Santa Clause for About a Minute. This Brings a Higher Love Vibration to Replace What was Removed!**

Use This as Often as Needed While Removing Your Replica's and Breaking and Rescinding Your Negative Vows and Agreements from Your Akashic Record!

"Everything Is A Miracle Or

Nothing Is A Miracle."