

3. How To Connect With Your Soul-Self Who Will Assist You Through Your Inner Gateway So You Can Experience Being

Katherine Bell PH.D.D. and Barbara "Marrianna" Zimmermann

Note: Please Create Your Own Request For What You Want!

Read This Out Loud! There is Power In The Spoken Word!

I call on My Higher Soul-Self, My Master Guide and the Heavenly Host that Reside Within My 2nd Chakra, to Blend and Merge with Me and Assist At This Time.

As I AM Taking 3 Deep Breaths Slowly and then Exhaling Them. Allowing My Awareness To Drop Down Within My Body To My 2nd Chakra. Where I Can Feel and See Myself Blending and Merging with My Beloved Divine Soul-Self.

Greetings!.... I Have Come to Request Your Guidance and Assistance With the Following.

- I Am Requesting Your Assistance in Helping Me to Establish a Means Of Two-Way Communication Between Us, So I Am Able To Receive and Understand Your Communications To Me.**
- I Am Requesting Your Assistance In Guiding Me Through My Inner Gateway, So I Can Experience Living My "Being" Now!**
- I Am Requesting Your Divine Assistance, Inspiration, and Guidance So All My Spiritual, Emotional, Mental, Physical, Ego and Soul Bodies (S.E.M.P.E.S) Are All Aligned, Balanced, Connected, and Functioning At Their Highest Levels Within My Body.**
- I Am Requesting Your Assistance In Knowing What My Soul Contract Is and Your Assistance In Completing It.**

- **I Am Requesting Your Assistance So I Can Experience and Live in My Revised Original Divine Blue Print of Perfect Health Now!**
- **I Am Asking That You Please Oversee, Guide, and Lead Me, So I Can Experience Total Conscious Awareness with My Divine Oneness and Blend With the Great Creator God, "IS" The Creator Of All That IS That Is Within Me.**
- **I Am Requesting Your Assistance To Be Able to See the 3rd Dimensional Reality with Detached Compassion Through The Creator Eyes and Understanding.**
- **I Am Requesting Your Assistance and Guidance in Using The Universal Law of Reversal to Reverse All My Old Negative and Destroyed Beliefs, Programming and Limitations of the 3rd Dimensional Reality, That are Blocking My Soul Growth. Please Replace All of These With 5th Dimensional Awareness or Higher.**
- **I Am Requesting Your Assistance and Guidance So My Mind is Completely Aware of the Laws of Manifestation and Completely Connected to Source So I Can Experience My Total Enlightenment in This Lifetime With Ease and Grace.**
- **I Am Requesting Your Assistance in Releasing All My Thoughts and Beliefs That Create Fear and Sickness Within Me.**
- **I Am Requesting Your Assistance in Integrating and Merging My Mind and My Heart With the Great Divine Creator God "IS," The Creator of All That Is Within Me.**
- **I Am Requesting Your Assistance in Embodying as Much of My Divine Self As I Can Contain. So I Can Use and Integrate the Maximum Amount of My God Consciousness and Return To My True Self, As A Being Of Light!**

- **I AM Requesting Your Assistance So I Can Remove My Fear of Disconnection in My Mind and Unlock the Door To the River of Light Within My Sacred Heart for the Highest Good for All.**
- **I AM Requesting Your Assistance and Wisdom to Guide Me and Advise Me of What I Need to Do To Experience My Full Awakening, My Sacred Inner Sight and My Total Enlightenment That Is Within Me!**

My Beloved Divine Soul-Self, My Master Guide and The Heavenly Host I Thank You All From the Bottom of My Open Heart! For All Your Divine Sacred Unconditional Love and Guidance You Have Provided Me For My Soul Growth and Enlightenment Today.

**I AM Thankful! I AM Thankful! I AM Thankful!
I AM Grateful! I AM Grateful! I AM Grateful!
Amen Amen Amen**

**"Blessed Are They That Shall Know Their Light
and Speak Their Knowing and Share Their
Love, For They Are The Workers Of Light."**

Lord Jesus, Master Sananda

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